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# The Wayne Herald

Thursday, June 24, 2010 134th Year - No. 39

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## Veterans' memorial beginning to take shape

More than 3,000 names on wall for July 11 dedication

By MICHAEL CARNES  
Of The Herald

With a large crane slowly lowering 5,000-pound slabs of granite into place, the dream of a Veterans Memorial for Wayne County residents who have served in the armed forces is finally taking shape.

Representatives from Yankton, S.D.-based Luken Memorial started putting the base slabs down late last week, and work is continuing this week as they prepare the monument for its Sunday, July 11 dedication at the Wayne County Courthouse.

The memorial project has been several years in the making, according to Dennis Otte, chairman of the Wayne County Veterans Committee. The memorial will honor local residents, as well as those with ties to the area, who have served in any of the nation's branches of the military.

"Most of the veterans I've talked to are tickled to death and are very appreciative of this," Otte said Tuesday. "A number of communities have memorials like this, so it's something that has been overdue here in Wayne. I think the majority of veterans are very happy to see this finally happening."

The tablets that will include the names of locals who have served in the military will include the names of those who have passed on, as well as those still alive and/or presently serving in the military.

Otte said the decision was made to include those who are still living to honor



(Photo by Michael Carnes)

Employees of Luken Memorials in Yankton, S.D., have been putting the granite in place at the Wayne County Courthouse for the new Veterans Memorial. Each section of the granite base that is being laid down in the photo weighs 5,000 pounds. From left to right are Scott Luken, Cameron Luken, Bob Luken Jr. and Dustin Olsen.

their service while they are still alive, as well as remembering those who have served and passed on.

"Members of the National Guard from the 189th who are serving now are going to be on there," he said. "We started out with it just being Wayne County residents who left for the service, but there are a lot of people who have moved into Wayne County who went into the service from Cuming

County, or Dixon County, or any of the area counties, and made their livelihood here in Wayne. We knew we had to change that, so we are including everybody in Wayne County, as well as those with ties to the county.

"A lot of people thought it was just going to be for the deceased," he added, "but about half of the names up there are of people who are still alive, and if somebody

volunteers to join (the military) tomorrow, their name can go on it as well."

The committee is very close to raising the \$220,000 it needed to bring the memorial to life, and Otte is optimistic that the last of the pledges will come in before the memorial is dedicated. The committee is also selling commemorative coins to help with the ongoing care of the memorial as well. Those coins are available from Tom

Hansen, at 305 Main St. in Wayne, or at any of the area American Legion posts.

While Luken Memorial has provided the granite and engraving, a number of contractors have helped make bring the monument to life. Those include Doyle Stevens of Crofton (concrete); Richard Rist of Baltimore, Md. (fallen soldier bronze); Ralph Westergaard of Burbank, S.D.

See MEMORIAL, Page 4A

## Providence buys clinic from HPT

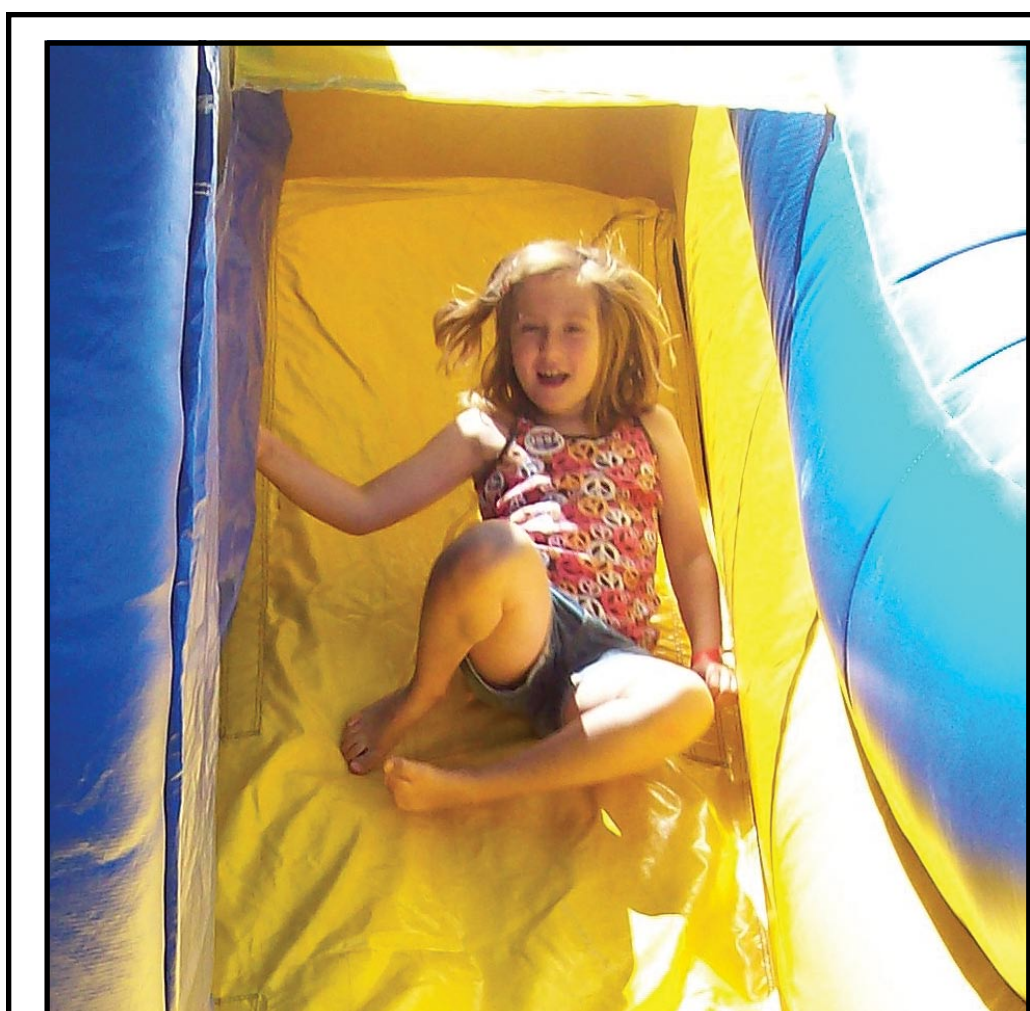
Heartland Physical Therapy of Norfolk announces the sale of their physical therapy outpatient clinic at Wayne to Providence Medical Center effective Tuesday, June 1.

Shelly Koehler, President of Heartland Physical Therapy, says "The recent changes in Medicare reimbursement and the slower economic times have made it difficult to continue to serve our patients in the Wayne area with a five day per week clinic."

According to Koehler, both Providence Medical Center and Heartland Physical Therapy officials are very happy to have been able to reach this agreement, and feel that the Wayne community and area will benefit from this transfer of ownership.

Koehler said "Andrea Blecke is a quality individual and therapist. We are pleased that she will continue to provide therapy services at this same location." Providence Medical Center has announced that physical therapists Molly Redden and Jean Harrold Loberg will be working with Andrea Blecke at the College Plaza location.

"We are pleased to have been presented with this opportunity," said Gail McCorkindale, Providence Therapy Supervisor. "The acquisition of the therapy clinic at 611 Valley Drive in Wayne allows us to expand our accessibility and services and immediately offer aquatic therapy in Wayne. We are happy to continue the quality therapy services experienced by the patients of Providence and Heartland."



(Photo by Jan Stark)

## Fun at Ag Days

Emilia Goetsch of Stanton enjoys a ride down the inflatable slide in the Laurel City Park during Saturday's annual Laurel Ag Days celebration. Pictures from the weekend's activities are inside this week's issue.

## Chicken Show history shows event's growth

With just over two weeks to go before the event, organizers of the 30th annual Wayne Chicken Show are busy putting the final touches on activities and entertainment for the July 9-11 event.

While many of the traditional activities, such as the World's Largest Chicken Dance, the Omelet Feed, Chicken Feed and National Cluck Off have become standard for the event, many people do not know the origins of these.

Listed are several of the memories that Jane O'Leary, one of the original organizers of the event put together several years ago to help preserve the history of the event.

### Chicken Shirts

Pearl Hansen designed shirts for the first three years. They were artistic in conception, the first being a single chicken on the front, the second a hen and rooster on the front and the third was a flock of many different kinds and colors of chickens.

For approximately the next 15 years, after our first artist did not have the time to continue, Marla McCue designed the shirts. Her shirts were cartoon-like and humorous. Her first shirt had the front of a chicken on the front of the shirt and the back of a chicken on the back.

The Arts Council came to realize that the shirt design could direct the theme, rather than the other way around. In the fall of each year, several people would bring ideas for shirts, and, of

course, Marla would have many ideas. From there we would decide on a theme and then the shirt idea would be finished into a design to compliment the theme.

The most popular shirt was a red shirt with a cowboy chicken, standing with a hat and holster on the front. On the back of the shirt he had exactly the same pose, but a hole in his foot and a look of pain on his face. That particular year we sold 2,400 Chicken Shirts.

Another red shirt was for the theme "Chickens in Song." I suppose, because we were all involved in art or music, we didn't think twice about the character of the chicken on the front. The shirt was, we believed, of a Brome Hilda chicken, dressed in Wagnerian opera helmet and armor. Unfortunately, people locally thought we were portraying Madonna in underwear and there were protests about the shirt. Always taking advantage of any potential press information, we sent a press release about our shirt and the reaction to it to national press services, and received orders from all over the U.S. for more shirts. That year we sold nearly 3,000 shirts, many of them by mail.

### Governor of Arkansas

One year, we received a call from the Governor of Arkansas' office. The person asked me if our town would be offended if their governor entered a chicken clucking contest. I remember

See CHICKEN, Page 4A

## Theatre renovations continuing, doors will be open for Chicken Days

By JOSHUA STUHL  
Of The Herald

As the Chicken Days festival draws near, several businesses are preparing for the influx of potential customers.

Even the movie theatre - currently undergoing renovations titled Project Majestic - is going to open its doors for the curious masses that come to Wayne next month.

With the main plumbing and electrical work completed, drywalling has begun. The front windows were replaced with energy-efficient thermal panes to reduce air conditioning and heating loss.

The stage area has been drywalled,

"Hopefully, the new marquee will be installed and operational by Chicken Days, too."

- Reggie Yates

Project Majestic committee member

and a track is in place for the high-tech retractable screen, which is still in the process of being installed.

Over the last two weeks, the old marquee - a long-standing icon of downtown Wayne - has been torn down.

"A new marquee is currently being

designed," Reggie Yates, Project Majestic committee member, said. "Hopefully, the new marquee will be installed and operational by Chicken Days, too."

The theatre will be open for class reunions and other groups and members of the public to view the progress on the interior of the building.

Also, the committee selected Melanie Loggins as the new activities coordinator for the theatre.

Yates said they are currently looking for "businesses to rent movies, so that the newest movies can come to Wayne immediately." This will help spur business once open and keep the theatre around "for a very long time," Yates hopes.



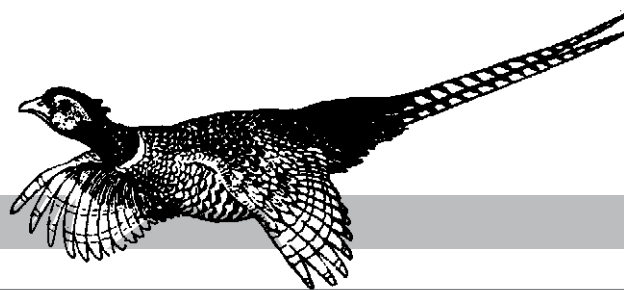
(Photo by Joshua Stuhl)

The marquee has come down at the Majestic Theater as construction work continues. A new marquee will soon be in place, according to Project Majestic committee member Reggie Yates.



# Record

The Wayne Herald



## Obituaries

### Walden Kraemer

Karl Walden Kraemer, 93, of The Oaks in Wayne, formerly of Wakefield, died Thursday, June 17, 2010 at his residence.



Services were held Monday, June 21 at St. John's Lutheran Church in Wakefield with Pastor William Engebretsen officiating.

Karl Walden Wilhelm Kraemer was born Jan. 19, 1917 near Concord to Gustav and Anna Stalling Kraemer. He was baptized and confirmed at St. Paul's Lutheran Church. He and eight brothers and sisters grew up on the family farm east of Concord. In 1936, Walden went to Ashton, Idaho where he worked until entering the Air Force on Nov. 5, 1941 and was discharged Nov. 3, 1945. Walden married Carolyn Snyder on Sept. 18, 1950 at the Allen Methodist Church. The couple made their home on the farm. Walden also operated the Dixon County caterpillar. He worked at the Wakefield City light plant and for several years was employed

by the Co-op in Allen and later, Wakefield. He transferred his church membership to St. John's Lutheran Church in Wakefield in October of 1961 where he held many church offices and taught Sunday School for several years.

Survivors include his wife, Carolyn, of The Oaks, and children, Marlin (Cindy) Kraemer, Marilyn (Jay) Stokke, Steven (Joni) Kraemer, Kristine (Tom) Claussen, Barbara (Tim) Kortje, and Jacquelyn (Kurt) Dolph; 12 grandchildren, and 15 great-grandchildren and brothers Leonard, Melvin, and Kenneth Kraemer and sister Anita Dommer.

He was preceded in death one brother, Ervin Kraemer and sisters, Verna Flege, Loretta Baker and Lavonne Haas.

Pallbearers were Doug Kraemer, Derek Stokke, Tracy Sachtjen, Paul Buser, AJ Waters, Jeremy Johnson, Kurt Waller, Chad Robinson, Larry Baker and Loren Vercy.

Honorary Pallbearers were Greta Kraemer, Michelle Sachtjen, Justina Buser, Danielle Waters, Shauna Johnson, Lindsey Waller, Kayla Kortje, Emily Kortje, Sara Robinson, Rebecca Dolph and Abigail Dolph.

Burial with military rites by Wakefield Post # 81 was in the Wakefield Cemetery. Thompson Chapel Funeral Home in Wakefield was in charge of arrangements.

### Bonnadell Fredrickson

Bonnadell Fredrickson, 88, of Norfolk, formerly of Wayne, died Sunday June 20, 2010 at the Pierce Manor.



Graveside services were held Wednesday, June 23 at the Greenwood Cemetery in Wayne. Pastor Lynn Riege officiated.

Bonnadell Fredrickson was born Dec. 2, 1921 in Wayne County, the daughter of Will and Rhoda (Nelson) Roe. She was baptized and confirmed in the Presbyterian faith. She attended Wayne Prep elementary school, graduating in 1939. She graduated from Wayne State College in 1961 and earned a Post Graduate Degree in Library Science in 1970 from the University of Minnesota. She married Harold L. Fredrickson on Nov. 12, 1943 at Concordia Lutheran Church in Concord. She was a cashier at Morningside College, Sioux City, Iowa from 1943 to 1947 while her husband was stationed in Persia during World War II. She was an elementary school teacher for 16

years in rural Concord Public and Wayne Public schools. She was librarian for 19 years at Wayne Public Library, Wayne Elementary School, the Junior and Senior High School at Vermillion, S.D. and Branch Librarian in the Sioux City Public Library System, retiring in 1976. Her husband passed away in 1983 and she moved to Norfolk in 1987. She had been a member of Concordia Lutheran Church in Concord and a member of Delta Kappa Gamma Society, Eta Chapter of Vermillion, S.D. for 35 years. Bonnadell was treasurer of Norfolk Area AARP, treasurer of Meals on Wheels, treasurer of Norfolk Area Retired Teachers Group for 10 years and was a volunteer at the Gift Shop at Faith Regional Health Services West Campus for 13 years.

Survivors include cousins Wilma Benish, Donna Kortje and Lyle Nelson, all of Norfolk and Gordon Nelson of Wayne.

She was preceded in death by her husband, her parents and a sister. Howser-Fillmer Mortuary of Norfolk was in charge of arrangements.



Volunteers assisting with the current Habitat for Humanity home had ideal weather conditions last week as they installed the lite form walls for the house.

## Progress continues on Habitat home in Wayne

The Wayne Area Habitat for Humanity has seen good progress on the newest build in Wayne.

The home, located in the Western Ridge Subdivision, is taking shape and changes can be seen on a daily basis.

Excavation of the basement has been completed and the footings have been poured. Work has now moved to the preparation and installation of the lite forms.

Those interested in supporting the on-going efforts at this site are encouraged to contact

Ann Witkowski at (402) 375-4509. Volunteers may also contact John Witkowski at (402) 518-0650 or Gary French at (402) 375-2736.

Help is appreciated at any time, but weekday volunteers are especially needed. Volunteers can be of assistance in a number of ways, including the actual construction, fundraising, clerical and by providing food to those who volunteer at the building site.

It is anticipated that the home will be completed by late this fall.

## Goldenrod Hills Community Action to hold Wayne Immunization Clinic

Goldenrod Hills Community Action will hold the Wayne Immunization Clinic on Tuesday, July 6, from 10 a.m. to 2 p.m. at United Methodist Church, 516 N Main Street, Wayne.

For an appointment please call (402) 529-3513.

Goldenrod Hills Community Action will now be offering the Pneumovax vaccine. This vaccine is offered to persons 65 years of age and older, and persons 19-64 years of age who are immunocompromised and have chronic medical conditions. The clinic will offer this vaccine at public clinics for a

\$40 fee. To schedule an appointment call: (402)529-3513.

GHCA's Health Services Program will provide lead screening to children 12 months to 5 years of age at our Immunization Clinics for a fee of \$10. Children may get lead poisoning from paint of homes built before 1978, tap water, food, pottery, dirt, dust and even from the air we breathe. Elevated blood levels can cause irreversible damage to the brain and nervous system; it can harm the kidneys and digestive system; and because lead reduces the ability for the body to produce red blood cells, it can

cause anemia. Children with elevated blood levels of 10 or higher may suffer dulled hearing, stunted growth, reduced eye-hand coordination, behavioral problems and delayed learning skills.

The Immunization Clinic is open to the public, and there are no income guidelines. Each child should be accompanied by the parent or guardian. Past immunization records are required. Proxy forms are needed when a parent or legal guardian is unable to accompany the child to clinic. Proxy forms may be obtained by contacting the Wisner office at (402) 529-3513. A

suggested donation of \$20 per child would be appreciated to help defray administrative costs. If a child only receives one immunization, then the suggested donation is \$13.50. No one will be denied immunizations for inability to make a donation. Immunizations are needed at ages: 2 months, 4 months, 6 months, 12-15 months, and 4-6 years. This project is supported in part by Federal Immunization Program Funds awarded to Goldenrod Hills Community Action by the Nebraska Department of Health and Human Services.

Goldenrod Hills Community Action, in conjunction with the Nebraska Health & Human Services Vaccines for Children Program, offers the Pentacel vaccine, which consists of the DtaP, Hib & IPV (polio) as a combination vaccine and Kinrix vaccine, which consists of the DtaP and Polio for 4 to 6 year olds. Also available is Menactra (meningitis) for 11-18 year olds, Tdap (tetanus with pertussis) for 10-8 year olds, Hepatitis A for 12 months to 18 year olds, RotaTeq (rotavirus) for infants, and Gardasil for VFC eligible 11-18 year olds, as well as other recommended childhood vaccines. The Influenza vaccine is now available for children 6 mo-18 years.

Adult vaccine (MMR, Hepatitis A, Hepatitis B, Tdap, TB testing) is available to the public for a mandatory fee at all immunization clinics to anyone 19 years or older. These fees cover the cost of the vaccine. Call the Wisner office at (402) 529-3513 for more information.

Operation Great Start (OGS) information will be available at the Immunization Clinic this program provides education and resources to expecting mothers and mothers with children up to 12 months old. OGS works to provide services to families and children in North East Nebraska to ensure and strengthen their well being.

Goldenrod Hills Community Action (GHCA), headquartered in Wisner, is one of nine Community Action Agencies in Nebraska. GHCA manages several different programs as determined by identified needs of residents in the 14 county service area. The Agency serves over 10,000 clients a year due to successful outreach efforts. Goldenrod Hills Community Action (GHCA) programs include the Commodity Supplemental Food Program; Family Services; Immunization; Weatherization; Head Start; Women, Infants, and Children Nutrition; Early Intervention Services Coordination; Operation Great Start and Operation Building Blocks. The agency serves Knox, Antelope, Pierce, Madison, Stanton, Cuming, Thurston, Dakota, Burt, Wayne, Dixon, Cedar, Washington and Dodge counties. For more information on GHCA programs, call 1-800-445-2505.

## Legal Notice

### NOTICE OF PUBLIC HEARING

The Wayne City Council will meet on Tuesday, July 6, 2010, at 5:30 p.m., in Council Chambers of the Wayne Municipal Building, 306 Pearl Street, Wayne, Nebraska.

At or about 5:30 p.m., the City Council will hold a public hearing to consider the Planning Commission's recommendation in regard to amending Section 74-102 (a) Administrative Subdivisions, by allowing for up to two administrative subdivision replats for the same tract of land. The applicant is the City of Wayne.

At or about 5:30 p.m., the City Council will hold a public hearing to consider the Planning Commission's recommendation in regard to amending Section 90-203 Permitted Accessory Uses and Structures; Section 90-233 Permitted Accessory Uses and Structures; Section 90-263 Permitted Accessory Uses and Structures; Section 90-293 Permitted Accessory Uses and Structures; Section 90-

313 Permitted Accessory Uses and Structures; and Section 90-703 Accessory Uses, to allow for an adjustment in the maximum building size and total area of accessory structures on a lot. The applicant is the City of Wayne.

All oral or written comments on the proposed matter received prior to and at the public hearing will be considered.

No person of the City of Wayne shall, on the ground of race, color or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity.

Individuals requiring sensory accommodations, including interpreter services, Braille, large print, or recorded materials should contact Betty McGuire, City Clerk, at 402-375-1733, no later than 4:30 p.m. on the Friday preceding the meeting.

(Publ. June 24, 2010)

## A Quick Look

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We use newsprint with recycled fiber.

Please recycle after use.

Date	High	Low	Precip	Snow
June 17	89	56	—	—
June 18	90	66	—	—
June 19	86	57	.41"	—
June 20	82	65	—	—
June 21	83	63	.31"	—
June 22	87	64	.52"	—
June 23	89	65	.14"	—

Recorded 7 a.m. for previous 24 hour period  
Precip./mo. — 7.26"  
Yr./Date — 14.51"

### Chamber Coffee

WAYNE — This week's Chamber Coffee will be held Friday, June 25 at Pac 'N' Save. It will be hosted by Waste Connections. The coffee begins at 10 a.m. and announcements at 10:15.



### Relay For Life

AREA — The Relay For Life Committees and teams will hold a wrap up meeting to discuss the 2010 event. It will be held Monday, June 28 at 5:30 p.m. at the First National Bank meeting room.

### Adult reading program

WAYNE — Participants in Wayne Public Library Adult Summer Reading Program novel are reading John Steinbeck's, "Grapes of Wrath." Anyone interested in the program is invited to watch the movie starring Henry Fonda on Tuesday, June 29, starting promptly at 6:30 p.m. at the Wayne Senior Center. The viewing of the DVD will be in preparation for discussing the novel itself on Tuesday, July 27. Stop in or call the library, 375-3135 for more information.

### Bone marrow drive

AREA — A bone marrow registry drive will be conducted in Wayne in honor of Dan Loberg. It will be held Thursday, June 24 from 4 to 7 p.m. and Friday, June 25 from noon to 3 p.m. at St. Mary's Catholic Church Holy Family Hall. Anyone with questions, or who would like to join the registry but unable to come to the drive is asked to contact Beth Lutter at (515) 451-0198 or bethlutter@yahoo.com



## Department leaders

Those serving in leadership roles in the Wayne Volunteer Fire Department include, left to right, Brooks Widner, treasurer; Phil Monahan, Second Assistant Fire Chief; Julie Melena, Vice President; Tom Sievers, Fire Chief; Todd Hoeman, First Assistant Fire Chief and Don Forney, Rescue Captain. Not present, Ron Wriedt, President and Tom Schmitz, Secretary.

*Be the one to save a life.* **BE THE MATCH**

PLEASE COME TO A MARROW REGISTRY DRIVE IN HONOR OF:

*Dan Loberg*

Dan and thousands of other people are currently looking for a marrow donor through the Be the Match Registry. You have the power to heal. The power to save a life. Take the first step — Join the registry.

**JOIN THE MARROW REGISTRY**

**DATES AND TIMES:** Thursday, June 24th from 4-7 pm  
Friday, June 25th from noon to 3 pm

**LOCATION:** St. Mary's Catholic Church in Wayne, Holy Family Hall

If you have questions, or would like to join the registry but are unable to come to the drive, please contact Beth Lutter at (515) 451-0198 or bethlutter@yahoo.com

To join, you only need to be between the ages of 18 and 60, be willing to donate to any patient in need, and meet the health guidelines. Due to the cost of the testing needed to match donors to searching patients and related costs, the Be The Match Registry suggests a donation of \$20 per person.

On the day of the drive, you will:

1. Watch a short video
2. Fill out a consent form
3. Give a swab of your cheek cells

IT'S THAT SIMPLE!

## Boy Scout Paper Drive canceled for this month

The monthly Boy Scout paper drive in June has been canceled as the boys will be out of town at summer camps.

The next paper drive will be Saturday, July 17. In the meantime, recyclables may be dropped off at the Scout trailer at the Transfer Station on Monday, Friday or Saturday mornings.

Anyone with questions regarding paper and aluminum can recycling is asked to contact Jeff Carstens at 375-3840.

## Internet poll question

Last week's poll question, "Are you watching the World Cup Soccer Tournament?" Yes - eight percent; No - 92 percent.

This week's question is "What are your plans for the

Fourth of July weekend?" Travel; Camp; Visit relatives; Stay at home?"

Visit our website, [www.mywaynews.com](http://www.mywaynews.com) to cast your vote.



# Scenes from Laurel Ag Days



Photos by Jan Stark



## Wayne State online MBA ranked No. 1

Wayne State's online MBA program has grown steadily in size and reputation since being approved by the Higher Learning Commission in 2007. The college is excited to announce that GetEducated.com, a consumer group that reviews and ranks online universities for cost, quality, and credibility, has ranked Wayne State No. 1 nationwide for the affordability of its program.

The online university cost rankings of the top best values in online MBAs are based on a comprehensive, independent survey of 90 regionally-accredited business schools that offer 250 MBA degrees via distance education. Wayne State College earned an "A" in affordability for its general online MBA. Total degree cost: about \$6,750. By comparison, the average cost for an online master's in business (regionally accredited category) is \$22,924.

"Distance learning has made higher education more accessible nationwide," said Vicky Phillips, GetEducated.com's founder, "but cost remains a huge inhibiting factor. Wayne State College offers online students nationwide a high-quality master's degree through distance learning for close to one-quarter the cost of the national average. That's an amazing value proposition."

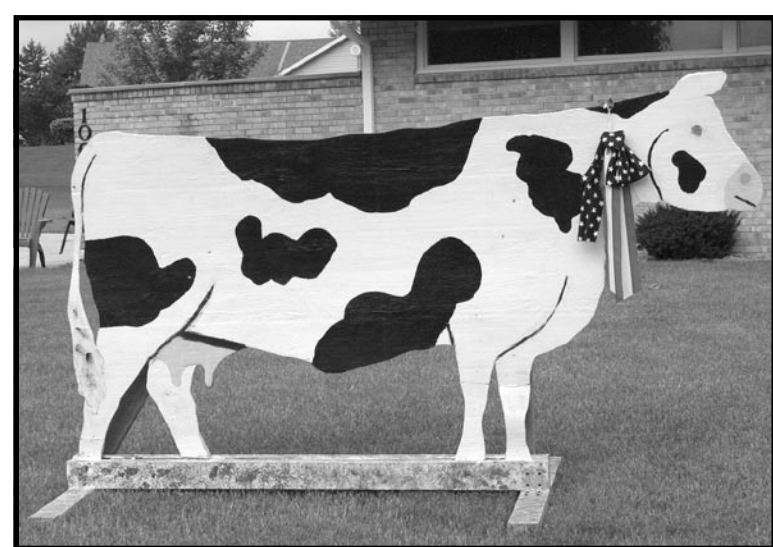
"While public universities often charge more for out-of-state students, learners nationwide can enroll at WSC online and enjoy one low distance-learning tuition rate, yet sacrifice nothing in terms of quality," Phillips said. "In return,

they gain access to a business school that carries regional accreditation, an accreditation status considered by many to be the hallmark for residential degree granting universities."

"We are especially delighted to add new affordable business programs like Wayne State College to our online university directory," Phillips said. "State schools often do little or no advertising online. The distance learning research staff at GetEducated.com is dedicated to finding and showcasing these gems of affordability for online students."

The most expensive regionally-accredited distance MBA, a specialty MBA in Pharmaceutical and Healthcare Business available from the University of the Sciences Philadelphia, costs about \$68,400. The University of Phoenix, which has America's largest enrollment of online MBAs students, did not make the Best Buy rankings. That MBA program charges more than \$31,000.

WSC is one of 11 new regionally-accredited business schools GetEducated.com added to their 2010 Best Online MBA rankings. Founded in 1989, GetEducated.com is a consumer group that reviews and ranks online university degree programs along the dimensions of cost, quality and credibility. The group issues report cards on accredited online degree programs in an effort to bring transparency to the online education selection process in terms of cost, public perception and student satisfaction.



(Photo by Clara Osten)

### You've Been Cowed

Bessie the Cow has been roaming the city of Wayne during the month of June. The Combination Kids 4-H Club is using the wooden cow as a fundraiser for the Wayne County Veterans Memorial. Members of the club will place Bessie in the yard of anyone who has been suggested by the owner of the previous location on which she sat. She has visited more than a dozen homes since June 1. For a free-will donation, residents can have Bessie put in the yard of someone else. It is also possible to purchase "pasture insurance" to prevent Bessie from becoming a lawn ornament in your yard.



(Photo by Clara Osten)

### Colorful chickens

Cement chickens such as the ones above, can be decorated for the 2010 Cement Chicken Auction on July 9.

## 'The Face on the Barroom Floor' summer production for Wayne Community Theatre

Wayne Community Theatre announces the summer production of "The Face on the Barroom Floor", an old fashioned melodrama by Tim Kelly. The production is under the direction of Mollie Spieker with Deneil Parker doing music direction.

The show will be performed outdoors at Bressler Park at the bandshell. Performance dates will be Thursday, July 8, Saturday, July 10 and Sunday, July 11, with the show starting at 7 p.m. each night.

The play is set in the 1890's at the Teller House, a hotel in Central City, Colorado, and is based on an actual painting on the hotel's lobby floor. The artwork has inspired the writing of a song, a poem, an opera, and this play. Like all melodramas, the show's forlorn heroine is pursued by a villain and rescued by the dashing hero. When he hears that Madelaine Mockingbird, the hotel's maid, has been left money by an old miner, Roderick Rodent plans to deceive her and take the cash.

However, Jack "Toulouse" Goodhart, a painter, sees through Rodent's treachery and sets out to save her. Various other odd characters populate the barroom, including two rather dim miners, a dour



(Photo by Clara Osten)

Madelaine Mockingbird (Blair Sommerfeld), right, makes her singing debut, much to the horror of the other characters involved in the Wayne Community Theatre's production of "The Face on the Barroom Floor."

bar keep, an Arabic entertainer, a high society matron and an operatic fanatic, among others. All the zany characters add humor, mystery, and action to the show.

Those involved in this summer's production include: **Players:** Marilyn Quance, Blair Sommerfeld, Matt Johnson, Zachary Halsey,

Chelsey Milenkovich, Jennifer Nelsen, Tahlia Reynolds, Kyle Mundil, Carolyn Harder, Katie Kietzmann, Andrew Halsey, Joe Whitt, Christina Mundil and Katie Hansen. **Backstage:** Keith Mundil and Liam Spieker.

Audience members are encouraged to bring their seating of choice.

Popcorn, hotdogs and drinks will be available and a freewill donation will be taken at intermission to benefit the community theatre.

This show has been partially funded by The Wayne Tourism Bureau, The Nebraska Arts Council, Wayne United Way and the White Dog Pub.

(Photo by Clara Osten)

### Face lift

Dan Myers, one of the owners of Careage of Wayne, spoke during Friday's Chamber Coffee, which was hosted by the facility. A number of changes are occurring at the former Premier Estates, including restaurant-style food that residents order off of a menu, and new carpeting in several areas of the building.



## The Wayne Herald

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#### SUBSCRIPTION RATES

In Wayne, Pierce, Cedar, Dixon, Thurston, Cuming, Stanton and Madison Counties - \$44.00 per year. Out-of-Area and Out-of-State - \$54.00 per year. Single copies 75 cents. Six-month: Area - \$34.00 Out-of-Area \$44.00.





(Photo by Clara Osten)

Electronics by the pickup load were brought to the RC&D's recycling event in Wayne.

## Electronics brought in

People were anxious, as always, to get rid of those unwanted and outdated computers and TVs at the Electronic Recycling collections hosted by the Northeast Nebraska Resource Conservation & Development (RC&D) Council and the City of Wayne. The horse trailer, van, pickups, and trucks quickly filled up.

Eighteen volunteers assisted by unloading all the old electronic equipment that arrived. The collections at Niobrara, Plainview and Wayne brought in 334 monitors, laptops, and TVs, all of which have hazardous materials in them.

Other items recycled were towers, printers, keyboards, computer mice, VCRs, telephones, power supplies, bunches of cords, speakers, and more. People came from 12 communities, and 136 households and businesses were served.

The Northeast Nebraska RC&D has previously sponsored three events like this in 2006, five in 2008 and three in 2009 in cooperation with the Department of Environmental Quality granting programs. This year there were no grant dollars used for this project.

The RC&D Council is made up of private citizens doing public good.

## West Nile cautions raised

The Northeast Nebraska Public Health Dept is sending mosquito larvicide dips and mosquito wipes that contain DEET to the city/town/village councils this week.

There are limited supplies but NNPND wants to help the prevention of West Nile Virus which is carried by some mosquitoes. Due to the wet weather, standing water will increase the amount of mosquitoes that will breed and may carry the West Nile Virus to infect people and horses.

To protect yourself and your family, the Centers for Disease Control and Prevention (CDC) suggests that you:

– Remember that mosquitoes

are most active between dusk and dawn.

– Wear long sleeves and pants.  
– Use insect repellent with DEET according to the directions on the product.

– Repair screens on windows and doors.

– Empty standing water in old tires, bird baths, kids' swimming pools, etc.

– Protect areas by parks or ball fields.

– Report recent dead birds to NNPND for testing.

For more information, please call NNPND (800) 375-2260 or (402) 375-2200.

## Memorial

From Page 1A

(flag poles); Dennis Otte Excavation and Milo Meyer Construction of Wayne (dirt and site work, with help from county road employees); Claussen and Sons and Joey Niemann (sod and irrigation); Glen's Body Shop and City of Wayne (lights); Klein Electric (electrical); Wayne Greenhouse and

Niemann (plantings); Paul Otte and others (setting flag poles); and Rod Gilliland and Gerhold Concrete (caulking).

Once the memorial is in place, additional names will be added to the memorial on an annual basis. For more information, contact Beverly Neel at (800) 584-9360 or (402) 529-3593.

(Photo by Clara Osten)

## Tis the season

Growing season, that is. The Wayne Farmers' Market is now underway each Thursday and Saturday. The market, located on the east lawn of the Wayne County Courthouse, is open Thursdays from 4 to 7 p.m. and Saturdays from 9 a.m. to 12:30 p.m. Fresh produce and other items, such as meat, baked goods, honey and eggs are available. Additional vendors are encouraged and those interested in being a part of the Farmers' Market are asked to contact the Wayne Area Economic Development Office to purchase a permit. Vendors can purchase a permit for individual days or for the entire season.



## Storm damage cleanup safety important

Nebraskans left with storm-damaged or flooded homes and businesses need to be cautious cleaning up the mess, a University of Nebraska-Lincoln specialist said.

Large parts of the state have experienced flooding in the last few days, as roads, culverts, bridges and dams have given way after heavy rains, sending the Missouri, Elkhorn and Platte rivers, among other waterways, over their banks.

Although it's important to clean up flood damage as soon as possible, several safety issues are key, said Shirley Niemeyer, housing and environment specialist in the university's Institute of Agriculture and Natural Resources.

"It's important to use great cau-

tion when assessing and working on damaged structures," Niemeyer said.

It's also important for home and business owners to contact their insurance companies to determine the extent of coverage and what records, photos or examples are needed.

"Electrical safety is most important in floods," Niemeyer said. "Watch for electrical shorts and live wires. Also, make sure electrical service is disconnected and any outside gas lines are turned off before attempting to do any work in the house."

When it is safe to enter, an electrician should check wiring and appliances for safety before using

electricity.

"Equipment and wiring that appears to be safe soon after flooding may fail prematurely and cause a fire or shock hazard," she said. "Replacement often is the best option."

It's also important to clean up household items to prevent mold and odors after water damage, she said.

When cleaning the home, wear protective clothing, hard sole shoes, rubber gloves and an N-95 or a HEPA air filter mask for extra protection against contamination and particles. Also, be sure exposed skin is washed frequently.

It's important to check the siding and roof for damage to keep

further moisture out of the house, Niemeyer said.

Mold can start growing in 24 to 48 hours, especially next to anything cellulosic, such as paper or wood. To minimize mold and mildew, run a central air conditioner, dehumidifier or fans to accelerate the drying process. Make sure the electrical system is protected with ground fault circuit interrupters at the outlets, Niemeyer said.

Water-damaged furniture and household linens need immediate attention to prevent mold, mildew and odors. To begin the cleaning process, air dry all items outside in direct sun, if possible. Materials that could warp or fade should be dried in the shade.

As for materials such as floor coverings and furnishings, it's generally recommended to discard fibrous or porous materials, such as carpets, as they are hard to completely clean. Hard, non-porous surfaces usually can be cleaned, Niemeyer said.

Carpets soaked with clean rainwater in a small area may be saved, she said. They should be steam-cleaned by a professional carpet cleaner skilled in flood-damaged carpets.

More information is available from local UNL Extension offices or online at [www.extension.unl.edu/](http://www.extension.unl.edu/) and at the Extension Disaster Education Network, [eden.lsu.edu/Pages/default.aspx](http://eden.lsu.edu/Pages/default.aspx).

## Chicken

From Page 1A

my saying laughingly, that I didn't think we would be offended over anything that the governor of Arkansas did.

Then I asked why he was concerned about our reaction. She said that he was going to run for President. When she said his name, I said I was very sorry, I hadn't heard of him yet (Why didn't I make the condition that we get a tape of the contest, but who knew?)

Wall Street Journal

I received a call at home from the Wall Street Journal. I thought it was a joke, but didn't want to take the chance that it wasn't. I gave the reporter some non-joke answers to his questions and suggested some other people he could call, including the local Pork Association and Waldbaum's in Wakefield. One week

later, there was an article on the front of the second section of the Wall Street Journal! I must admit that having one's name in the Wall Street Journal makes a real impression at succeeding high school reunions!

Chicken Show Location

After three years of holding the Chicken Show on Pearl Street near the auditorium, we decided to move to Bressler Park where it was shadier, and if there would be a rain shower, the deep leafing of the trees would provide some shelter. It is remarkable that, in all the years of the Chicken Show, it has never been rained out (knock on wood).

Note: The Chicken Show was moved the the Wayne State Willow Bowl for several years and due to anticipated street construction on 10th Street, moved back to Bressler Park several years ago.

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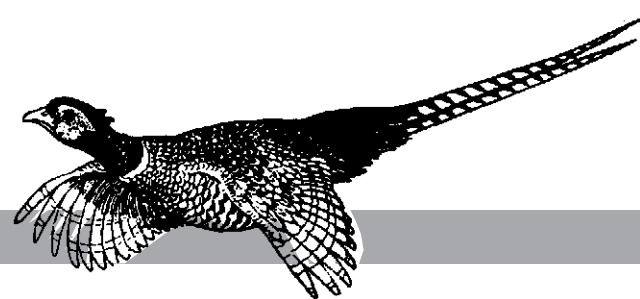
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# Sports

The Wayne Herald



## From The Bleachers

Michael Carnes



## Old cards bring back memories

Want to feel like a kid again? Go buy yourself a pack of baseball cards.

My daughter gave me one of the best Father's Day gifts, I think, a sports-loving guy could ever get. The box came to the office late Tuesday morning, and in it was the kind of present that, as a young boy growing up in the 20th century, would have been like hitting the lottery.

The packages looked familiar, from the classic Topps wax-paper packages to the new Upper Deck foil wrappers. Some of them still had bubble gum inside (when they were fresh, the flavor lasted about 2-3 minutes. I wouldn't want to venture a guess at how bad that gum tastes 24 years later).

Opening up each pack was like taking a trip down memory lane. Some of the names were familiar - Nolan Ryan, George Brett, Tony Gwynn, Don Mattingly - while others had been forgotten until my lunch break, which was spent going through pack after pack (anybody remember Oddibe McDowell? Roy Smalley Jr.? U.L. Washington?).

I still remember the first pack of baseball cards I bought as a kid. My dad gave me my allowance (\$1, which was actually worth something back in 1974), and I jumped on my back and pedaled to the mom-and-pop grocery store down the street. I bought 10 packs of baseball cards (yes, they were actually 10 cents each for 15 cards and a stick of gum, not \$3.99 for 12 cards in a foil wrapper like you see today), and the very first card I saw was Card No. 1 - the commemorative card honoring Hank Aaron as major league baseball's new home run king (he was still two homers shy of breaking Babe Ruth's record going into the 1974 season, but Topps figured he'd break the record, which he did about a week or so into the season - and without using any performance-enhancing drugs, either).

They also reminded me of the summer of 1977, when my uncle - a truck driver - got a hold of a case of baseball cards that had been damaged at the trucking company where he worked. There were 24 boxes of cards in the case - with 36 packs of cards in each box - that kept me occupied for an entire summer. I knew Pete Rose's batting average, the number of times Steve Garvey struck out and had more copies of cards from such notable names as Tom Seaver, Carlton Fisk, George Brett, and many others who have gone on to the Hall of Fame.

Then there was the year Fleer came out with their first set of major league baseball cards. I believe the year was 1981, and rather than trying to piece together a set with my paper route money, I saved up and bought an entire factory-sealed set. Of course, I had to open it and check each card out - Cal Ripken's rookie card was in there, along with several others, and there were more stats and interesting facts about the players for me to read and memorize.

Opening these baseball cards brought back a ton of fond memories of what major league baseball used to mean to me - before age, experience, strikes, money and drugs (those taken by the big leaguers, obviously) soiled my view of the big leagues. They reminded me of a time before 24-hour sports networks, the Internet and mobile devices - back when you had to wait for the morning (or afternoon) paper to arrive so you could scan the boxscores to see how your favorite players did the night before.

It reminded me of the first summer I discovered newspapers, the summer before sixth grade, when I would grab a copy of the Norfolk Daily News, rewrite the stories and copy the boxscores by hand. It was my first experience making my own newspaper, and my baseball card collection was my reference material

See BLEACHERS, Page 2B



(Photo by Michael Carnes)

Cory Doorlag fires a pitch home for the Wayne Juniors during their 12-0 win over Laurel-Coleridge last week at Hank Overin Field.

## Legion teams keep focus in home sweep Wednesday

Wayne American Legion coach Jeff Zeiss didn't want his teams to get complacent in their return game with Laurel-Coleridge Wednesday at Hank Overin Field.

Both Wayne teams dominated Laurel-Coleridge early in the season, and both teams once again hit double digits in the rematch, with the Juniors winning 12-0 and the Seniors taking an 11-1 victory. Zeiss said his team stayed focused knowing that baseball can be a funny game when it comes to rematches.

"We beat them pretty bad the first time around, but in baseball anything can happen and the kids stayed focused," he said.

The Juniors got off to a slow start, leading 3-0 after two innings, but erupted for nine runs in the third inning to put the game out of reach. Consecutive singles by Frank Bernal, Brady Soden and Trent Beza helped fuel the big inning.

Wayne spread the offense around, with seven players getting at least one hit and eight coming home for at least one run.

Beza and Gage Rethwisch each had two hits in the game. Beza drove in two runs, while Rethwisch, Bernal, Tony Sinniger and Corey Doorlag each scored two runs.

Doorlag pitched well for the Wayne Juniors, striking out eight while allowing just one hit, one walk and one hit batter.

In the nightcap, Wayne scored six runs in the third inning to break a 3-0 game open, adding two more in the fourth to end the game on the 10-run rule.

Wayne had eight hits in the contest, led by two apiece from Tory Booth and Jacob Zeiss. Derek Poutre drove in four runs and Zac Braun had three RBIs in the game. Poutre, Zeiss and Beza each scored two runs.

Poutre scattered three hits and walked one while striking out four to pick up the complete-game win for the 8-2 Seniors.

The Juniors were able to get their pool play games in during the Crete Invitational on Friday and Saturday, going 2-1 before rain washed out Sunday's bracket

portion of the tournament.

The Wayne Juniors beat Crete 9-1 on Friday, lost an 11-1 decision to Auburn Saturday morning, and got a win by forfeit over Hebron to finish the tournament 2-1 and improve to 11-3 on the season.

In the win over Crete, Wayne pounded out 11 hits, led by Beza's three-hit effort that included a double, homer and three RBIs. He scored three runs in the contest for Wayne.

Miles Anderson had two hits and scored two runs for the Juniors, while Sinniger added a pair of hits. Bernal and Doorlag had doubles, and Rethwisch drove in two runs and got the win on the mound with a complete-game seven-hitter, striking out four.

On Saturday morning, the Juniors ran into a tough matchup against Auburn, as Auburn broke open a close game to easily defeat Wayne.

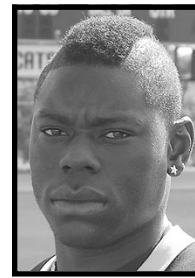
"We played really well in that first game against Crete, then we

See LEGION, Page 2B

## Bruno is named to D-2 preseason All-American team

Wayne State football standout Frederick Bruno has been selected to the seventh-annual 2010 Consensus Draft Services Div. II Preseason All-American Team, earning first-team honors at kick returner.

Bruno, a 5-foot-8 210-pound senior wide receiver/return specialist from Miami, Fla., led Wayne State and the Northern Sun Conference in receiving last season with 77 catches for 1,163 yards and nine touchdowns to earn first-team All-Northern Sun Conference honors. He also earned



Bruno

Daktronics first-team Super Region 3 honors and was named AFCA Div. II All-American and Associated Press Little College All-American.

Bruno also had 368 yards rushing on 32 carries and six touchdowns. He ranked third in NCAA Div. II in all-purpose yards per game (197.27), eighth in receiving yards per game (105.73), 11th in receptions per game (7.00) and tied for 20th in scoring with 14 touchdowns. Bruno also had 450 yards in kickoff returns with one touchdown, and another 161 yards in punt returns to finish the season with 2,170 all-purpose yards.

It is the second straight season that a Wildcat football player has received this honor. Linebacker Ryan Reeves, 2010 WSC graduate, was selected last season.

## NSIC to study its expansion options

Expansion in the Northern Sun Conference will not happen in the immediate future, but will be looked into by the board of directors.

At their meeting Friday in Indianapolis, Ind., the NSIC Board of Directors voted to continue the process to consider expansion with site visits to Minot State University and the University of Sioux Falls. The conference will make visits

to each campus this fall and will conclude their work by Dec. 1.

Two other schools that applied had their consideration of letters of interest tabled by the conference for now. Black Hills State University and South Dakota School of Mines and Technology are on hold for now until their status for inclusion in NCAA Div. II is determined later this summer.



## Legendary coach, WSC standout dies

A Nebraska coaching legend and former All-American at Wayne State has passed away.

Roger Higgins, 80, died Sunday at his home in Omaha after spending Father's Day with some of his children and grandchildren.

Higgins played football and basketball at Wayne state and was a Little All-American in football before beginning his coaching and teaching career at the old Omaha Cathedral High School in 1955.

Higgins, a multi-sport athlete growing up in Schuyler, coached at several Omaha area high schools, including Omaha Bryan and Omaha Roncalli. He coached football, basketball and golf, and

was athletic director at Roncalli in 1980 and retired in 1992.

In addition, Higgins coached baseball and was a coach for the Shrine Bowl and the Nebraska Coaches Association all-star basketball game, becoming the first coach in the state to direct all-star teams in two sports.

Higgins and his family will receive the Fischer Family Award from the Nebraska High School Sports Hall of Fame later this fall. His wife, Donna, passed away in 2000, and four of their eight children are still involved in athletics as a coach, administrator or official. He has 20 grandchildren and three great grandchildren.



(Photos by Michael Carnes)

(above) Skyler Lippman has her eye on the ball during the Dirt Devils 18-under's 10-3 win over West Point on Tuesday. (left) Kendall Gamble fires home a pitch during the 14-under Devils' 15-1 blowout win.

## Fast starts propel Dirt Devils

By MICHAEL CARNES  
Of The Herald

It's always important to get off to a good start, which is just what the Dirt Devils 14-under and 18-under teams did Tuesday night.

Both teams jumped on West Point early in their contests at the Wayne Softball Complex, and that fast start propelled both teams to easy wins. The 14-under girls blew out West Point 15-1, while the 18-under team came away with a 10-3 victory.

The 14-under girls bounced back from a tough 1-0

loss at North Bend on Monday, lighting up West Point's pitchers for 15 hits in the four-inning game.

"We hit the ball a lot better than we had last night," coach Rob Sweetland said. "A lot of ground balls found holes tonight, whereas last night in North Bend they were right at people. It's just one of those things."

The Dirt Devils pounced on West Point early, scoring three runs. They added four more in the second and four in the third to take an 11-0 lead, but lost the shutout with some sloppy defense that concerned their coach.

See DEVILS, Page 2B





(Photo by Michael Carnes) Alexis Owens gets home before the ball does to score a run for the Dirt Devils 14-under team Tuesday.

## Devils

"I was disappointed with the way we finished the game," he said. "We need to stay focused and finish the job, and hopefully we can get that straightened out with state coming up this weekend."

Jalyn Zeiss led the Wayne attack with three hits and four runs scored, while Emily Leeper had three hits, scored two runs and drove in two more. Winning pitcher McKenna Gibson had a two-run double and scored twice, Ashton Schweers and Lauren Gilliland each had two hits and two runs, and Alexis Owens had a pair of hits and scored three times.

Gibson pitched well for most of the game. All three of the hits she gave up came in the fourth inning, when West Point scored its only run of the game. She finished with seven strikeouts on the night.

The 15-7 Dirt Devils 14-under team will head to state in Hastings this weekend, and Sweetland is optimistic the team can compete in the tournament.

"We have the potential, but it's just whether or not we're mentally ready," he said. "These girls have the ability, and hopefully they will set some goals for themselves and approach things the right way this weekend."

The 18-under Dirt Devils pounced on West Point for four runs in the first and three in the second, but needed a key defensive play to regain the momentum after the visitors plated three runs in the top of the third.

"It was real important for us to get off to a good start," coach Kevin Hoffart said. "They did the same thing to us earlier at West Point, so it was great to get the three-up, three-down on defense and come in and get those four runs and put them on their heels right away."

The play of the game came from Skyler Lippman, who hesitated on a play in center field before throwing home to Riley Hoffart, who blocked the plate and applied the tag to end the inning and prevent a fourth West Point run from crossing the plate.

"Sky kind of hesitated on that, but she made a good throw and the ump said the catcher had the plate blocked when she made the tag, so it was a good call," Hoffart said. "That was important, because they

had scored three runs and that kind of stopped their momentum."

Wayne responded with two runs in the fourth, coming on a two-run single by Stevie Pospisil that made it 9-3 and helped the home team reclaim the momentum.

Wayne got things going early on with three straight singles in the first, as Cassie Miller, Katelyn Wells and Pospisil had back-to-back-to-back hits. The three-run second inning was highlighted by an RBI single from Hoffart and a double by

Carly Fehringer.

Shannon Jarvi, who pitched the complete-game win, helped her own cause with three hits and three runs scored. Hoffart was 3-for-4 with two runs, Miller slammed three hits, Fehringer had two hits and a run scored, and Pospisil added two hits.

Unlike their 14-under counterparts, the 18-under team will not be playing in state tournament action this weekend. The 18-under Devils will be in action Thursday playing the 16-under Dirt Devils.



(Contributed photo)

## Winside girls third

The Winside 16-under girls softball team finished third in the recent Golden Girls Tournament held in Norfolk, defeating the Seward Jazz in the consolation game. Team members are (front) Mickayla Goger, Natasha Jensen, Kelsie Tweedy, Tina Nelson, (back) Destiny Nelson, Bianca Marino, Deserah Janke, Shelby Lienemann, Audrey Roberts, Megan Leicy, Elysia Wagner, and Miranda Hansen. Not pictured are coaches Curtis and Kathy Hansen.

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## Bleachers

From Page 1B for stories I would write about my favorite players of that era.

So many memories, all in a pack of baseball cards that made this year's Father Day extra special for this dad. The only thing missing was mom telling me to put the cards away and get ready for dinner:

*I'll be down as soon as I finish sorting out the 700's, mom - I know the Mike Schmidt card to complete the set is in here somewhere . . .*

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(Photo by Michael Carnes)

Jacob Zeiss rounds third past his dad, coach Jeff Zeiss, to score a run in the Seniors' 11-1 win over Laurel-Coleridge.

## Seniors

From Page 1B ran into a buzzsaw," Zeiss said. "I thought we were ready to go for that Saturday morning game, but it just snowballed on us."

Bradley Longe had two hits to lead the Wayne attack. Joey Lenihan gave up two earned runs, but walked four to take the loss. Sinniger and Jordan Backer also pitched for Wayne in the game.

"It's been a good tournament for us and we see some teams we don't

normally see, but we need to try and get back on the field and it's been hard with the weather we've been having," Zeiss said.

Both teams have some games to make up because of the weather. The two teams will make up a doubleheader with Dodge on Thursday, July 1, at 6 p.m. at Hank Overin Field, and their games with South Sioux City that were scheduled for Monday will be played Thursday at 6 p.m. and 8 p.m.

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12. .... 35	29. .... 44.5	7. .... 27	
Brad Hansen	Tim Sutton	4. .... 26	
Bill Melena	Kory Leesburg	1. .... 24	
Brian Gamble	Kevin Heithold	2. .... 24	
20. .... 34.5	31. .... 35.5	6. .... 23	
2. .... 34	23. .... 35.5	9. .... 22	
6. .... 34	28. .... 33.5	5. .... 21	
7. .... 33.5	37. .... 31.5	16. .... 21	
11. .... 31.5	24. .... 31	3. .... 20	
14. .... 31.5	39. .... 31	13. .... 20	
9. .... 30.5	38. .... 31	17. .... 20	
1. .... 29	25. .... 31	14. .... 19	
15. .... 27.5	34. .... 30.5	18. .... 19	
17. .... 27	26. .... 30.5	20. .... 19	
5. .... 26.5	41. .... 26.5	8. .... 18	
19. .... 25.5	33. .... 25.5	15. .... 18	
3. .... 24.5	36. .... 24	19. .... 18	
8. .... 22.5	35. .... 23	23. .... 18	
13. .... 22	42. .... 22	24. .... 18	
21. .... 21	27. .... 21.5	12. .... 16	
10. .... 20.5	30. .... 18	11. .... 15	
18. .... 18.5	40. .... 15.5	21. .... 14	
4. .... 17	32. .... 14	22. .... 14	
16. .... 15	22. .... 13.5	10. .... 9	

**WEEK 9**  
 Low Scores (6/16/10)  
 A players: Joey Baldwin 36, Kelly Hammer 36, Tim Sutton 36, John Fuelberth 37.  
 B players: Pat Riesberg 39, Rusty Parker 40, Lowell Heggemeyer 40, Mic Dehne 40.  
 C players: Mark Moser 43, Kevin Heithold 44, Gunnar Spethman 45, Lowell Olsen 47.

**WEEK 1**  
 Low Scores (6/15/10)  
 A players: Sandra Sutton 38, Amber Johnson 43, Jill Sweetland 46, Molly Schroeder 47, Deb Whitt 50.  
 B players: Kari Baldwin 43, Diane Magnuson 47, Jeanette Swanson 49, Stephanie Hansen 51, Deann Kinney 51.  
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(Contributed photo)

A team of players from the United States, coached by Wayne State soccer coach Molly Grisham, took part in an international competition in Argentina recently.

# Grisham enjoys chance to coach at international level

For the second time in as many years, a Wayne State coach has gained international coaching experience.

Last summer, Wayne State softball coach Krista Unger and Wildcat player Sam Earleywine were part of a United States team that played in an international tournament in the Netherlands. This year, Wildcat womens soccer coach Molly Grisham served as head coach of a team from the United States in international play against teams in Argentina.

Grisham's trip, like Unger's last summer, was arranged through USA Athletes International from Olathe, Kan. The group puts together teams from the United States in a variety of sports and then sends them to other countries to gain international experience. So when USA Athletes International called Grisham last December asking if she would be interested in coaching a team against international competition this summer, it was a no-brainer.

"I said yes right away," commented Grisham. "I saw it as a great opportunity for me and our program and a great chance to see the sport of soccer in a country that lives and breathes soccer."

Grisham served as the head coach of Team USA that comprised of players from seven schools ranging from NAIA all the way up to NCAA Div. I. The trip was June 1-11. The coach and players met in Miami, Fla., and then flew together to Buenos Aires, Argentina. The team played four matches while in Argentina, two

against club teams and two against college teams. Grisham's team tied all four matches they played against the Argentina squads.

"The games were very interesting because the style of play in Argentina is so different compared to ours in the states," said Grisham. "Their players are so good with the ball. They do things with the ball that are amazing."

While Grisham and the players were in Argentina for their four matches, they did get to spend time sight seeing and touring the unique country. And with World Cup soccer this summer and Argentina being the home of Diego Maradona, Grisham says the timing of the international trip couldn't have been better.

"We had lots of time to tour and everywhere we went you saw people in Maradona jerseys," remarked Grisham. "He's like a national hero there so you sensed something special was about to happen with the World Cup. The culture there is more European so we had a chance to interact with a lot of people and find out about many things in Argentina."

Grisham said the group visited many national monuments while in Buenos Aires and one day went to a ranch one hour outside of the city to see how rural life is conducted in Argentina. She noted that the ranchers in Argentina wore traditional clothing and were called gauchos, which are like cowboys in the United States.

Asked if she would do a trip like this again, Grisham said quickly, "in a heartbeat."

"It was a very positive experience and the quality of soccer was amazing. And with the World Cup going on, it was a special trip and something I will remember forever."



Grisham

# 16-under Devils lose 4-3 at West Point

The Wayne 16-under Dirt Devils gave up a late run on the road and dropped a 4-3 decision to West Point in league action Thursday.

Wayne bounced back from an early deficit and tied the game in the fifth inning. The game stayed tied until the bottom of the seventh, when West Point took

advantage of Wayne's mistakes to score a run and win the game.

"Once again, defense played a big role in the outcome," coach Doug Carroll said. "We were hitting the ball well, but we made too many mistakes defensively to win the game."

Lindsay Frahm had a good night

for the 16-5 Dirt Devils, going 3-for-4 with a double. Courtney Davie had two doubles on the night and Hannah Gamble went 2-for-4.

Kristin Carroll pitched well in a losing effort, scattering six hits and four walks. Two of the runs scored by West Point were unearned.

# With recent rain, mold is flourishing

With all the rain we have been getting followed by water issues in the home and other buildings, mold has been flourishing.

Molds reproduce by spores. These spores are invisible to our eyes but they are there. When the spores land on wet surfaces, they multiply in that one area and that is when we start to see mold.

Molds can cause health problems. Some people are allergic to molds with reactions of runny nose, sneezing, red eyes, and skin rash. Mold exposure can trigger asthma attacks. Plus, mold can irritate the lungs.

Mold can also destroy items that they grow on, particularly fiber based items - books, clothing, carpet. The easiest way to control mold is to not let it grow. If you see water standing, clean it up and fix the problem. For flood damaged homes, that can be a huge mess. For one thing, it is difficult to fix the problem since the problem is too much rain in a short period of time. In addition, waiting for flood waters to recede takes time and during that time, mold will thrive.

Federal Emergency Management Agency (FEMA) has recommendations for safely cleaning up mold and the affected areas. Protect yourself when cleaning up mold. Avoid breathing in the mold spores by wearing a mask over your mouth and nose. Wearing goggles will help reduce eye irritants by the mold spores. If possible, open windows to let in fresh air. Yes, this can stir up the mold spores but it also helps dissipate the spores to move them outdoors where mold grows naturally.

Wear gloves when working with mold cleanup, whether it be cleaning the surfaces or moving items that have mold on them. Areas with mold need to be cleaned and disinfected. A mild detergent and water mixture can clean the surface area. However, the area must also be disinfected to reduce or eliminate mold growth. The most common disinfectant used is a mixture of chlorine bleach and water. Use no more than one cup of chlorine bleach with one gallon of water. Make sure it is chlorine bleach and not oxygen bleach. Use a stiff

brush on rough surface materials like concrete. Work in a well ventilated area and NEVER mix chlorine and ammonia (a toxic gas results). This process may have to be repeated, particularly if the area is still damp.

Be aware of the places where mold likes to hide and grow. These areas include the back side of dry wall, wallpaper or paneling; the top

# Ponies 9-0 after wins last week

The Wayne Ponies continued their winning ways, improving to 9-0 on the year with wins over Winside and Hartington.

On Thursday, the Ponies jumped on Winside for 11 first-inning runs and claimed an easy 17-4 win over Winside, pounding out 13 hits in the win.

Five players had two hits apiece for Wayne in the win, including Kaje Maly, Jack Beldt, Luke Rethwisy, Curtis Moeller and Ramsey Jorgensen.

On Tuesday, the Ponies fell behind early on the road, but stormed back for five runs in the third and two more in the fourth to outlast Hartington 9-4.

Wayne only managed six hits in the game, but got some key runs in the middle of the game to overcome the early deficit.

Jacob Lutt went 3 1/3 innings to get the win for the Ponies. He struck out four, walked six and allowed two hits. Two of the three runs scored while Lutt was on the mound were unearned. Matt Schrunk pitched well in relief before Dylan Sokol came on in the sixth to shut the door.

The Wayne Ponies are 9-0 overall and 8-0 in league play. They play Norfolk VFW at a site to be determined on Thursday, host Wakefield on Tuesday and play a road game at South Sioux City on Thursday, July 1.

# 14-under Dirt Devils win one, lose one

The Wayne Dirt Devils 14-under team outlasted Dodge's 16-under team on Thursday, but lost a close affair at North Bend on Monday.

In Thursday's matchup, the Dirt Devils came away with a 6-1 win over Dodge, making the most of the five hits they had in the game.

Jalyn Zeiss and Victoria Kranz each had two hits to lead the Dirt Devils to the league win, while McKenna Gibson added a hit. Zeiss scored two runs in the win.

Kendall Gamble pitched well for the Dirt Devils, allowing just three hits and two walks while striking out seven.

On Monday, a good pitching performance by Gamble was not enough, as North Bend edged Wayne 1-0 at North Bend.

Wayne had six hits in the contest, led by Gamble's two safeties, but the locals couldn't push a run across as North Bend hung on for the shutout. Zeiss, Gibson, Lauren Gilliland and Alexis Owens each had hits.

Gamble pitched well in a losing effort. She gave up one hit and walked five while striking out nine.

# Schumacher selected to play in all-star game

A former Wayne State pitcher was selected to take part in the Midwest League All-Star game this week.

Nick Schumacher, a native of Nebraska City, was selected as a member of the Class A Fort Wayne (Ind.) TinCaps. He will pitch in the all-star game Tuesday at Parkview Field in Fort Wayne.

Schumacher was 30-9 at Wayne State and tied the school record for career wins,



Schumacher

originally set by Brady Borner. He was 13-2 in his senior season in 2008, earning NCAA Division II All-American honors. He also was named Northern Sun Conference Pitcher of the Year and was selected in the 28th round of the 2008 major league draft by the San Diego Padres.

This season, the 6-foot-4, 195-pound righthander is 2-2 with a 1.82 earned run average and 14 saves as a reliever for the TinCaps.

# Plasha inks with Riversharks

Former Wayne State catcher John Plasha has signed a contract with the Camden (N.J.) Riversharks of the independent Atlantic League.

Plasha, a native of Media, Penn., was named to the NSIC and ABCA/Rawlings All-Central Region Glove teams this past season after hitting .290 with three homers and 36 RBIs. He finished the season going 12-for-24 (.500) in his last six games and made just one error all season behind the plate for a stellar .997 fielding percentage.

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## Northeast Ag Club again receives \$1,000 from CHS Foundation

For the second year in a row, members of the Diversified Ag Club at Northeast Community College, Norfolk, have been awarded a \$1,000 grant from the CHS Foundation.

The check was presented to help defray travel expenses to El Reno, Okla., for last April's North American Colleges and Teachers of Agriculture (NACTA) Judging Conference at Redlands Community College in El Reno, Okla.

Some 26 community colleges and 22 university teams competed. Northeast finished fourth in the two-year college sweepstakes and just 40 points behind first-place winner Coffeerville (Kan.) Community College. The Northeast students were accompanied by instructors Bernie Thyen, Hilary Maricle, and Mike Roeber.

Northeast's Agricultural Quiz Bowl Team went undefeated in the double-elimination tournament on its way to a first-place finish. Team members were Bo DeKramer, agronomy major from Canistota, S.D.; Jeremy Grant, diversified agriculture major from Meadow Grove; Jesse Henery, agronomy major from Creighton, and Adam Venteicher, animal science major from Pierce.

The Agribusiness Management Team of DeKramer, Grant, Venteicher, and Karla Pick, agriculture transfer major from Hartington, also finished in first place in the team competition. Grant won a second-place individual award and Venteicher earned a fourth-place individual award in the Agribusiness Management Contest.

Northeast's Computer Applications Team also garnered a first-place team award. Team members were Grant, Venteicher, Dena Dearmont, an agribusiness major

from Bassett, and Katie Ziemke, an agribusiness major from York. Grant finished second overall in the individual competition; Ziemke won a third-place individual award and Venteicher finished fourth overall individually in the Computer Applications contest.

"We are proud to support the efforts of the Northeast Community College Diversified Ag Club," said CHS Foundation President William J. Nelson in the award letter. "We thank you for the opportunity to continue investing in the future of agriculture, rural America, and cooperative business through education and leadership development."

Instructor Thyen wrote the application for the grant. The grant awards were announced at the NFU College Conference on Cooperatives, sponsored by the CHS Foundation

### Reminder extended to Wayne County 4-H'ers

The 2010 Wayne County Fair is coming. This is a reminder that the following information is due the UNL Extension Office in Wayne County on Tuesday, July 6 by 5 p.m.:

- All Entries for Contest Day and Fair, except Floriculture and Horticulture;
  - Bonus Auction Forms;
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### Nebraska USDA Agencies Plant More Than 20 "People's Gardens" Statewide

Agriculture Secretary Tom Vilsack announced last week that 'People's Gardens' now exist in all 50 states, two U.S. territories, and three foreign countries. USDA agencies in Nebraska have planted more than 20 'People's Gardens' across the state. To date, there are more than 400 'People's Gardens' across the country.

This is a significant milestone in 'The People's Garden' initiative since Secretary Vilsack broke ground one year ago in Washington, DC, to plant the nation's first 'People's Garden' at USDA headquarters.

USDA agencies in Nebraska, including the Farm Service Agency (FSA), the Natural Resources Conservation Service (NRCS) and Rural Development (RD), have planted 'People's Gardens' containing vegetables, native grasses and flowers at USDA Service Centers across the state. According to NRCS State Conservationist Steve Chick, "The People's Garden" initiative is a great way to connect the general public with the mission of USDA.

"USDA employees in Nebraska have volunteered their time and talents to create these gardens that promote sustainable practices, provide food to families in need, demonstrate the conservation benefits of planting native plant species, and help create a place of beauty within a community," Chick said.

This month, at the Federal Building in downtown Lincoln, USDA employees from NRCS and RD planted a 'People's Garden' of native grasses and forbs with seeds donated by the NRCS Plants Materials Center and the Lower Platte South NRD. Children from the on-site daycare assisted with the planting.

NRCS Geographic Information Systems Specialist Shandy Bittle helped coordinate the project. Her daughters attend the daycare center, so planting the 'People's Garden' at the Federal Building ended up being a family affair.

"The girls and their classmates really enjoyed digging in the dirt and planting the seeds. Every day on their way daycare they check to see how their garden is growing. It's really been fun for the children to see and learn that plants come from seeds, and that food comes from plants," Bittle said.

The daycare is also planning to create a raised bed vegetable garden in the center's outdoor play area. The food harvest from the garden will be donated to local food pantries and needy families.

According to FSA Director Dan Steinkruger, 'The People's Garden' initiative has had a positive impact across Nebraska.

"The goal of 'The People's Garden' is to focus on the community to promote healthy eating and locally grown food. Our employees have planted a vegetable garden at the FSA state office building in Lincoln. All of the produce will be donated to provide fresh, healthy food to families in need," Steinkruger said.

USDA Rural Development State Director Maxine Moul said, "We're pleased to work with other USDA agencies at People's Gardens across Nebraska. Our staffs at service centers like North Platte and Scottsbluff enjoy working on these outreach activities together."

Each 'People's Garden' can vary in size and type, but all have a common purpose - to help the community and the environment.

A 'People's Garden' must include the following three components:

1. Benefit your community: Gardens benefit communities in many different ways. They can create spaces for leisure or recreation that the public can use, provide a harvest to a local food bank or shelter, be a wildlife friendly landscape or be a rain garden to absorb storm water run-off and protect the soil from erosion.
2. Be collaborative: The garden must be a collaborative effort between other volunteers, neighbors or organizations within your community. Local partnerships could carry out the mission of a People's Garden.
3. Incorporate sustainable practices: the garden should include gardening practices that nurture, maintain and protect the environment such as: • Capturing rainwater in rain barrels; • Composting and mulching; • Planting native species; • Encouraging beneficial insects that feed on destructive pests.

USDA agencies are involved in building these gardens, many of which are maintained through the collaboration of multiple agencies with their communities. The locations of these 'People's Gardens' can be viewed on an on-line map at [www.pubinfo.usda.gov/garden](http://www.pubinfo.usda.gov/garden). Information about each garden can be viewed by clicking on the map markers.

and hosted by the National Farmers Union (NFU) Foundation, in the Twin Cities in March.

The Northeast students who attended the NFU College Conference were Gabe Gubbels of Osmond, Venteicher, Jenny Warner, Allen, and Kristen Shalon, David City. They were among 94 students from 25 Midwestern colleges and universities who learned about cooperatives under the guid-

ance of the Nebraska Farmers Union. Instructor Thyen accompanied the students to the three-day Minneapolis/St. Paul conference.

"We are again very grateful to the CHS Foundation for this award," said Thyen. "We consider the NACTA judging conference a great opportunity to evaluate student learning. We appreciate the CHS Foundation support of our students' education and our institution."

## Flood-plagued farmers need to move quickly but carefully

Farmers contending with flooded fields from this month's storms need to assess their options quickly and carefully, say University of Nebraska-Lincoln experts.

While everyone's situation is different, the first step is simple: Contact your crop insurance agent as soon as possible, said UNL Extension Educator Keith Glewen.

"Make sure you're communicating clearly and effectively with them," he said on UNL Extension's "Market Journal" program.

Paul Burgener, a UNL Extension agricultural economics research analyst at UNL's Research and Extension Center in Scottsbluff, agreed.

"This is one of those critical times when it's really good to know your crop insurance agent and adjuster and get them involved in your decision making before you do anything," Burgener said.

It's also important to contact the U.S. Department of Agriculture's Farm Services Agency, Glewen added. Reports of flood damage to FSA play a role in designations of agricultural disaster areas which are necessary to open up access to federal assistance programs.

Producers need to clearly understand their options from FSA and under their crop insurance contracts before they take any action in their fields, Glewen said.

Those options will vary depending on the severity of flooding. Some cornfields had been underwater for four to six days by the end of last week. That flooding, combined with recent high temperatures, likely means the corn won't survive.

Corn that was underwater for only 24 hours or so, though, may survive. Usually it takes about 48 hours of flooding for oxygen in the soil to be depleted. Considerable nitrogen loss - perhaps 50 to 75 percent - also is likely, Glewen said.

Even in fields where the flooding wasn't as extensive, "the corn

really never does recover the vigor and vitality it had before the flood," Glewen said. "Definitely, we'll see yield loss."

Farmers who decide, after consulting their crop insurance agent, to replant corn are likely to get at best only about 50 percent of the yield they might have gotten. They need to consider the cost of replanting, the seed availability and the chances of getting the crop to maturity before the first killing frost.

Also, corn replanted at this late date would be uninsurable, Burgener said. The late-planting cutoff date was June 15.

Planting a different crop might be possible, but options could be limited if farmers treated their corn with a pre-emergent herbicide, Glewen said. Replanting that corn with soybeans could be problematic, though some farmers have successfully done that in the past. Grain sorghum is a possibility, though there are fewer marketing options in eastern Nebraska than in other parts of the state.

As for soybeans, the window of opportunity is a bit wider, Glewen said. It's possible to plant soybeans until late June or early July and still get decent yields. If replanting soybeans, producers should use a seed inoculant and a fungicide treatment.

The crop insurance deadline for soybeans was June 10, with a 25-day late planting period, Burgener said. So soybeans could be covered by insurance if planted up to July 5, though with a 1 percent per day reduction in coverage. For dry beans, the crop insurance deadline is June 20; for sunflowers June 15 in northern counties and June 20 in southern counties; and for grain sorghum June 5 (northern counties) or June 15 (southern counties).

Farmers who have crop insurance also might be eligible for assistance from the new Supplemental Revenue Assistance Program (SURE), said Brad Lubben, UNL Extension public policy specialist. That program, part of the new federal farm bill, can provide additional coverage for crop losses, but only for producers who bought private crop insurance.

Comments by Burgener, Glewen and Lubben can be seen on "Market Journal," archived at [marketjournal.unl.edu](http://marketjournal.unl.edu). More information on crop insurance and other options is available from UNL Extension's CropWatch, at [cropwatch.unl.edu](http://cropwatch.unl.edu)

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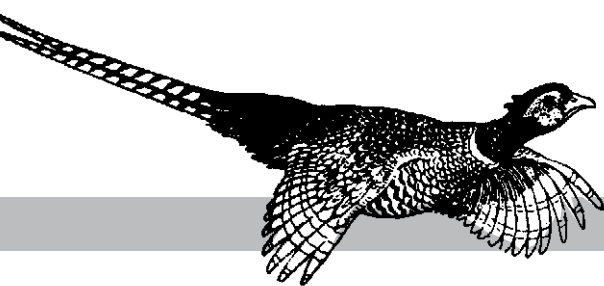
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The Wayne  
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# Agriculture

## June rains lead to problems

I once commented to a neighbor on the farm that it seemed to me the German farmsteads in Nebraska were all high and away from the rivers. He replied that his grandfather thought that was important when homesteading because in Germany the water table was so high, they always had to fight it. Indeed, when we were there a few years ago, our friend, Olga, drove us by her son's farm and commented that they frequently pump water off their fields, as opposed, of course, to our Nebraska farms, where we are pumping it on.

Well, not lately! I've seen photos of Norfolk following the flood of 1947 and it wasn't pretty. The levee was built after that. And it did not break, and did a pretty good job of protecting a lot of the town. But, as the paper reported, the Elkhorn just backed up behind it! Poor TaHaZouka Park! We had some family picnics there; I don't think it will ever be the same.

All the bridges that are down, and all the roads that have been covered with water will be an expensive proposition. Tonight, we saw on TV the same kind of damage taking place in Weeping Water, where our home health office used



**The Farmer's Wife**  
By: Pat Meierhenry

to be. That little creek wasn't even that high in 1993. Of course, the Loup, the Elkhorn, and the Platte all eventually flow into the Missouri. We also have video of the Platte at Louisville; higher than we ever saw it when we lived there.

We had more than four inches in our gauge this morning; yesterday and all night we had thunder and lightning and hail. Luckily,

no tornadoes; they seemed to be in Montana, of all places! We often shake our heads and say that old Harvey, who used to work for us, had it right when he said we should never have walked on the moon!

Brother Jim, in South Carolina, has had one inch this month. And I read a meteorologist who says we are overdue for a drought and that records show they often start in the Carolinas. Who knows? Predicting weather is still very unpredictable!

We've been having the Cornhusker State Games in town, and they seem all messed up because they are not in their usual slot of the third week in July. They have been moved up because the National Special Olympics is in that time slot. I volunteered as a first aid person last Saturday and the only action I had was a jammed finger. Opening ceremonies are this Friday, which seems kind of backward to me. Oh, well.

The last College World Series at Rosenblatt is generating as much newsprint as the move to the Big Ten. The Big Farmer is enjoying the games, but we would like to see Nebraska there again.

And, meanwhile, the deaths in Afghanistan continue; it is so disheartening and makes us feel as if there has been absolutely no progress. Let's remember what is really important and keep our troops in our prayers. If you think it's hot here, you should be in Kabul!

## Sprayer calibration tips presented

Growers are going to get pretty busy with spraying crops when the rain finally lets up. Here are some good tips from Bob Klein, Extension Cropping Specialist from North Platte.

Uneven pressure throughout the sprayer boom can mean uneven application of pesticides. The first step in sprayer calibration is to determine that the spray pressure is equal throughout the spray boom.

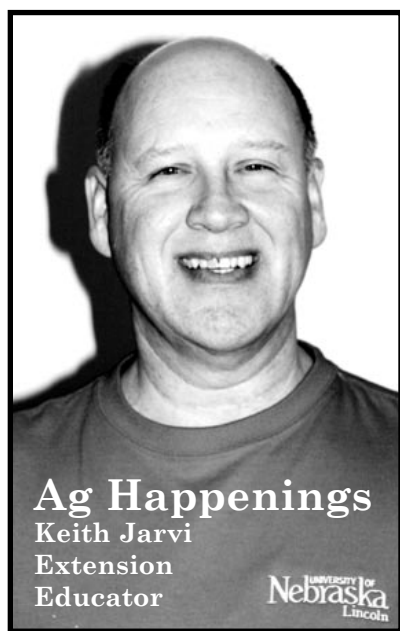
Be sure to check pressure all along the boom because there might be a restriction in the line and uneven pressure. If the pressure is not even through the boom, you'll be wasting your time trying to calibrate the sprayer.

Check and compare the cab pressure with boom pressure. If there is a difference, make note on the cab's pressure gauge how much higher or lower the boom pressure is so you will know the exact operating pressure of the sprayer.

Set up the pressure gauge with quick-attach fittings that can snap in place on the nozzle fitting. Select glycerin-filled stainless steel gauges, as lesser quality gauges won't last.

Three basic things affect the number of gallons applied per acre. These include: Speed: If you run the tractor twice as fast, you'll apply half the rate, if nothing else is changed.

Nozzle Spacing: The typical nozzle spacing is 20 inches, but 30-inch nozzle spacing is just as effective if 110-degree nozzles are used. Most new air-induction nozzles are only available in 110 degrees. Another reason for 30-inch nozzle spacing is that most farmers are still planting 30-inch rows. If you want to use drop nozzles, add extensions to have drop nozzles. Thirty-inch nozzle spacing



**Ag Happenings**  
Keith Jarvi  
Extension Educator

also allows for 50 percent larger nozzles. That, in turn, provides for using lower application rates without going to extremely small nozzles. Avoid nozzles that require less than a 50-mesh nozzle screen because smaller screens tend to plug.

Nozzle Flow Rate: This is determined by the nozzle orifice size, pressure, and solution density. Remember that anything heavier than water will come out more slowly than water and anything lighter than water may come out faster. Adjust the sprayer accordingly.

Sprayer calibration provides the information you need to determine the amount of spray solution (both pesticide and carrier) being applied per acre. For more information see NebGuide G1756, "Fine-Tuning a Sprayer with the 'Ounce' Calibration Method" available at local UNL Extension offices or online at <http://go.unl.edu/dr3>.

## Protect cattle from heat stress as temperatures rise

With temperatures heating up, cattle producers need to take steps to protect their herds from heat stress, a University of Nebraska-Lincoln beef specialist said.

The approaching high temperatures, coupled with last week's heavy rains, could cause hot, humid conditions in the next week or two. This weather could cause cattle to experience heat stress, especially if there is little wind and the cattle have not been exposed to these conditions before, said Terry Mader, beef specialist at UNL's Haskell Agricultural Laboratory near Concord.

"Cattle do not handle heat stress as well as humans," Mader said. "Sunny days with temperatures above the mid-80s can be stressful, particularly if there is no wind and humidity is above 50 percent."

"Providing cattle with plenty of water is probably the best way to prevent heat stress," Mader said.

"The cattle don't have to be thirsty, but as cattle drink water and pass it through their body, it removes a lot of heat in the process," he said.

Cattle normally take in about 5 to 6 gallons of water per day, but that amount can triple when temperatures rise.

In an emergency, cattle can be sprayed with water to cool them down.

"Once you start doing that, though, you have to keep doing it," Mader said. "By spraying them and using evaporative cooling, you limit the animals' ability to adapt to the heat. That's why this is an emergency step."

"Producers should have an emergency plan for accessing water in case water supplies are low or cut

## Livestock Market Report

The Nebraska Livestock Market conducted a fat cattle sale on Friday.

The market was \$1 lower on fat cattle and lower on cows. There were 300 head sold.

Strictly choice fed steers, \$90 to \$92; drug free, \$93.50. Good and choice steers, \$89 to \$90. Medium and good steers, \$88 to \$89. Standard steers, \$78 to \$83. Strictly choice fed heifers, \$90 to \$91.75; drug free, \$94. Good and choice heifers, \$89 to \$90. Medium and good heifers, \$88 to \$89. Standard heifers, \$65 to \$75.

Beef cows, \$55 to \$60. Utility cows, \$60 to \$65. Canner and cutters, \$48 to \$55. Bologna bulls, \$72 to \$82.

The sheep sale was held Saturday at the Nebraska Livestock Market. The market was steady on all classes.

Spring crop, fat lambs, 120 to 150 lbs., \$120 to \$127.

Feeder lambs, 40 to 60 lbs., \$120 to \$135; 60 to 100 lbs., \$100 to \$120.

Ewes: Good, \$45 to \$60; medium, \$35 to \$45; slaughter, \$25 to \$35.

The dairy cattle sale was held at the Nebraska Livestock Market on Saturday. The market was steady.

Crossbred baby calves, \$150 to \$250; holstein baby calves, \$40 to

\$80. There was no test on the feeder

pig market on Saturday at the Norfolk Livestock Market.

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Bidding starts to close Tues., June 29 at 10 A.M.



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Bidding starts to close Wed., June 30 at 10 A.M.



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tractors: '00 JD 6410 MFW, '88 JD 4650 MFW, JD 8430 4WD, '96 JD 7400 w/740 ldr, JD 4250, IH 1486 w/12' box blade., '85 JD 2840 w/ldr. **harvest/hay & forage:** Claas RU600, '99 MacDon 962 36' draper, '05 JD 7800 SPFH, '08 JD 688 forage head, Lely Optimo 320 disc mwr, New Idea 5410 disc mwr. **planting & seeding:** '08/09 JD 1890 w/1910 cart., IH 800 6-rw plntr. **app. equip:** '03 AGCO 8500 4WD spryr, '10 Schaben 1010 nurse tlr, '92 Ag-Chem 1804, Hagie 254 Hi-Boy, Ritchie Bestway spryr., Hardi HC650M 60' pull spryr. **trailers:** '04 Wilson 26' Ivstkr tlr. skid steer: '86 NH L454. **tillage:** '04 JD 980 + more!

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## Allen News

Missy Sullivan  
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### QUILTS TO HAITI

Several ladies volunteered their time and skills to make quilts for Dr. Jim Van Delden to take with him on his next trip as a medical volunteer to Haiti.

Dr. Van Delden, from Wayne, is planning a trip to Haiti with this medical missionary group. The

making of the quilts was this year's project for the ladies at St. Paul Lutheran Church. Faith Keil asked if she could add some of her quilts to their donation.

### VACATION BIBLE SCHOOL

Kids ages 4 through sixth grade are invited to Vacation Bible School to be held June 27 through July 1 at the Allen United Methodist Church.

The "High Seas Expedition" Vacation Bible School will be held from 6 - 8:30 p.m. with supper at 5:30.

For more information or to volunteer please contact Ken Johnson at 755-2742 or Carol Chase at 635-2440.

### PASTER FAREWELL

There will be a Farewell Potluck Dinner on Sunday, June 27 at 12:30 p.m. at First Lutheran Church in Allen. Please come and show your appreciation for that Pastor Karen has done over the seven years for both churches - First Lutheran and Concordia in Concord. The drinks and tableware will be provided, please bring a dish to share.

### BLOOD MOBILE

The Siouxland Blood Mobile will be at the Allen Firehall on Monday, July 5 from 3 until 7 p.m.

### DIXON COUNTY MUSEUM

The Dixon County Museum is planning on being open June through August each Sunday afternoon 2 to 4 p.m. Members would love to have everyone learn about your beginnings and they would also love to have new members in helping keep this history. It is still just \$5 a year for membership.

### VILLAGE OF ALLEN NEWS

Allen Residents have until July 1 to bring in proof of vaccination of the dogs or cats to receive a free tag. Stop by the Village office.

### SENIOR CENTER

**Friday, June 25:** Biscuits and gravy, sausage links, grape juice, pears.

**Monday, June 28:** Liver w/ onions or hamburgers, pea salad, pears, scalloped potatoes.

**Tuesday, June 29:** Ham salad sandwich, tri taters, lettuce salad, apricots.

**Wednesday, June 30:** Chicken, mashed potatoes, coleslaw, pineapple.

**Thursday, July 1:** Salmon patty, sauerkraut, pineapple, tater tots.

**Friday, July 2:** Brunch at 8:30 am - Biscuits & gravy, sausage links, plums, orange juice.

### COMMUNITY BIRTHDAYS

**Friday, June 25:** Jacob Ryan, Kim Johnson, Bob & Julie Sullivan (A), Matt & Denise Hingt (A).

**Saturday, June 26:** Andrea Swetnam, Dick & Trish Swetnam (A).

**Sunday, June 27:** Donald & Vianne Stange (A).

**Monday, June 28:** Jacob Williams, Pamela Knudsen, Tom Twohig.

**Wednesday, June 30:** Brandon Osbahr, Dustin Roberts, Elizabeth Van Bruggen, Ken Anderson.



Pictured with the quilts being sent to Haiti are, left to right, Hildegard Thomas, Dr. Jim Van Delden, Faith Keil, Donna Stalling, Pastor William Bertrand and Delores Koch.

**Thursday, July 1:** Michael Gregerson Jr., Alexia Hoelsing, Brook Madsen, Tagen Cullison.

**Friday, July 2:** Wyatt Sullivan, Hunter Sullivan, Dwaine Oswald.

### COMMUNITY CALENDAR

**Friday, June 25:** Brunch, 8:30 am at Senior Center; Exercising at Senior Center, 9; Walking at Senior Center, 9:30.

**Sunday, June 27:** Dixon County Museum Open 2 - 4 p.m. - Everyone welcome; Vacation Bible School starts, 5:30 - 8:30 p.m.; Farewell Potluck Dinner for Pastor Karen Tjarks at Allen 12:30 p.m.

**Monday, June 28:** Exercising at Senior Center, 9 a.m.; Walking at Senior Center, 9:30; Vacation Bible School, 5:30 - 8:30 p.m.

**Wednesday, June 30:** Exercising at Senior Center 9 am Walking at Senior Center 9:30; Vacation Bible School, 5:30 - 8:30 p.m.

**Thursday, July 1:** Vacation Bible School, 5:30 - 8:30 p.m.; Proof of vaccination due by today for free tag for your dog or cat.

**Friday, July 2:** Brunch at Senior Center, 8:30 a.m.

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## Professional staff

Wayne State College professional staff members were recognized for years of service June 8 on campus. Attending the award ceremony were, front, row, left to right, Deborah Johnson, computer support specialist, five years; Jennifer Crom, programmer analyst, five years; Kevin Armstrong, director of planned giving, five years; Kara Woehler, retention specialist, five years; Kathy Mohlfeld, licensed counselor, 10 years; and Amy Franco, assistant director residence life, five years. Second row, Dennis Linster, chief information officer, 35 years; Mitch DeBoer, assistant athletic director business management, 10 years; Dr. Richard Collings, Wayne State College president; Kim Schramm, grounds, arboretum/landscape manager, five years; Mike Barry, associate director athletics/director of sport and recreation center, 20 years; and Jeannine Wriedt, math skills specialist, 15 years.

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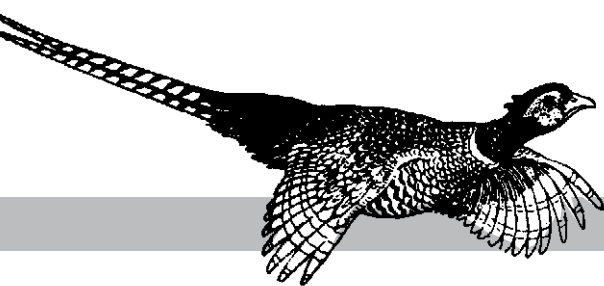
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## Don't get me started

By: Michael Carnes  
Managing Editor

## Giving out kudos

I'm sure many of you have grown comfortable with this column being a source of inspiration for rants and ramblings about the idiots, dolts and dirtbags who are "representing" us in Washington.

We're going to turn things around one time this week, and instead offer some kudos, congrats and shout-outs to some of the more productive, intelligent and actual "representatives" of the American ideal.

Call the kids, wake the neighbors and put the cat out . . . here we go:

— There were a number of people from Wayne County, including members of the Northeast chapter of the Red Cross, who have been lending a hand in recent days to help with cleanup of recent flooding that has hit parts of Northeast Nebraska very hard. Norfolk, especially, was affected by flooding along the Elkhorn River, which collapsed the city's only railroad connection and turned the southern part of town into an ugly, muddy mess.

A lot of time and effort goes into volunteering for such duty, and I want to give kudos to the men and women from this area who went

above and beyond to help out our neighbors in their time of need.

— Speaking of above and beyond, here's a little applause to the county road workers who, once again, were called upon to clean up our roads in the aftermath of Mother Nature's latest temper tantrum.

Obviously, dumping gravel, clearing downed tree branches and moving mud is a lot less work than plowing through 20-foot high snow drifts with 100-foot visibility at 3 a.m., but without that extra effort it would make it tough on those in the rural parts of the county to get where they need to go.

— The heavy lifting is now underway up the street at the Wayne County Courthouse, as the Veterans' Memorial is starting to take shape.

A lot of time and effort has gone into making this memorial happen, and I'd like to give two thumbs up to those here in the area who have made this dream a reality, from the people who have worked on the project to those who have gone out of their way to promote and solicit donations for the memorial, which will be dedicated Sunday, July 11.

## Motivation comes from Shrine Golf outing

The Cornhusker Shriners Club hosted their annual fund-raiser last Saturday with a 4-person golf scramble. Now, having played in two Shriners golf fund-raisers in two weeks, I almost feel as if I'm on the Tour...amateur tour of course. Nothing brings you back to reality quite like your first solid shank.

At any rate, I wanted to thank everyone that took part in this fund-raiser as it absolutely goes to a wonderful cause . . . kids.

Russ Urbanec, Melissa Urbanec and Derek Hill were on the team that got to bear witness to many of my trick golf shots, at least that's the story I'm going with. Like a great magician, I refuse to tell these folks what makes my golf ball go straight right when my club goes straight.

The other foursome that played along side of our team included the likes of Donovan Doescher, Mike Grosz, Marty Marx and Cindy Marx. It was a little unfair because they had a good luck charm in the form of Cole Marx, the 13-year-old son of Cindy. In fact, that team managed to cash in by placing second in the second flight.

You know, a lot of folks that I know have gotten immersed in the P90X form of losing weight and getting into shape. I must admit the Peterson home does possess this magical DVD set. My guess in my case is that you must have to

do something besides just stare at these DVD's.

Case in point, Cole Marx, the above-mentioned son of Cindy Marx has lost 30 pounds over the past several months and when I asked mom the secret, P90X. Impressive. I think I might have figured out the ultimate secret to all of this

— motivation.

Having a wife that's a registered nurse who works in intensive care, I've often been reminded about where people can end up making bad food choices constantly. That's also when I get the "if it tastes good, spit it out" routine. All of this is great motivation. If that's not enough, attending the Get Motivated Seminar at the

Qwest Center in Omaha the other day should be the icing on the cake.

An impressive number of well-known speakers hit the stage to motivate the attendees on business practices and more importantly, personal well-being and growth. Bo Pelini, Zig Ziglar, Sarah Palin, Tamara Lowe were just a few of the folks that pushed for people to find that motivational DNA inside all of us.

I've never been more motivated to find a way to get rid of the shanks on the golf course. I'm still working on the other motivation to shed some pounds . . . I guess it's one step at a time.

## Capitol View Nebraska flying off to the Big 10

By ED HOWARD  
Statehouse Correspondent  
The Nebraska Press Association

LINCOLN — Here we go, flying off to the Big Ten.

It's going to sound pretty bad for any school that's in last place, in anything, within that outfit.

"Where do they rank in the Big 10?"

"Twelfth. But last year they were eleventh!"

There is much talk of the prestige of the Big 10 in academics, especially in research. Being part of the conference could help Nebraska enhance its status in both areas.

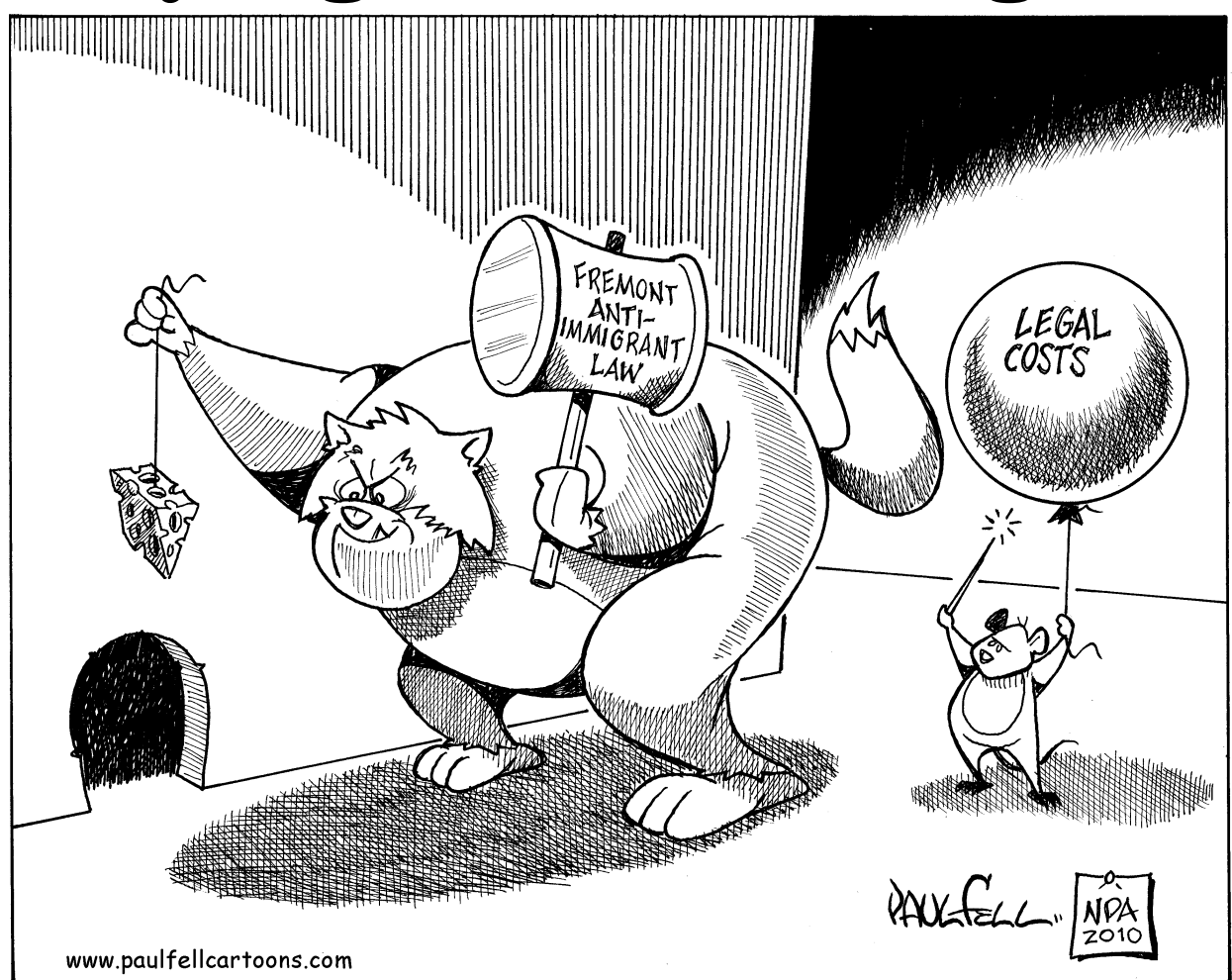
However, a couple of questions come to mind. What with the Legislature facing a gargantuan revenue shortfall, Gov. Dave Heineman might well propose a budget that would further, and greatly, reduce state funding for the university in many areas. How might that look for a school that hopes to entice more and better students, and professors, at all levels?

The bulk of research money comes from government and private grants, and NU has also benefited from the generosity of wealthy Nebraska patrons. But those kinds of dollars don't keep things going day-to-day.

One longtime NU observer wryly observed: "If it gets too bad they can shut off some of the indoor plumbing, and tell the new kids that out-houses will be part of our unique Back to the Prairie Experience, reinvigorating the history of the Great Plains."

The budget crunch won't be that bad; but have no doubt that it could be very, very ugly.

On June 11 the NU Board of Regents approved a 6 percent increase in tuition for 2010-2011. The new budget contained no dollars for increases in pay for faculty and staff. Scheduled raises at the Omaha and Kearney campuses, gained through union negotiations,



will have to be carved from existing funds at those schools. The new budget reflects spending reductions mandated by Gov. Dave Heineman and the Legislature.

While most bemoan the ever-increasing costs of higher education, NU supporters note that in the current economy many public universities around the country, already more expensive than NU, are raising tuition by double digit percentages.

### A View From the East

The Capital Times newspaper in Madison, Wisconsin, had this to report on Nebraska academics:

"The U.S. News & World Report's college rankings for 2010 . . . put Nebraska at No. 96, substantially below UW-Madison, which tied for 39th, and below all of the other

conference schools as well.

"One big point in Nebraska's favor: It's a member of the prestigious Association of American Universities, a group of 61 U.S. and two Canadian research institutions — No other sports league can boast of 100 percent membership in this group."

### Just Good Stuff

Sometimes we come across something from a fellow scribbler that seems a tad original in the cliché-ridden world of reporting on politics and public people.

Christopher Hitchens had this to say concerning England's Prince Charles, a speech given by HRH recently:

"A hereditary head of state, as Thomas Paine so crisply phrased it, is as absurd a proposition as a

hereditary physician or a hereditary astronomer. To this innate absurdity, Prince Charles manages to bring fatuities that are entirely his own . . . And, as he paged his way through his dreary wad of babble . . .

Having haunted this racket for more than four decades, I don't want to contemplate the time spent listening to one speech and another which were worthy of being dubbed a "dreary wad of babble." There were speeches which cried out to be christened a "dreary wad of babble," bloviations which should have actually been introduced as a "dreary wad of babble," and some, honestly, for which a "dreary wad of babble" would have been too kind.

A tip of the hat to Mr. Hitchens.

## NEMA works in times of emergencies

### Dear Fellow Nebraskans:

Over the last year, I have shared columns with you about the work of state agencies. This is the twelfth column in the "Get to Know" sequence. This week's article is about an agency that is essential in our response to challenges we face in emergency scenarios.

It is fitting that we are highlighting NEMA this week, given the extensive work they and other key state agencies are now engaged in with the storms and flooding that have hit Nebraska, starting the first week of June. However, the work of the Nebraska Emergency Management Agency (NEMA) begins long before a disaster or emergency strikes.

While you may know that the employees at NEMA leads the state's emergency response and recovery during and following a disaster, they also work to prepare for disasters and to mitigate and reduce the effects of disasters in the state. NEMA is charged with the task of reducing the vulnerabilities of people and communities throughout Nebraska from damage, injury, loss of life and property as a result of natural, technological or man-made disasters.

NEMA is housed under the Nebraska Military Department and is structured into four performance areas: administration, response and recovery, preparedness



and radiological emergency preparedness. In his role as Adjutant General, Brigadier General Judd Lyons is the director of the agency. The day-to-day operations are administered by agency Assistant Director Al Berndt.

In addition to leading the state emergency management program, NEMA supports Lt. Gov. Rick Sheehy in his role as Nebraska's homeland security director. NEMA is the appointed State Administrative Agency for the state's homeland security program and point of contact for the federal integration of emergency management and homeland security programs for the state with the Department of

Homeland Security.

Through a duty-officer system, staff members of NEMA monitor the state should severe weather or emergencies threaten the state. During times of emergency, the agency is staffed by a duty officer to monitor the situation and coordinate the initial state response.

During 2009, NEMA worked to earn full accreditation from the Emergency Management Accreditation Program (EMAP) on behalf of the entire State of Nebraska and all of the agencies and individuals who are part of our response team. The accreditation is a public validation of the state's preparedness efforts and represents a significant honor for the state. Achieving accreditation is proof of the capability that exists among our state and local first responders and emergency management personnel. It shows that Nebraska has an effective system in place to respond to emergencies.

NEMA maintains a robust planning, training and exercise program including an annual state-level exercise, entitled TERREX, which tests the readiness of local county and state agencies and their ability to work together in a large-scale event. NEMA's Radiological Division is responsible for the offsite planning for the state's two nuclear power plants, maintaining plans and regularly conducting exercises in preparation for a radiological emergency. The Preparedness Division supports an active planning section that maintains both the State Emergency

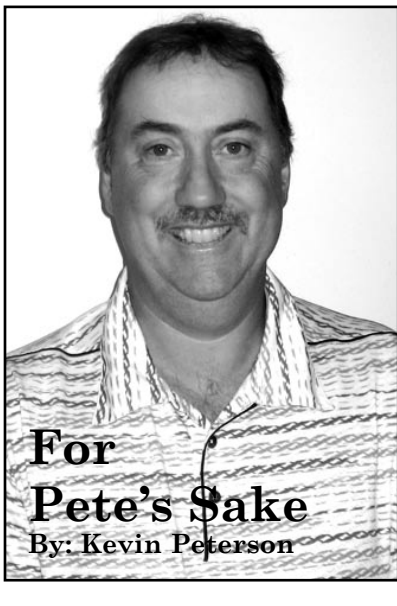
Operations Plan as well as Local Emergency Operations Plans in all of Nebraska's 93 counties.

The agency's Response and Recovery Division works with local jurisdictions affected by weather or other disasters to gather damage and needs assessments. This Division is responsible for integrating into the Federal Emergency Management Agency's (FEMA) public assistance, individual assistance and hazard mitigation programs.

Currently the department is working on three disaster declarations due to damage from storms in the spring and summer of 2009, ice and snow damage from storms this past winter and nine disaster declarations from previous years.

NEMA relies extensively on the full-time and part-time emergency management representatives in Nebraska's 93 counties to carry out programs at the local level. Our partnership with local directors forms the backbone of the state program. It is one of the key reasons Nebraskans have been able to effectively respond in times of emergency. NEMA is staffed with 37 full-time employees, program contractual staff from the University of Nebraska and 3 temporary employees.

You can rest assured that NEMA is constantly working hard to improve safety even before a disaster or emergency strikes. I appreciate the work of these dedicated individuals both during the current flooding and storms and year round.



For  
**Pete's Sake**  
By: Kevin Peterson

Qwest Center in Omaha the other day should be the icing on the cake.

An impressive number of well-known speakers hit the stage to motivate the attendees on business practices and more importantly, personal well-being and growth.

Bo Pelini, Zig Ziglar, Sarah Palin, Tamara Lowe were just a few of the folks that pushed for people to find that motivational DNA inside all of us.

I've never been more motivated to find a way to get rid of the shanks on the golf course. I'm still working on the other motivation to shed some pounds . . . I guess it's one step at a time.

## Got News?

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## Wayne City Council Members

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Doug Sturm — 375-2975  
Jim Van Delden — 833-5531

Second Ward  
Kathy Berry — 375-3066  
Dale Alexander — 375-4207

Third Ward  
Brian Frevert — 375-1450  
Kaki Ley — 375-2017

Fourth Ward  
Jon Haase — 375-3811  
Ken Chamberlain — 375-1699

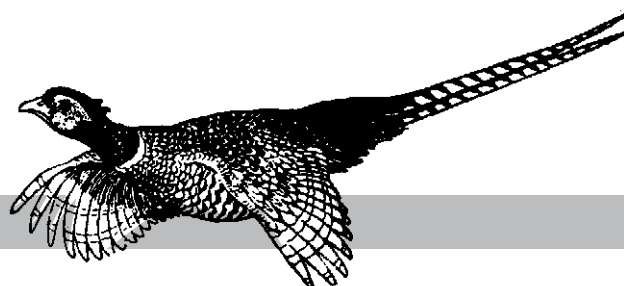
Mayor  
Lois Shelton —  
375-1278 or 375-1733

The Wayne City Council meets the first and third Tuesdays of the month. Meeting times are at 5:30 p.m. at the City Council chambers, located in the Wayne City Offices at 306 N. Pearl St.



# Court News

The Wayne Herald



## County Court Proceedings Judge Ross A. Stoffer presiding

On June 7 the Wayne County Court heard 46 cases, including one continuance, 16 arraignments, five felony hearings, two pre-trials, four sentencing, four small claims trials, 10 civil hearings, three juvenile hearings and one other hearing. Between May 28 and June 11, there were a total of 27 new cases filed and nine traffic tickets. In addition there were 28 judgmental orders.



### Criminal dispositions

St. of Neb., pltf., vs. Enrique Ramirez-Morales, Norfolk, def. Complaint for Driving While Under the Influence of Alcoholic Liquor (count I), Driving Without License (Count II) and Open Alcoholic Beverage Container (Count III). Fined \$500 and costs and sentenced to 30 days in jail.

St. of Neb., pltf., vs. Nelson L. Leacraft, Sioux Falls, S.D., def. Complaint for Theft by Shoplifting (Count I) and Minor in Possession or Consumption (Count II). Fined \$500 and costs.

St. of Neb., pltf., vs. Michael M. Morris, Norfolk, def. Complaint for Driving While Under the Influence of Alcoholic Liquor. Fined \$400 and costs, sentenced to 12 months probation, ordered to complete alcohol education class, defensive driving class and MADD Victim Impact Panel.

St. of Neb., pltf., vs. Joseph M. Whitt, Wayne, Complaint for Minor in Possession or Consumption. Fined \$500 and costs.

St. of Neb., pltf., vs. Corey M. Calhoun, Wakefield, def. Complaint for Driving While Under the Influence of Alcoholic Liquor. Fined \$400 and costs, sentenced to nine months probation, ordered to attend AA meetings, alcohol education class, defensive driving course and MADD Victim Impact Panel.

St. of Neb., pltf., vs. Elyse K. Staley, Austin, Minn. def. Complaint for Driving While Under the Influence of Alcoholic Liquor (aggravated first offense). Fined

\$500 and costs, sentenced to one year probation, ordered to attend AA meetings, alcohol education classes, perform 120 hours of community service and attend defensive driving course and MADD Victim Impact Panel.

St. of Neb., pltf., vs. Charity R. Lenhoff, Omaha, def. Complaint for Possession of Marijuana, one ounce or less (Count I) and Possession of Drug Paraphernalia (Count II). Fined \$400 and costs.

St. of Neb., pltf., vs. Timothy A. Lesso, St. Paul, Minn., def. Complaint for Possession of Marijuana, one ounce or less. Fined \$300 and costs.

St. of Neb., pltf., vs. Taylor A. Nelson, Wayne, def. Complaint for Possession of Marijuana, one ounce or less. Fined \$300 and costs.

St. of Neb., pltf., vs. Tyler J. Schaefer, Wayne, def. Complaint for Possession of Alcoholic Liquor by a Minor (Count I). Sentenced to seven days in jail and ordered to pay costs.

St. of Neb., City of Wayne, pltf., vs. Riley D. Lowe, Newcastle, def. Complaint for Public Urination. Fined \$100 and costs.

St. of Neb., pltf., vs. Gabriella Friis-Hansen, Oakland, def. Complaint for Minor in Possession or Consumption. Fined \$500 and costs.

### Small Claims Proceedings

Kevin Kay on behalf of Kay Co., pltf. vs. Brad Roberts, Carroll, def. \$2,017.50. Judgment for the pltf. for \$2,017.50 and costs.

Rainbow World Childcare & Preschool, pltf., vs. Jennifer Ware and John Hoferer, Wayne, def. \$512.63. Judgment for the pltf. for \$512.63 and costs.

Langemeier Rentals, pltf., vs. Cornelio and Gloria Vergra, Wayne, def. \$699.29. Judgment for the pltf. for \$699.20 and costs.

### Civil Proceedings

Credit Bureau Services, Inc., pltf., vs. Nicholas VanHorn and Rebecca VanHorn, Wayne, def. \$1,766.24. Judgment for the pltf. for \$1,766.24 and costs.

Credit Management Services, Inc., pltf., vs. Kenyon Brittain, Wakefield, def. \$184.08. Judgment for the pltf. for \$184.08 and costs.

North Star Capital Acquisition, LLC, pltf., vs. Kathryn E. Milligan, Wayne, def. \$1,093.29. Judgment for the pltf. for \$892.10 and costs.

Capital One Bank (USA), N.A., pltf., vs. Stephanie K. Rosner, Wayne, def. \$955.63. Judgment for the pltf. for \$785.21 and costs.

### Traffic violations

Georgina Castaneda, Wayne, no oper. lic., \$98; Vicky Tullberg, Emerson, spd., \$73; Mark Buckingham, Norfolk, spd., \$123; Ramiro De La Cruz, Norfolk, no oper. lic., \$73; Bryant Beach, South Sioux City, stop sign and no oper. lic., \$98; Randy Siebrandt, Hartington, spd., \$173; Kirk Carpenter, Columbus, traffic signal, \$98.

Bryant Beach, Sioux City, no oper. lic., \$98; Steven Choat, St. Edward, spd., \$123; Javier Zavala, Wayne, stop sign, \$123; Bryon Casper, Winside, expired registration, \$73; Christina Cutts, Norfolk, spd., \$123; Heath Dewald, Carroll, spd., \$73; William Roenfeldt, Norfolk, spd., \$73; Richard Nolan, Norfolk, spd., \$73.

Brenda Davalos-Garcia, Wayne, no oper. lic., \$123; Tyler Johnson, Norfolk, spd., \$73; Terry Cantrell, Dakota City, spd., \$73; Dirk Ehlers, Smithfield, spd., \$123; Mitchell J. Todd, Wayne, dog at large, \$58; Cynthia Von Fange, Wayne, spd., \$173; Bobbi Coleman, Phoenix, Ariz., spd., \$123; Collin Kroeger, Schuyler, spd., \$248.

Danielle Keifer, Sioux City, Iowa, no valid reg. and no seat belts, \$98; Jesse Fousek, Central City, spd., \$123; Amy Hoffman, Yankton, S.D., spd., \$73; Brady Marksmeier, Norfolk, spd., \$173; Shelly Hajek, Lynch, spd., \$123; Sara Vandenberg, Brainard, spd., \$73; Chad Janke, Wayne, spd., \$73; Jay Matz, Omaha, spd., \$123.



### Property Transfers

May 3: Ardath Otte to Terry L. Schulz. Part of Lot 1, 2 and 3, Block 24, original town of Wayne. \$168.75.

May 3: Gerald R. Otte and Marilyn A. Otte to Douglas P. Nelson. Part of the SE 1/4 of the SE 1/4 of Section 14, Township 27, Range 3.

May 3: Richard Wayne Milligan and Cindy Milligan to Douglas P. Nelson. The N 1/2 of the NE 1/4 of Section 14, Township 27, Range 3. \$562.50.

May 3: ECE Enterprises, LLC. to Lois A. Fleer. The NE 1/4 of Section 28, Township 26, Range 1.

May 4: Lori E. Brown to Robert E. Gnirk, Rodney D. Gnirk and Reginald N. Gnirk. The W 1/2 of the SW 1/4 of Section 35, Township 25, Range 1. Exempt.

May 7: Larry W. Coffey and Constance F. Coffey to Casey's Retail Company. Lot 9 and 10, Block 2, East Addition of Wayne. \$1,109.25.

May 10: Lori E. Brown to Robert E. Gnirk, Rodney D. Gnirk and Reginald N. Gnirk. The W 1/2 of the SW 1/4 of Section 35, Township 25, Range 1. \$92.25.

May 10: Bear-Vine Development Corporation to Larry Mitchell and Betty Mitchell. Lot 2, Block 5, Vintage Hill Third Addition of Wayne. \$56.25.

May 10: Robert W. Koll Living Trust, Robert W. Koll, Trustee to Robert W. Koll. The SE 1/4 of Section 8, Township 25, Range 2. Exempt.

May 10: Robert W. Koll and Jacqueline J. Koll to Robert W. Koll Living Trust, Robert W. Koll Trustee and Jacqueline J. Koll Trustee. The SE 1/4 of Section 8, Township 25, Range 2. Exempt.

May 12: Douglas G. Jenkins and Jana M. Jenkins to Shawn D. Jenkins and Jaci M. Jenkins. Part

of the N 1/2 of the SW 1/4 of Section 2, Township 26, Range 1; part of the W 1/2 of the NW 1/4 of Section 2, Township 26, Range 1 and the E 1/2 of the NW 1/4 of Section 2, Township 26, Range 1. Exempt.

May 14: Norman H. Raabe and Betty J. Raabe to Norman H. Raabe Living Trust, Norman H. Raabe Trustee and Betty J. Raabe Trustee. The E 1/2 of the NW 1/4 of Section 2, Township 26, Range 1. Exempt.

May 14: Gretta A. Grubbs to Michelle L. Carlson. Lot 6 and 7, Block 1, Original town of Winside. \$135.

May 14: Carter a. Peterson, Nana M. Peterson, Larry L. Brodersen and Martha Brodersen to Duane Broeker, Bonnie Broeker and Nathan Broeker. Part of lots 10, 11 and 12, Block 18, College Hill First Addition of Wayne. \$108.

May 14: Maxine M. Robins to Harold Poland and Lynn Poland. Lot 3 and part of Lot 2, Block 3, East Addition of Wayne. \$135.

May 17: Guy J. Horn and Sara A. Horn to Jeremy A. Wynia and Katie Wynia. Lot 12, Block 4, North Addition of Wayne.

May 17: Roberta Rae Blatter, Co-Trustee, Mary Ellen Garcia, Co-Trustee and Elizabeth Lorinda Finn, Living Trust to Daniel L. Hansen and Bonnie K. Hansen. The SW 1/4 and the SE 1/4 of Section 18, Township 27, Range 3. \$3,456.

May 17: Roberta Rae Blatter and Lyle A. Blatter to Daniel L. Hansen and Bonnie K. Hansen. The SW 1/4 and the SE 1/4 of Section 18, Township 27, Range 3. Exempt.

May 17: Mary Ellen Garcia and Robert P. Garcia to Daniel L. Hansen and Bonnie K. Hansen. The SW 1/4 and the SE 1/4 of Section 18, Township 27, Range 3. Exempt.

May 19: Kenneth F. Beckman, Co-Trustee, Martha E. Beckman Co-Trustee of the Kenneth and Martha Beckman Trust to Gary L. Pick and Victoria C. Pick. Part of the NW 1/4 and part of the N 1/2 of the SW 1/4 of Section 6, Township 26, Range 4. \$418.50.

May 19: Dale F. Krueger and Lois V. Krueger to Dale F. Krueger and Lois V. Krueger. Lot 1, Vintage Hill Administrative Subdivision L1 B1 Second Addition and part of L2, 3, 4 B1 Administrative Subdivision of Wayne. Exempt.

May 21: Linda M. Raveling to R&D Hawley Trust, Richard L. Hawley Trustee and Donna M. Hawley Trustee. Lot 14 Tara Ridge Addition of Wayne. \$391.50.

May 24: Erika Knapstein Trustee to Wells Fargo Financial Nebraska, Inc. Lot 7 Westview Terrace Addition of Wayne. Exempt.

May 25: William H. Birkel, Mary Ann Birkel, Max Birkel and Susan Birkel to Dennis Koepke. Part of the SW 1/4 of Section 6, Township 25, Range 1. \$193.50.

May 26: Evelyn L. Johnson to Evelyn L. Irrevocable Trust, Donna L. Smith Trustee and Val D. Johnson Trustee. Lot 7, block 1, School Second Addition of Wakefield; the W 1/2 of the SW 1/4 of Section 11, Township 25, Range 3; the E 1/2 of the NE 1/4 of Section 28, Township 26, Range 5 and part of the SE 1/4 of the NE 1/4 of Section 5, Township 26, Range 5. Exempt.

May 26: Ladean R. Jenkins to Dean R. Jenkins Trust, Dean R. Jenkins Trustee and Sylvia L. Jenkins Trustee. Part of the E 1/2 of the SW 1/4 and the W 1/2 of the SW 1/4 of Section 12, Township 26, Range 1. Exempt.

May 26: Harlan J. Brugger and Carol M. Brugger to Melissa A. Davis and Andrew L. Davis Lot 1 and 2, Block 2, Bressler

& Pattersons First Addition of Winside. \$168.75.

May 26: Dustin Berrie and Toni Berrie to Nathan Mueller and Kelli Mueller. Part of Lot 8, 9 and 10, Block 1, East Addition of Wayne. \$72.

May 27: Frank W. Cummings III and Sarah Glade to Travvis M. Walker and Jessica L. Walker.

Lot 11 and 12 and part of Lot 10, Block 7, Original town of Hoskins. \$267.75.

May 28: Lois M (Strate) Maas and Raymond L. Maas to Sharon Fiddes and Marilyn Strate. Lot 4 and part of Lot 5, Kollath & Langenbergs Addition of Hoskins. Exempt.



Local students participating in the Masonic All-State Band included, left to right, Mason Wren, Jason Trautman, Alyssa Anson and Laurel Olson.

## Local high school musicians participate in 16th annual Masonic All-Star Marching Band

Four area high school students were among 250 high school students from across Nebraska who participated in the 16th Annual Masonic All-Star Marching Band, which performed June 19 during Shrine Bowl festivities in Lincoln.

Participating were: from Wayne High School, Mason Wren, son of Kari and Jon Wren of Wayne; and Jason Trautman, son of Lisa Trautman of Wayne; and from Winside Public High School, Laurel Olson, daughter of Wendi and Jason Dwinell of Winside; and Alyssa Anson, daughter of Michelle and Corey Anson of Winside.

The band members devoted four days of intense practice, starting June 15, to learn the music, marching steps and field formations. The band led the Shrine Bowl Parade down Lincoln's Havelock Avenue on Saturday morning. It also performed at half-time of the 52nd Annual Shrine Bowl football game in Memorial Stadium on Tom Osborne Field, at the University of Nebraska—Lincoln.

The band members were hosted by the Masons of Nebraska, and were directed by Brad Weber, Dan Sodomka and Dave Bohnert, band directors from Wayne High School, Aurora High School, and Wayne State, respectively.

Wren received a scholarship from Osceola Masonic Lodge No. 65; Trautman and Anson each received a scholarship from Wayne Masonic Lodge No. 120; and Olson received a scholarship from Wisner Masonic Lodge No. 114. The scholarships covered the costs of the camp.

"We demanded a lot of the students during the past week," Weber said. "They responded professionally and worked very hard. That was evident by the high-quality shows they performed Saturday (June 19).

## Students at The University of South Dakota honored for academic success

Students receiving academic honors for the 2010 Spring Semester have been recognized at The University of South Dakota.

Among those receiving recognition were Justine Carroll, Staci E Daum and Erin M Zink, all of Wayne.

More than 1,700 students were honored for their academic achievements this spring with 1,424 students named to the Dean's List and 324 part-time students cited with Academic Recognition honors.

There's no doubt these young musicians are among the best in the state."

Coupled with hard work, the members also participated in a pool party, bowling, and a dance. Many are looking forward to the opportunity to use the instruction provided by the band directors when they return to their respective high school bands.

"During the past week, the students had a lot of fun mixed with the hard work of preparing for the Shrine Bowl performances," said John Parsons, Grand Master of Nebraska Masons. "No one, however, lost sight of the main reason for the long hours and hard work. Patients at the Shriners Hospitals for Children will benefit the most from the band's efforts this past week. We sincerely appreciate their contribution to raise awareness and funds to enable the Shriners to help even more children."

Masonic lodges across Nebraska support local youth and community projects and humanitarian efforts including a statewide blood drive, child identification program and scholarships, Parsons said. At the statewide level, the Grand Lodge helps to maintain two homes: The Nebraska Masonic Home at Plattsmouth for Masons and their female relatives, and the Masonic-Eastern Star Home for Children in Fremont. The combined philanthropic efforts of Masonic-related organizations amount to more than \$2 million a day.

Freemasonry is the oldest and largest fraternal organization in the world and is based on the lessons of living a life of brotherhood and high moral standards as portrayed symbolically in the work of stone masons who built the cathedrals, abbeys and castles of Europe.

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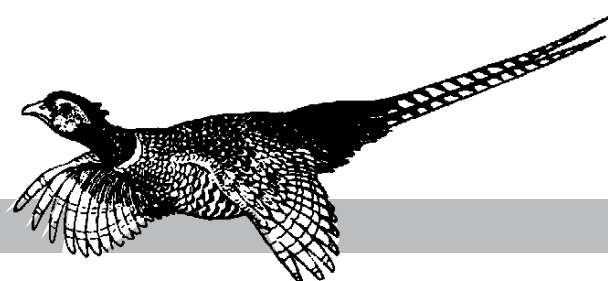
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# Lifestyle

The Wayne Herald



## Keep medicines locked up

The center of Disease Control announced that the 2009 National Risk Behavior Survey found 1 in 5 high school students in the United States have taken a prescription drug without a doctor's prescription. Drugs that have been taken include Adderall, OxyContin, Percocet, Ritalin, Vicodin and Xanax. If the drug is no longer in use, there are proper ways to dispose of prescription drugs. Do not flush

**Amy Topp**  
Extension Educator  
4-H & Youth



unused medication and do not pour it down the sink or drain.

1. Place medications in Ziploc/baggie, and then add water, sand,

dirt or coffee grounds and seal the bag shut.

2. Place all medications in an outer container, such as sealable bag, box or plastic tub to prevent discovery and removal from the trash. Seal the container with strong tape.

3. Dispose of drugs as close to your trash collection day as possible to avoid misuse and/or misdirection.

4. Do not conceal discarded drugs in food to prevent consumption by scavenging humans, pets or wildlife.

Be sure to handle all medications carefully. Some drugs can cause harm if handled by people other than those to whom they are prescribed. Avoid crushing pills and other medications as some may be harmful in powder form. More information can be found on at [www.smarxtdisposal.net](http://www.smarxtdisposal.net) or [www.nebraskameds.org](http://www.nebraskameds.org).

If medicine is still in use be sure to keep out of reach of young people. You can pick-up a free Lock-Med box at the Wayne County Fair July 29 - Aug. 1 in the Commercial Building. For questions contact Kathy at (402) 375-7321.

This program is sponsored by the TRUST (Toward Responsible Use of Substances Today) Coalition ([http://www.wsc.edu/counseling/center/related\\_services/trust\\_coalition/](http://www.wsc.edu/counseling/center/related_services/trust_coalition/)). Funding for this program is provided via a Prevention Mini Grant from Region 4 Behavior Health System. Help keep medicine out of reach of young people by disposing of properly or picking up a Lock-Med Box during the Wayne County Fair.

**JULY CALENDAR**  
July 1: Modeling Clinic.  
July 5: Independence Day Observed—Extension Office Closed.

**Card Shower**  
55th Anniversary  
Don & Margaret Kay  
June 26, 2010



Send cards to:  
709 W. 1st St.  
Wayne, Ne 68787  
*Requested by family*

### Briefly Speaking

#### Summer Bridge played at Senior Center

AREA — Summer Bridge was played at the Wayne Senior Center on Tuesday, June 22 with 16 people attending. Bridge was played at four tables.

Hostesses were Margaret Kenny and Pat Roberts. Hostesses next week will be Dorothy Aurich and Fauneil Bennett. For reservations, call 375-5675 or 375-3542.

## VFW Auxiliary gathers in Wayne

The Llewellyn B. Whitmore Post #5291 Ladies Auxiliary met June 8 at the Sunnyview Community Room.

President Glennadine Barker called the meeting to order. It was a regular meeting.

Minutes were approved as read. The treasurer's report was read and approved. Excerpts from "The Bear Facts" included Dept. President Sharon Lang stating that the National Convention will be held Aug. 21-26 in Indianapolis, Ind.

There will not be a July School of Instruction. The 2010 program books will be distributed at the June Convention.

Membership dues of \$15 are due July 1. They may be mailed to Eveline Thompson, P.O. Box 22, Wayne, Neb. 68787.

The Western National Memorial

Cemetery will have its dedication on Friday, Aug. 13 in Alliance.

Ladies Auxiliary VFW Department of Nebraska held its State Convention June 3-6 at the Howard Johnson Motel in Grand Island. The meeting was held Friday-Sunday. The guest speaker was Ann Panteleakos of the National Guard. Friday evening there was a joint memorial service. The Gold Star and Membership luncheon was held Saturday. There were five Gold Star members in attendance. Eveline Thompson is a Gold Star member. Each of the Gold Star members received a gift. Eveline also received a Certificate of Merit in recognition of 65 years of membership. She received a plant from the Department President.

In the afternoon, the auxiliary honored those who were survivors of cancer.

Memorial Day was held Monday, May 31. Those who helped were Glennadine Barker, Darlene Elaine Draghu and Eveline Thompson. Guest speaker was Ron Haase.

Closing ceremonies were conducted in accordance to ritual. Chaplain Verna Mae Baier gave the closing prayer.

The next meeting will be Monday, July 12 at the Sunnyview Community Room at 2 p.m. with everyone asked to bring a salad for lunch.

Glennadine Barker served lunch following the meeting.

## Legion auxiliary meets

Irwin L. Sears Auxiliary #43 met June 8 at the Eveline Thompson residence.

The meeting was opened by Senior Vice President Beverly Etter with colors in place. The POW/MIA flag was placed on the empty chair for missing veterans. A prayer was recited.

This was a regular meeting with election of officers. The opening prayer was given by Jewell Cavner, which was followed by the Pledge of Allegiance to the Flag. The auxiliary citation Preamble to the Constitution of the American Legion Auxiliary was recited.

A letter was read from the Department President Carol Ulrich noted that the 90th annual Department Convention will be held in Columbus June 25-27 at the New World Inn and Conference Center.

Membership dues are due the first of July for the 2010-2011 year. Senior membership dues are \$20. This was an increase of \$2. Dues for next year should be sent to Membership Chairman Eveline Thompson.

The auxiliary received thank you cards for memorial gifts that were sent, including Mabel Haberer, Cliff Pinkelman, Jean Andersen and Kurt Otte families.

Memorial Day was held Monday, May 31. Those who helped were Beverly Etter and Eveline Thompson. Guest speaker was Ron Haase.

The next item of business was election of officers for the 2010-2011

year. They will be installed at the next meeting, which is Tuesday, July 13.

The closing prayer was given by Jewell Cavner. The group then had the Little Red School March for the Scholarship fund.

Senior Vice President Beverly Etter closed the meeting to re-open Tuesday, July 13 at 1:30 p.m. at the Eveline Thompson residence.

## Senior Center Calendar

(Week of June 28 — July 2)

**Monday, June 28:** Morning walking; Quilting and cards; Pool, 9 a.m. and 1 p.m.; "The Majestic - Past, Present and Future," with Stephanie Liska and Reggie Yates, 12:45 p.m.

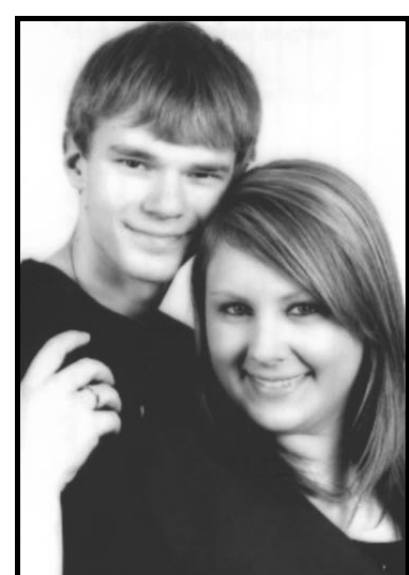
**Tuesday, June 29:** Morning walking; Quilting and cards; Afternoon Bridge Club; Cyril Hansen on the organ.

**Wednesday, June 30:** Morning walking; Quilting and cards; Pool, 9 a.m. and 1 p.m.; "Patio & Herb Gardening" by Rosie Frye, Master Gardener, 12:45 p.m.

**Thursday, July 1:** Morning walking; Quilting and cards; Pitch party, 1 p.m.; Afternoon Bridge Club. Meal increase of 10 cents.

**Friday, July 2:** Morning Walking; Quilting and cards; Pool, 9 a.m. and 1 p.m.; Fuoss' Patriotic Music, 11 a.m.; Fourth of July Meal, noon; "Independence Day," 12:45 p.m.; Bingo, 1:15.

## Engagements



### Kudrna — Moeller

Ashley Ann Kudrna and Justin Moeller, both of Norfolk, are planning a July 17, 2010 wedding in Wisner.

The bride-to-be is the daughter of Scott and Marci Kudrna of Wayne. She is a 2008 graduate of Wayne High School. She attended Northeast Community College in Norfolk and is currently employed at Wal-Mart in Norfolk.

Ashley's grandparents include Owen and Carol Hansen of Lincoln and Charles and Marge Kudrna of Wayne.

Her fiance is the son of Donna Hunke of Wisner and Jeff Moeller of Omaha. He is a 2008 graduate of Wisner-Pilger High School and attended Northeast Community College. He is currently employed at Wal-Mart in Norfolk.

Justin is the grandson of Fern Moeller of Wisner.

The couple plan to move to Omaha following the wedding.

### Pie Social

Careage of Wayne will be hosting a community pie social every Tuesday at 3:00 PM. The social is free to the community and will be held in the assisted living dining room. Please come and visit with our residents and enjoy free coffee & pie!

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### Benefit for Teri McLagan Pancake Breakfast & Silent Auction

**Sunday, June 27**  
**Wayne City Auditorium**  
**9am-1pm**

Proceeds will go towards helping the McLagan family with medical costs accrued during her longtime battle with breast cancer. Free will donation at the door. Donations may also be made to a benefit account set up at First National Bank of Wayne.

If interested in donating items for the silent auction, Call **Melissa Hammer at (402) 369-0492 or Derek Hill at (402) 369-0252**

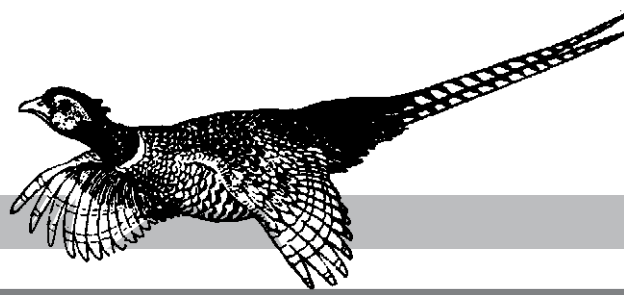
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The Wayne  
**Herald**



## Church Services

### Wayne

**CALVARY BIBLE EVANGELICAL FREE**  
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website: www.cbefc.org  
email: calvarybible@gmail.com  
(Tim Pearson, Senior Pastor)  
(Rick Bartek, Youth Pastor)  
(Jason Gangwish - College and Career)  
Sunday: Prayer meeting, 9 a.m.; Church School, 9:30; Worship service, 10:30.

**FAITH BAPTIST**  
Independent - Fundamental  
208 E. Fourth St. -  
375-3413  
(Pastor Jim Scallions)  
Sunday: Sunday school, 10 a.m.;  
Worship, 11; Evening worship, 7:30

p.m. Wednesday: Bible Study and prayer, 7:30 p.m.

**FIRST BAPTIST**  
400 Main St.  
375-3608  
(Douglas Shelton, pastor)  
Sunday: Sunday School, Adult and children's classes, 9:15 a.m.; Prayer and Fellowship, 10:15; Worship, 10:30. Wednesday: Bible study, 7 p.m.

**FIRST PRESBYTERIAN**  
216 West 3rd St.  
375-2669  
(Rev. Ray McCalla, pastor)  
www.fpewayne.org  
Sunday: Make A Difference Sunday. Pancake Feed and Silent Auction Benefit for Teri McLagan (City Auditorium); Worship with

Will Perrigan, director of Norfolk Rescue Mission, 10 a.m.; Work groups will divide up for weeding flower beds, WSC Prairie work, highway clean-up, little kids activities and lunch program, 10:30; Potluck lunch in Fellowship Hall, noon.

**FIRST TRINITY LUTHERAN**  
Altona, LC-MS  
57741 847th Road, Wayne  
Altona Office (402) 375-2165  
(Rev. David Ohlman, Pastor)  
Pilger Office (402) 396-3478  
Mobile (260) 402-0035  
Sunday: Sunday School and Adult Bible Study, 8:30 a.m.; Divine Worship, 9:30.

**FIRST UNITED METHODIST**  
6th & Main St.  
(Rev. Doyle Burbank-Williams, pastor)  
Sunday: Worship service, 8 a.m.; Fellowship time following service; Worship service with fellowship time before the service, 10:30; Newsletters available to pick up.

**GRACE LUTHERAN**  
Missouri Synod  
904 Logan  
grace@gracewayne.com  
(The Rev. Carl Lilienkamp, Senior Pastor)  
(Stephen Ministry cong.)  
Sunday: Lutheran Hour on KTCH, 7:30 a.m.; Worship with Holy Communion, 8 and 10:30  
Sunday School, 9:15; Bible Study, 9:30. Monday: Worship, 6:45 p.m.; Duo Club, 7:30. Tuesday: Crown Financial Class, 7 p.m. Wednesday: Men's Bible Study, 6:30 a.m.

**JEHOVAH'S WITNESSES**  
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**JOURNEY CHRISTIAN CHURCH**  
1110 East 7th St.  
www.journeychristianonline.org.  
375-4743  
(Troy Reynolds, minister)  
(Justin Raulston, minister of involvement)  
Sunday: Christians Hour on KTCH, 8:45 a.m.; Prayer Group, 8:45; Sunday School for all ages, 9; Worship, 9 and 10:30; Children's

Church, 10:30. Small group, 6:30 p.m. (call church office for meeting details); Life Group at various homes, 7.

**OUR SAVIOR LUTHERAN**  
421 Pearl St. • 375-2899  
(Pastor Kim Stover)  
oslc@oslewayne.org  
Saturday: Worship, 6 p.m.  
Sunday: Worship, 8 and 10:30 a.m.; Coffee Hour and Adult Forum, 9:15. Monday: Tabitha Circle, 7:30 p.m. Tuesday: Bible Study at Tacos & More, 6:45 a.m.; Staff meeting, 9; Youth and Family Committee, 7 p.m. Thursday: Women Who Love to Talk & Eat, 6 p.m.

**PRAISE ASSEMBLY OF GOD**  
1000 East 10th St. • 375-3430  
Interim Pastor  
Rev. David Stitt  
Sunday: Sunday School, 9:30 a.m.; Sunday Service, 10:30; Evening Prayer meeting, 6:30 p.m. Call for additional information on the ministries available.

**ST. MARY'S CATHOLIC**  
412 East 8th St.  
(Fr. Mark Beran, pastor)  
375-2000; fax: 375-5782; E-mail: parish@stmaryswayne.org  
Friday: Mass, 8 a.m.; Radio Devotions on 1590 AM with Fr. Beran, 10:15; Prayer Shawl, 10:30  
Saturday: No morning Mass; Confessions 5 p.m.; Mass, 6, Peter's Pence Collection. Sunday: Confessions one-half hour before Mass; Mass, 8 and 10 a.m. Peter's Pence Collection; Spanish Mass has been moved to Emerson on Sunday's at 10 a.m. For more information contact Sacred Heart Parish at (402) 695-2505. Monday: No Mass; Hispanic Prayer Group, church, 5 p.m. Tuesday: Mass, 8 a.m. Wednesday: Mass, 8 a.m. Thursday: Mass, 8 a.m. Friday: Mass, 8 a.m.

**FIRST LUTHERAN**  
(Karen Tjarks, Pastor)  
Sunday: Sunday Worship, 9 a.m.; Sunday School, 10. Wednesday: Bible Study, 10 a.m. at United Methodist and 2 p.m. at Concordia Lutheran.

**UNITED METHODIST**

(Pastor Sara Simmons, pastor)  
Sunday: Sunday service, 9 a.m.; Vacation Bible School begins with supper at 5:30 p.m. and class from 6 to 8:30 p.m. (through July 1).  
Wednesday: Bible Study, 10 a.m. at United Methodist and 2 p.m. at Concordia Lutheran.

**BETHANY PRESBYTERIAN**  
(Gail Axen, pastor)  
Sunday: Trinity Sunday. Worship service, 9 a.m. For church visitations or other church needs, contact the Rev. Gail Axen at (402) 439-2536.

**ST. PAUL LUTHERAN**  
(Rev. Timothy Steckling, pastor)  
Sunday: Worship service, 8 a.m.; Wednesday: ; Bible Study, 7 p.m.

**UNITED METHODIST CHURCH**  
(Rev. Doyle Burbank-Williams, pastor)  
Sunday: Worship service, 9:15 a.m.; Newsletters available to pick up.

**CONCORDIA LUTHERAN**  
(Karen Tjarks, Pastor)  
Sunday: Sunday School, 9:30 a.m.; Worship, 10:45. Wednesday: Bible Study, 10 a.m. at United Methodist and 2 p.m. at Concordia Lutheran.

**ST. PAUL LUTHERAN**  
East of town  
(Willie Bertrand, pastor)  
Sunday: Bible Study, 8 a.m.; Worship, 9. Monday: Quilting at St. Paul, 1 p.m.

**EVANGELICAL FREE**  
(Pastor Todd Thelen)  
Sunday: Sunday School, 9:30 a.m.; Morning Worship with Communion, 10:30; Bible Instruction Class Graduation, 7 p.m. Wednesday: Bible Study/Prayer Service, 7 p.m.

**ST. ANNE'S CATHOLIC**  
(Fr. James McCluskey, pastor)  
Saturday: Mass, 6 p.m.

**PEACE UNITED CHURCH OF CHRIST**  
(Dr. Richard Brown, pastor)  
Sunday: Worship service, 9:30 a.m., No Sunday School through the summer. Thursday: Dorcas Society, 1:30 p.m.

**TRINITY EVANG. LUTHERAN**  
(Rodney Rixe, pastor)  
Sunday: Trinity Bible Hour, 9 a.m.; Worship, 10. Thursday: Ladies Aid, 1:30 p.m.

**CHRISTIAN CHURCH**  
3rd & Johnson  
Internet web site: www.faxtab.net  
(Bill Chase, Pastor)  
Sunday: Christian Hour, KTCH, 8:45 a.m.; Prayer Warriors, 9; Sunday School, 9:30; Praise and Worship, 10:30.

**EVANGELICAL COVENANT**  
802 Winter St.

(Ross Erickson, pastor)  
e-mail: wakecov@msn.com  
Saturday: Women's Crazy Day's of Summer Brunch, 10 a.m. Sunday: Morning Worship, 10 a.m. Sunday - Friday: Junior High Camp. Monday: WIC Clinic, 9 a.m. to 3 p.m. Tuesday: Ladies meet for prayer, 9; Worship on Cable, 7 p.m.; Wednesday: Worship on Cable, 10 a.m.; Bible Study, 7 p.m. Thursday: Men's Bible Study, 7 a.m.

**IMMANUEL LUTHERAN**  
4 North, 3 East of Wayne  
(Willie Bertrand, pastor)  
Sunday: Sunday. Bible Study, 9:15 a.m.; Morning Worship, 10:30.

**PRESBYTERIAN**  
216 West 3rd  
(Rev. Charity Potter, pastor)  
Sunday: Fellowship time, 10 a.m.; Worship Service, 11.

**ST. JOHN'S LUTHERAN**  
West 7th & Maple  
(Rev. Terry L. Buethe, pastor)  
Sunday: Worship, 9 a.m.; Education Hour, 10:15.

**SALEM LUTHERAN**  
411 Winter Street  
Saturday: Worship with Communion, 6:30 p.m. Sunday: Choir, 7:30 a.m.; Worship with Communion, 10:30 a.m. Tuesday: XYZ. Thursday: Circles at 9:30 a.m., 2 p.m. and 5 p.m.; Video on local channel; WELCA, 2 p.m. Saturday: Contemporary Worship with Communion, 6:30 p.m.

**ST. PAUL'S LUTHERAN**  
218 Miner St.  
(Pastor Timothy Steckling)  
Sunday: Sunday School and Bible Study, 9:15 a.m.; Worship, 10:30 a.m.

**TRINITY LUTHERAN**  
(PMA Glenn Kietzmann)  
Sunday: Worship, 10:30 a.m.

**UNITED METHODIST**  
(Carol Jean Stapelton, pastor)  
(Lay Minister - Judy Carlson, CLS)  
Sunday: Worship Service, 11:15; Newsletter Sunday. Wednesday: Pastor in Pierce Office, 1 p.m.

### Wanted ... Church news

The Wayne Herald would like to print information and schedules from area churches.

All information submitted to the Herald by Monday at 5 p.m. (delivered to the Herald office) or emailed by 8 a.m. on Tuesday will be included in that week's edition of the paper.

Articles may be mailed to P.O. Box 70, Wayne, Neb. 68787 or emailed to clara@wayneherald.com

The Herald thanks its readers and area ministers for their cooperation in our effort to keep informed on the happenings at various churches.

## Alzheimer's Support Group

Meets Thursday, July 8th at 2:00 p.m.

This is open to anyone in the community. The support group is designed to provide emotional, educational and social support for caregivers.

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Ken Marra, Reggie Yates, Ted Perry

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## First Presbyterian Church is 'making a difference'

On Sunday, June 27, First Presbyterian Church of Wayne will be making a difference in the community.

After a brief worship service, featuring Will Perrigan, director of the Norfolk Rescue Mission, the gathered church members will disperse to do several local mission projects, including highway clean-up and helping care for Wayne State College's prairie.

"This is our church's inter-generational program for the summer, complete with t-shirts and fun for young and old alike. However, we are trying to move beyond the traditional Vacation Bible School model to a more active, mission-driven program for the whole church. We are trying to awaken the church to the possibility of making a difference in Jesus' name—right here in our own neighborhood. When we get together and marshal our talents and energy, who knows what we can accomplish?" said Pastor Ray McCalla.

## Immanuel Ladies gather

Immanuel Lutheran Ladies Aid of rural Wakefield met June 17.

Pastor Bertrand opened with prayer and led the Bible Study "How to be Green," taken from the LWML Quarterly, closing with prayer.

Five members, Pastor Bertrand and guest, Molly Bertrand, were present.

The secretary's and treasurer's reports were read. Mrs. Merle Roeber gave the visitation report. Beverly Ruwe gave the highlights of the LWML Convention she attended in Omaha. Nila Schuttler was honored with the birthday song.

The anniversary of Marvin and Bonnie Nelson was acknowledged. The meeting closed with The Lord's Prayer and table prayer.



## Mr. and Mrs. Cyril Hansen Hansen's to note 60th anniversary

Cyril and Beverly (Kelly) Hansen were married July 2, 1950 at Page, NE. They were married in a double wedding with Beverly's brother Tom and Velma Kelly of Page. Tom & Velma still reside on their farm by Page. Cyril & Beverly have always lived and farmed in Wayne Co. since their marriage. They have 5 children: Ron & Rhonda Sebade of Wayne, Dan & Bonnie Hansen, Kelly & Kimberly Hansen of Carroll, Lynette & Bryan Dykhoff of Delano, MN, and Heidi and Scott Bonsall of Norfolk. They have 14 grandchildren and 13 great grandchildren. Please remember Cyril & Beverly by sending cards to 1517 Vintage Hill Dr., Wayne, NE 68787.



## Help for Haiti

Grace Lutheran Sunday School recently had a donation drive to collect granola bars, peanut butter, and money for additional supplies to send with Kristi Carmichael and a group of missionaries from Norfolk on their recent mission trip to Haiti. The children were able to collect 362 granola bars, 39 pounds of peanut butter, bread for 150 people, and 10 soccer balls with air pumps to be used at a soccer camp put on by the missionaries.



## Our Savior's Joy Circle meets

Our Savior Lutheran Church Women of ELCA Joy Circle met Wed. June 9th with Dorothy Wert opening the meeting. Dorothy handed out the Board minutes which included sewing and visitation reports. It was noted that our guest night will be July 21 at 6:00 p.m. and those present were encouraged to sign up so that we can get an accurate count. The theme will be "Share the Light of Christ: Live, Laugh and Love". Lukus Wickstrom will present the program. Elaine Draghu's birthday was recognized as well as Arlene and LaVern Ostendorf's anniversary. It was announced that we were invited to Presbyterian church women's Annual Tea Party July 14 at 6 p.m. A sign up sheet for both events will be at the information booth.

Betty Heier then began her program sharing the scripture Mathew 28 19-20. She helped us realize that we all have the responsibility

to make disciples through the many acts that we do daily and reminded us that God is with us even to the end of the world. Betty then shared pictures from her recent trip to Tanzania with her husband, Darrel. They went with a group from the synod that visit on a yearly basis to build and deepen their relationship with our companion synod in Tanzania. They visited schools, churches and hospitals that we support.

They were encouraged by the improvements made from the last visit and always in awe with the gratitude of the people and children. They also took a side trip to see the many beautiful animals on a Safari. Betty closed the program with prayer.

At the close of the program Dorothy Wert presented Betty with a check to be sent to Tanzania. Betty then let the women choose how it would be used and she would in turn match the amount. The

women chose to send textbooks for the elementary school OSLC supports.

Elaine Menke and Lavonne Smith served lunch following the program to 18 women. Our next meeting will be July 21 with our annual guest program at 6 p.m. Hostess will be a serving group and all women of OSLC are encouraged to attend. Women are reminded to sign up to have a more accurate count.

## Senior Center Congregate Meal Menu—

(Week of June 28 — July 2)  
Meals served daily at noon.  
For reservations, call 375-1460  
Each meal served with bread, 2% milk and coffee.  
**Monday:** Chicken Alfredo with broccoli, mixed vegetables, breadstick & Promise, frozen fruit with yogurt.  
**Tuesday:** Tuna casserole, peas, baby raw carrots, whole wheat bread & Promise, fruit cocktail.  
**Wednesday:** Barbecue beef sandwich on a bun, baked beans, beets, peach pie.  
**Thursday:** Sliced turkey, red roasted potatoes, turkey gravy, California blend, dinner roll & Promise, pineapple chunks.  
**Friday:** Barbecue beef sandwich, baked beans, coleslaw, bun & Promise, peaches, apple crisp by the Senior Center.

123 and 124. Rev. David Stitt will be preaching in the morning worship service which begins at 10:30 a.m.  
Sunday evening at 6:30 will be the first of a weekly "Healing Service" to be held at Praise Assembly of God. It is important to follow the pattern which is visible in the gospels that Jesus went about healing and doing good during the days of His earthly ministry. This is also the instruction found in James 5 (of the New Testament) that any who are sick should be prayed for, trusting the Lord to answer the prayers. Consequently, this prayer service will have as its focus to worship the Lord and to pray for all who are ill. Feel free to attend and be prayed for.  
Praise Assembly of God Church is located at 1000 East 10th Street in Wayne, just east of Providence Road. The church facility is completely handicap-accessible.

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## Praise Assembly of God Church plans special events

Organizers indicated that "It was grand to see so many at the "5th Sunday Music Event" at Praise Assembly of God Church on Sunday evening, June 20."

"Dead Men Singing," a Southern Gospel Quartet from Boone, Iowa, was re-scheduled due to conflicts on May 30 (the regularly-scheduled 5th Sunday) and presented a concert on the 20th.

"Thanks to all who attended and also brought treats. Watch the newspaper for announcements about the next "5th Sunday Music Event" on Sunday evening, August 29," said Phil Pfaltzgraff, one of the organizers of the event.

This Sunday morning, June 27, Bible Study (Sunday School) begins at 9:30 a.m. The class for adults is taught by Phil Pfaltzgraff, WSC Staff Accompanist. The class is studying through the "Psalms of Ascents", Psalms 120-134. This week they will be studying Psalms

Fri., Aug. 27 • 4-8pm • Sat., Aug. 28 • 8am-8pm • Sun., Aug. 29 • 10am-4pm

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Ads must be prepaid unless you have pre-approved credit. Cash, personal checks, money orders, VISA, or MasterCard are welcome.

Call: 402-375-2600, Fax: 402-375-1888, or Visit Our Office: 114 Main Street, Wayne, NE.

POLICIES — •We ask that you check your ad after its first insertion for mistakes. The Wayne Herald is not responsible for more than ONE incorrect insertion or omission on any ad ordered for more than one insertion.

•Requests for corrections should be made within 24 hours of the first publication. •The publisher reserves the right to edit, reject or properly classify any copy.

VISA

MasterCard

## HELP WANTED

### Employment Works, Inc.

has a part time position open in the Wayne and Hartington area providing community based support for people experiencing a disability. Must have a high school diploma/equivalency, valid driver's license and insurance, strong references, excellent communication skills and a genuine desire to see people reach their potential. Approximately 25-30 hours per week. Starting wage of \$9.00 per hour and based on experience and flexibility.

Please call Employment Works, Inc. at (402) 371-1011 and ask for Jodi or Michelle for more information or stop by the office at 1203 South 8th St. in Norfolk for an application or visit online at [www.employmentworksinc.com](http://www.employmentworksinc.com)

## HELP WANTED: COOK - PART-TIME

**HILLCREST CARE CENTER**  
Apply to Jeff at:  
702 Cedar Ave., Laurel, NE  
Ph. 402-256-3961 EOE

## FOR SALE

### 2.34 ACRES FOR SALE



2-story house with 3 bedrooms, 2 bathrooms, wrap-around deck, fenced-in yard, attached 2 stall garage and 2 out buildings.

7 miles West and 1-1/2 Miles North of Wayne

Day (402) 286-4239 Evening (402) 585-4315

### House for Sale • 709 N Pearl Street

**1450 Square Feet  
3 Bedroom, 1 Bath, 1-Car Garage**

**All the expensive updates have been done for you!**  
• Windows • Insulation • Vinyl Siding • Rewiring • Air Conditioner • Furnace • Updated Kitchen and Bathroom



E-mail:  
[709PEARL@gmail.com](mailto:709PEARL@gmail.com)  
for more information or  
Call: (402) 659-5179  
to make this house  
your home.

## 2nd Shift Positions Available

**4:00 p.m. - 2:30 a.m.  
Monday thru Thursday**

We are seeking candidates to fill full-time positions.

We offer competitive wages and benefits including:  
Holiday Pay, Medical, Dental, Vacation, Short Term Disability,  
Vision, 401(k) with match, Pension & Bonus Program

## Great Dane Trailers

1200 N. Centennial Road • Wayne, NE 68787  
A Division of Great Dane Limited Partnership EOE  
ISO 9001:2000 Registered Plant

## Class A CDL Drivers

Are you looking for a small family run trucking company?  
A company that cares about you and your family.  
Where you are a person and not just another number.

### We Offer:

- Nice Trucks
- Good Miles Each Week
- Be Home Weekly
- PLUS Other Benefits

If this sounds like somewhere you would like to make a future with, then just give us a call! All we need is that you have a Class A CDL, at least 24 yrs. old, 1 year OTR, good MVR, pass DOT physical/drug screen.

Call our Safety Department at 800-228-1008 or 402-731-5047

## Zeitner & Sons

We are looking for a friendly, responsible, energetic individual for our pre-sales team. Position offers a full-time schedule and benefits in a fun, casual and exciting work environment. Applicant must be flexible and self-motivated with strong interactive communication skills. Position involves phone and computer work. Hourly plus bonus.

Send your resume to:  
Sand Creek Post & Beam  
116 West 1st Street  
Wayne, NE 68787  
[sandcreekpost@conpoint.com](mailto:sandcreekpost@conpoint.com) or  
Call 402-833-5600  
and ask for Bud Reynolds.



## — OPEN POSITION — Sales/Marketing/PR

The Oaks Senior Retirement Community is seeking a dynamic individual for Sales, Marketing, and Public Relations. Must be passionate about enhancing the lives of seniors of our community, and have the ability to promote the lifestyle services of The Oaks!

Contact: Donna Hawley, Administrator  
1500 Vintage Hill Drive • Wayne, NE  
Email: [admin@theoaksslc.com](mailto:admin@theoaksslc.com)  
Phone: (402) 375-1500



### Immediate Opportunities Available

**Full Time Welders and Shipping personnel needed.** Outstanding working conditions in modern facility; Top entry wages; 8 paid holidays; Up to 3 weeks vacation; 3 accumulative sick days; subsidized insurance with Vision/Dental coverage; Cafeteria plan; 401K; Production, safety & environmental training; Drug testing; All for your benefit. Stop in today to fill out an application.

**Thurston  
Manufacturing  
Company**

**BLU-JET**  
(800) 658-3127

**SIDE DUMP**  
(800) 633-1648

Hwy 87A  
Thurston, NE 68062-0218

Phone: 402-385-3041  
Fax: 402-385-3043

## Help Wanted

### Church Administrative Assistant

M-F 8:30am to 12:30pm

Send resume to:

Salem Lutheran Church, PO  
Box 39, Wakefield, NE 68784  
or stop by the office at 411 Winter  
Street to fill out an application.

HELP WANTED at The Saloon, downtown Laurel. Call 402-256-3105.

POSITION OPENING: Designer/Sales Associate for decor products including floorcoverings, windowcoverings, cabinetry, etc. Send resume to The Final Touch, 110 S. Logan St., Wayne, NE 68787.

HELP WANTED: Construction laborer performing variety of tasks related to building construction. Previous experience in construction is preferred. Company is located in Wayne. Day shift hours Monday through Friday. Home at night. Apply in person at StaffCo, 1106 Benjamin Ave. Ste. 1000, Norfolk, NE 68701, today or at [staffco.net](mailto:staffco.net)!

HELP WANTED: Dependable person to work in general construction business. Must be 18 years old. Benscoter Plbg. & Construction. Call 402-355-2369. Leave a message if no answer.

HYTREK LAWN SERVICE is looking for help. Call Toni at 369-1561.

WANTED: LIVE-IN Assistant Manager/Caretaker for small apartment complex in Wayne. Very light duty. Reduced rent for your help. Send resume or letter with references to: Box AM, %The Wayne Herald, P.O. Box 70, Wayne, NE 68787.

READERS BEWARE! Job opportunities being offered that require cash investment should be investigated before sending money. Contact the Better Business Bureau to learn if the company advertised is on file for any wrong doing. The Wayne Herald/Morning Shopper attempts to protect readers from false offerings, but due to the heavy volume we deal with, we are unable to screen all copy submitted.

### SERVICES

CLASSY CLEANING LADIES. We clean almost anything... your house, business, after parties or remodeling. We organize and de-clutter. Reasonable rates. Experience with references available. Ph. 402-518-0636 or leave a message.

CUSTOM BEEF Processing Available, Nebraska's Finest Meats, Randolph, NE. Short wait time. Call Today! 1-888-EAT-BEEF or 402-337-0052

DENNIS OTTE EXCAVATION. Ph. 375-1634. Tree removal. Buildings and concrete demo. Ditch work and Basements dug.

MOBILE MANICURE & pedicure spa. If you are interested in getting a manicure or pedicure at a reasonable price in the convenience of your own home, please contact me at 402-369-4384. I also do shellac nails. Just ask me about it. Lesli Sturm

## June is Home Ownership Month!

New Listings!



901 Windom Street



316 Main Street

Great corner lot! This 2+ bedroom home features a finished basement, 2 baths and appliances are included! Attached garage, newer floor coverings and updated plumbing.

Wonderful opportunity! Over 1,200 Square feet of commercial or office space with convenient downtown location. Extensively remodeled interior, call for more details!



909 Walnut Street 519 West 1st St.



201 Main Street - Wayne  
Phone: 402-375-1477

E-Mail: [anolte@1strealty.com](mailto:anolte@1strealty.com)  
[www.1strealty.com](http://www.1strealty.com)

REALTOR



## CLERICAL SUPPORT WORKER Wayne State College

Wayne State College invites applicants for a part-time Clerical Support Worker, to work 20-30 hours per week; flexible work hours are negotiable. Position requires a high school diploma or equivalent clerical experience. Duties include responding to general inquiries; maintaining office files; operating office equipment such as telephone, computer, and printer; and other duties as assigned. Knowledge of MS Office software required, and strong business English skills preferred. This position will perform various tasks to support the office of the Vice-President of Academic Affairs.

Review of applications will begin immediately and continue until filled.

Send resume and application form (at <http://www.wsc.edu/hr/apps/>) to:

Clerical Support Worker, Vice-President of Academic Affairs  
Director of Human Resources  
Wayne State College  
1111 Main Street  
Wayne, NE 68787  
or email to  
[hrwork1@wsc.edu](mailto:hrwork1@wsc.edu)

Wayne State College is an equal opportunity institution. WSC does not discriminate against any student, employee or applicant on the basis of race, color, national origin, sex, disability, religion, or age in employment and education opportunities, including but not limited to admission decisions. The College has designated an individual to coordinate the College's nondiscrimination efforts to comply with regulations implementing Title VI, VII, IX, and Section 504. Inquiries regarding non-discrimination policies and practices may be directed to Dr. Cheryl Waddington, Director of Human Resources, Title VI, VII, IX Compliance Coordinator, Wayne State College, 1111 Main Street, Wayne, NE 68787, (402) 375-7403.

## National Auto Sales Inc.

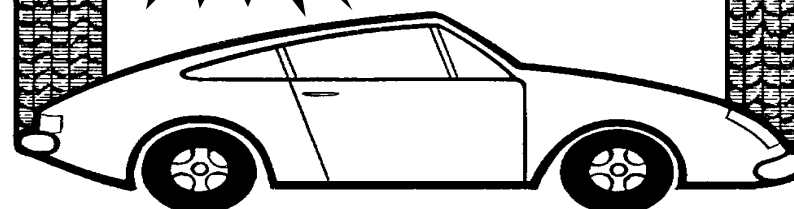
1320 S. 1st • Norfolk, NE  
402-379-1629

WE FINANCE

Large Selection of  
Cars — Trucks — Vans

Hours:  
Monday-Friday  
9 a.m. - 5 p.m.  
Saturday  
9 a.m. - 4 p.m.

- No Credit Check
- We Finance
- Building Credit
- No Problem



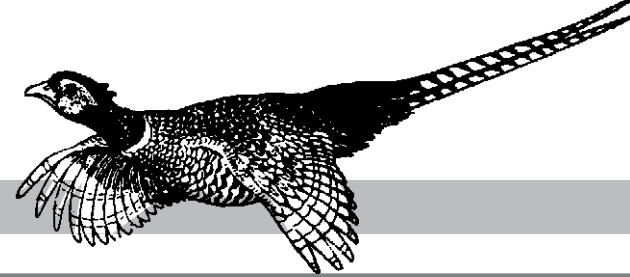






# Legal Notices

The Wayne Herald



### NOTICE OF APPOINTMENT OF PERSONAL REPRESENTATIVE AND NOTICE TO CREDITORS

IN THE COUNTY COURT OF WAYNE COUNTY, NEBRASKA  
ESTATE OF RAY E. SEDIVY, Deceased.  
Estate No. PR 10-19  
Notice is hereby given that on June 2, 2010, in the County Court of Wayne County, Nebraska, the Registrar issued a written statement of Informal Probate of the Will of said Decedent and that Marilyn Harder, whose address is Box 3, Concord, NE 68728, was informally appointed by the Registrar as Personal Representative of the Estate.  
Creditors of this estate must file their claims with this Court on or before August 10, 2010, or be forever barred.

(s) **KimBerly Hansen**  
Clerk Magistrate/Registrar  
510 Pearl Street  
Wayne, Nebraska 68787  
**Chris F. Blomenberg, #22869**  
**McHenry, Haszard, Hansen, Roth & Hupp, PC**  
P.O. Box 82426  
Lincoln, NE 68501-2426  
(402) 476-2200  
(Publ. June 10, 17, 24, 2010)  
1 clip - 1 POP

### NOTICE OF PUBLIC MEETINGS OF WAYNE COUNTY BOARD OF COMMISSIONERS AND WAYNE COUNTY BOARD OF EQUALIZATION

Notice is hereby given that meetings of the Wayne County Board of Commissioners and Wayne County Board of Equalization will be held on Tuesday, July 6, 2010, in the County Board Meeting Room of the Wayne County Courthouse in Wayne, Nebraska. The Board of Equalization meeting will begin at 9:00 a.m. The County Board of Commissioner meeting will begin at 9:15 a.m. Both meetings are open to the public. Agendas for such meetings are kept continuously current and are available for public inspection at the office of the County Clerk in the Wayne County courthouse.  
**Debra Finn, County Clerk**  
(Publ. June 24, 2010)

### NOTICE OF MEETING

There will be a meeting of the Mayor and Council, Tuesday, July 6, 2010 at 5:30 p.m. in the Wayne City Hall. An agenda for such meeting, kept continuously current, is available for public inspection in the City Clerk's Office.  
No person of the City of Wayne shall, on

### Abbreviations for this legal: PS-Personal Services, OE-Operating Expenses, SU-Supplies, MA-Materials, ER-Equipment Rental, CO-Capital Outlays, RP-Repairs, RE-Reimbursement. WAYNE COUNTY BOARD PROCEEDINGS

**Wayne, Nebraska June 15, 2010**  
The Wayne County Board of Equalization convened at 9:00 a.m. on Tuesday, June 15, 2010. Those in attendance included Chairman Wurdeman, Members Rabe and Burbach, and Clerk Finn. Advance notice of this meeting was published in the Wayne Herald, a legal newspaper, on June 3, 2010.  
A current copy of the Open Meetings Act was posted in the meeting room and accessible to the public.  
The minutes of the June 1, 2010, meeting were approved as printed in the Commissioner's Record.  
The agenda was approved.  
Renewal of a motor vehicle exemption for Mosaic was approved on motion by Rabe, second by Burbach. Roll call vote: Rabe-aye, Burbach-aye, Wurdeman-aye; motion carried.  
Meeting was adjourned.  
**Debra Finn, Wayne County Clerk**  
\*\*\*\*\*

**Wayne, Nebraska June 15, 2010**  
The Wayne County Board of Commissioners met in regular session at 9:15 a.m. on Tuesday, June 15, 2010 in the upstairs conference room of the Courthouse.  
Roll call was answered by Chairman Rabe, Members Wurdeman and Burbach, and Clerk Finn.  
Advance notice of this meeting was published in the Wayne Herald, a legal newspaper, on June 3, 2010.  
A current copy of the Open Meetings Act was posted in the meeting room and accessible to the public.  
The agenda was approved.  
The minutes of the June 1, 2010, meeting were approved as printed in the Commissioner's Record.

Wayne County filed a disaster declaration with NEMA on June 14th for flood damage. NEMA representatives will be in Wayne on June 16th for damage assessment.  
The towing and storage bill to D&L Towing from the Passyka tractor accident will be split between the county and Farm Bureau insurance.  
Management letters of representation to Gary J. Pavel, CPA and to County Attorney Pieper for the 2009-2010 county audit were signed.  
Two special liquor license applications submitted by Wayne County Ag Society were reviewed. A motion was made by Burbach, seconded by Wurdeman to approve the sale and consumption of beer and wine in the beer garden during the county fair, July 29 through August 1. Roll call vote: Burbach-aye, Wurdeman-aye, Rabe-aye; motion carried.  
Motion by Burbach, seconded by Wurdeman to approve the sale and consumption of beer and wine in a fenced consumption area during the tractor pull on July 29 and the demolition derby on August 1. Roll call vote: Burbach-aye, Wurdeman-aye, Rabe-aye; motion carried.  
As per the recommendation of the Wayne County Convention & Visitors Bureau a motion was made by Wurdeman, seconded by Burbach to approve a grant of \$100 to the Winside Volunteer Fire & Rescue for their street dance. Roll call vote: Wurdeman-aye, Burbach-aye, Rabe-aye; motion carried.

Motion by Wurdeman, second by Burbach to reappoint Jean Nuss to the Veterans Service Committee. The term of this appointment is July 1, 2010 through June 30, 2015. Roll call vote: Wurdeman-aye, Burbach-aye, Rabe-aye; motion carried.  
The City of Wayne approved the county's request to use a monthly average of winter water use at the courthouse to calculate the sewer bill during this summer irrigation season, however, irrigation metering for the courthouse grounds is to be in place for 2011.  
Interest payments of \$3,192.50 on the 2002 courthouse improvement bond, and \$2,600.00 on the 2005 court services building bond was approved on motion by Wurdeman, second by Burbach. Roll call vote: Wurdeman-aye, Burbach-aye, Rabe-aye; motion carried.  
Motion by Wurdeman, second by Burbach to adopt Resolution No.10-08; roll call vote: Wurdeman-aye, Burbach-aye, Rabe-aye; motion carried. Employment contracts at an hourly rate of \$8.00 per hour, not to exceed earning \$3,000.00 in a fiscal year were signed.  
Resolution No. 10-08: WHEREAS, the Nebraska Legislature has enacted and the Governor has signed legislation relative to the interest of County officers in public contracts, and WHEREAS, members of the County Board of Commissioners on occasion engage in work for the County beyond their duties and responsibilities as County Commissioners for which they will receive a direct pecuniary fee or commission as a result of such work, and WHEREAS, members of the Wayne County Board of Commissioners wish to enter into a contract with Wayne County to provide such services for the 2010-11 fiscal year.

NOW, THEREFORE, BE IT RESOLVED by the Wayne County Board of Commissioners that:  
1. Any board member may enter into a contract with Wayne County during the 2010-11 fiscal year for the furnishing of services beyond the statutory responsibilities and duties as County Commissioner.  
2. Such commissioner entering into such agreement shall comply with the statutes relating to interest in public contracts, Section 49-14, 103.01, et seq.  
The year-end review and proposed 2010/11 departmental budget request submitted by District Seven Probation office was reviewed. The projected total due from Wayne County will go from \$15,447.06 to \$11,008.13.  
Mainelli-Wagner sized the culvert for Project C-90 (542), 5 miles west and 0.9 mile south of Carroll, 562nd Avenue, Mile 858 last year. The solicitation of bids for culvert materials for this project was approved on motion by Burbach, second by Wurdeman. Roll call vote: Burbach-aye, Wurdeman-aye, Rabe-aye; motion carried.  
Motion by Wurdeman, second by Burbach to approve Resolution No. 10-09; roll call vote: Wurdeman-aye, Burbach-aye, Rabe-aye; motion carried.  
Resolution No. 10-09: **Whereas:** Certain transportation facilities (roads, streets, trails, and others) in Wayne County have been designated as being eligible for federal funds by the Federal Highway Administration in compliance with federal laws pertaining thereto;  
**Whereas:** Wayne County desires to continue to participate in Federal-Aid transportation construction programs;  
**Whereas:** The Nebraska Department of Roads as a recipient of said Federal funds is charged with oversight of the expenditures of said funds;  
**Whereas:** Wayne County as a sub-recipient of said Federal-Aid funding is charged with the responsibility of expending said funds in accordance with Federal and State law, the rules and regulations of the Federal Highway Administration, the requirements of the Local Public Agency (LPA) Guidelines Manual of the Nebraska Department of Roads, including the Consultant Selection process as stated in the LPA Guidelines Manual, the National Environmental Policy Act (NEPA), the Uniform Relocation Assistance and Real Property Acquisition Policies Act (Uniform Act) and the maintaining of adequate Financial Management Systems; and  
**Whereas:** Wayne County understands that the failure to meet all requirements for federal funding could lead to a project(s) being declared ineligible for federal funds, which could result in Wayne County being required to repay some or all of the federal funds expended for a project(s).  
**Be It Resolved:** The Wayne County Board of Commissioners does hereby adopt and bind itself to comply with all applicable federal law, including the rules and regulations of the Federal Highway Administration, all applicable state law and rules and regulations (Nebraska Administrative Code) and the requirements of the LPA Guidelines Manual of the Nebraska Department of Roads, including the consultant selection process as stated in the LPA Guidelines Manual, the National Environmental Policy Act (NEPA), the Uniform Relocation Assistance and Real Property Acquisition Policies Act (Uniform Act) and the maintaining of adequate Financial Management Systems.

the ground of race, color or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity.  
Individuals requiring sensory accommodations, including interpreter services, Braille, large print, or recorded materials should contact Betty McGuire, City Clerk, at 402-375-1733, no later than 4:30 p.m. on the Friday preceding the meeting.  
**Betty McGuire, City Clerk**  
(Publ. June 24, 2010)

### NOTICE OF MEETING

The Wayne Public Library Board of Trustees will meet in regular session on Tuesday, July 6, 2010 at 5:00 p.m. in the Library/Senior Center Conference Room. The agenda for this meeting is available for public inspection at the Library.  
No person of the City of Wayne shall, on the ground of race, color or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity.  
Individuals requiring sensory accommodations, including interpreter services, Braille, large print, or recorded materials should contact Betty McGuire, City Clerk, at 402-375-1733, no later than 4:30 p.m. on the Friday preceding the meeting.  
**Lauran Lofgren, Librarian**  
(Publ. June 24, 2010)

### NOTICE OF TRUSTEE'S SALE

Re: 445.0499  
TO WHOM IT MAY CONCERN:  
You are hereby notified that the following-described property will be sold by TierOne Bank, Trustee, at public auction to the highest bidder at the lobby of the Wayne County Courthouse, 510 Pearl St., in the City of Wayne, Wayne County, Nebraska on July 8, 2010 at 10:00 a.m.:  
Legal Description  
A tract of land located in the Southwest Quarter of the Southwest Quarter of Section 6, Township 26 North, Range 3, East of the 6th P.M., Wayne County, Nebraska, more particularly described as follows: Beginning at the Southwest corner of Section 6, Township 26 North, Range 3, East of the 6th P.M., Wayne County, Nebraska; thence North 90 degrees 00 minutes 00 seconds East on an assumed bearing on the South line of said Section, said South line being the South line of a surveyed tract by John I. Steffen, R.L.S. #488, dated May 10, 2000, 488.00 feet; thence North 00 degrees 00 minutes 00 seconds West and perpendicular to said South

line 33.00 feet; thence North 58 degrees 22 minutes 59 Seconds East, 138.92 feet; thence North 01 degrees 57 minutes 00 seconds West 270.00 feet; thence North 53 degrees 14 minutes 00 seconds West 295.00 feet to a point on the North line of said surveyed tract; thence South 89 degrees 00 minutes 00 seconds West on said North line, 360.00 feet to the Northwest corner of said surveyed tract, said point being on the West line of said Southwest Quarter; thence South 00 degrees 05 minutes 02 seconds West on said West line, 546.00 feet to the point of beginning, commonly known as 57005 857th Rd., Carroll, NE.  
The highest bidder will deposit with the Trustee, at the time of the sale, a personal or cashier's check in the amount of \$5,000.00, with the full purchase price, in certified funds, to be received by the Trustee by 5:00 p.m. on the day of the sale, except this requirement is waived when the highest bidder is the beneficiary. (If the sale is held after 1:00 P.M., the deposit requirement remains the same, and the full purchase price, in certified funds, shall be received by the Trustee by 5:00 p.m. the following business day.) The purchaser shall be responsible for all prior liens, all applicable fees, and all taxes, including the documentary stamp tax. This property is sold "as is" and this sale is made without any warranties as to title or condition of the property.

TierOne Bank, Trustee.  
By: Camille R. Hawk (#20395)  
For Walentine, O'Toole, McKuillan & Gordon  
11240 Davenport Street  
P.O. Box 540125  
Omaha, NE 68154  
(402) 330-6300  
ITS ATTORNEYS  
(Publ. May 27, June 3, 10, 17, 24, 2010)  
1 clip

### NOTICE TO BIDDERS

Wayne County requests sealed bids for furnishing culvert materials for Project C-90 (542). Bids will be received at the office of the Wayne County Highway Superintendent, Wayne County Courthouse, 510 Pearl Street, P.O. Box 248, Wayne, Nebraska 68787 until 4:30 o'clock p.m., July 1, 2010. At that time all bids will be opened and read aloud in the Highway Superintendent's office at the Courthouse.  
Specifications and bid forms must be obtained from the Wayne County Highway Superintendent. Wayne County reserves the right to waive technicalities and irregularities and the right to reject any or all bids.  
**Elizabeth J. Carlson**  
Wayne County Highway Superintendent  
(Publ. June 17, 24, 2010)

### ORDINANCE NO. 2010-10

**AN ORDINANCE AMENDING WAYNE MUNICIPAL CODE CHAPTER 90, ARTICLE I IN GENERAL, BY AMENDING SECTION 90-10 DEFINITIONS; TO PROVIDE FOR THE REPEAL OF CONFLICTING ORDINANCES OR SECTIONS; AND TO PROVIDE FOR AN EFFECTIVE DATE.**  
BE IT ORDAINED by the Mayor and Council of the City of Wayne, Nebraska:  
Section 1. The Planning Commission held a public hearing on May 3, 2010, and recommended amending Section 90-882 Building Permits Required of the Wayne Municipal Code, with the "Finding of Fact" being that it is staff's recommendation.  
Section 2. That Chapter 90, Article XII, Section 90-882 of the Wayne Municipal Code is amended by adding the following definitions:  
Sec. 90-882. Building Permits Required.  
(a) No building or other structure shall be erected, moved, added to or structurally altered without a permit issued by the administrative official. No permit shall be issued by the administrative official except in conformity with the provisions of this chapter, unless he receives a written order from the board of adjustment in the form of an administrative review or variance as provided by this chapter.  
(b) No building permit or city construction over-site shall be required for farm buildings erected within the city's extraterritorial zoning jurisdiction. Any farm buildings being erected will however require a Certificate of Zoning Compliance and an Occupancy Certificate once the structure is complete. A building permit, inspections, and occupancy certificate are still required for all non-farm buildings erected within the city's extraterritorial zoning jurisdiction.  
Section 3. All Ordinances or parts of Ordinances in conflict herewith are repealed.  
Section 4. This Ordinance shall be in full force and effect after its passage, approval, and publication as provided by law.  
PASSED AND APPROVED THIS 15th day of June, 2010  
**The City of Wayne, Nebraska**  
By: Mayor  
Attest:  
City Clerk  
(Publ. June 24, 2010)

### ORDINANCE NO. 2010-11

**AN ORDINANCE AMENDING WAYNE MUNICIPAL CODE CHAPTER 90, ARTICLE I IN GENERAL, BY AMENDING SECTION 90-10 DEFINITIONS; TO PROVIDE FOR THE REPEAL OF CONFLICTING ORDINANCES OR SECTIONS; AND TO PROVIDE FOR AN EFFECTIVE DATE.**  
BE IT ORDAINED by the Mayor and Council of the City of Wayne, Nebraska:  
Section 1. The Planning Commission held a public hearing on May 3, 2010, and recommended amending Section 90-10 Definitions of the Wayne Municipal Code, with the "Findings of Fact" being that it will provide consistency in the Municipal Code and it is staff's recommendation.

### ORDINANCE NO. 2010-12

**AN ORDINANCE AMENDING WAYNE MUNICIPAL CODE CHAPTER 90, ARTICLE I IN GENERAL, BY AMENDING SECTION 90-10 DEFINITIONS; TO PROVIDE FOR THE REPEAL OF CONFLICTING ORDINANCES OR SECTIONS; AND TO PROVIDE FOR AN EFFECTIVE DATE.**  
BE IT ORDAINED by the Mayor and Council of the City of Wayne, Nebraska:  
Section 1. The Planning Commission held a public hearing on May 3, 2010, and recommended amending Section 90-10 Definitions of the Wayne Municipal Code, with the "Findings of Fact" being that it will provide consistency in the Municipal Code and it is staff's recommendation.

### Be It Further Resolved:

The Wayne County Board of Commissioners does hereby designate the following as responsible for the management of the following processes:  
Consultant Selection process: Wayne County Highway Superintendent  
The National Environmental Policy Act (NEPA): Wayne County Highway Superintendent  
The Uniform Relocation Assistance and Real Property Acquisition Policies Act (Uniform Act): Wayne County Highway Superintendent  
The following individual is hereby authorized to sign the Financial Management Systems Certification attached to this Resolution: Elizabeth Carlson, County Highway Superintendent.  
Motion by Wurdeman, second by Burbach to approve Resolution No. 10-10; roll call vote: Wurdeman-aye, Burbach-aye, Rabe-aye; motion carried.  
Resolution No. 10-10: WHEREAS the Six Year Road Plan of Wayne County, Nebraska, includes Project C-90 (457), the removal and replacement of Stanton County Bridge C008400205 on 846th Road, Mile 559, on the south line of Section 32, Township 25 North, Range 1 East, Hoskins Precinct, 1.5 miles south and 1.3 miles west of Hoskins; and  
WHEREAS Stanton County wishes to replace said bridge in 2010 due to continued deterioration; now, therefore,  
BE IT RESOLVED by the Board of County Commissioners of said county that Project C-90 (457) be moved from the Six Year Road Plan to the current One Year Road Plan of said county.  
Highway Superintendent Carlson agreed to check on the reclassification progress on South Centennial Road and be able to report later in the day.  
Carlson will attend the Nebraska Department of Roads Title VI training in Lincoln June 22nd - 24th.  
Motion by Burbach, second by Wurdeman to approve Resolution No. 10-11; roll call vote: Burbach-aye, Wurdeman-aye, Rabe-aye; motion carried.  
Resolution No. 10-11: WHEREAS, the budget which had been allocated to the County Highway Superintendent function of the County General Fund for the 2009-10 fiscal year is depleted due to costs associated with attending bridge inspection training, to the extent that it will be unable to make final payments of claims for the balance of the current year; and  
WHEREAS, there are unexpended funds available in the Miscellaneous function of the County General Fund for the 2009-10 fiscal year,  
NOW, THEREFORE, BE IT RESOLVED by the Wayne County Board of Commissioners that the sum of \$550.00 be transferred from the Miscellaneous function of General Fund to the County Highway Superintendent function of General Fund.  
Motion by Wurdeman, second by Burbach to approve Resolution No. 10-12; roll call vote: Wurdeman-aye, Burbach-aye, Rabe-aye; motion carried.  
Resolution No. 10-12: WHEREAS, on June 5, 1990 the Wayne County Board of Commissioners created and established the Snow Removal and Equipment Fund; and  
WHEREAS, said Board on said date provided that the revenues of the Snow Removal and Equipment Fund should consist of cash transfers of unexpended funds from the County Road and Bridge Fund; and  
WHEREAS, this is the last Commissioners meeting for the 2009-10 fiscal year and unexpended funds in the County Road and Bridge Fund exist,  
NOW, THEREFORE, BE IT RESOLVED by the Wayne County Board of Commissioners that the following amounts be transferred from the County Road and Bridge Fund to the Snow Removal and Equipment Fund: District #1 - \$112,687.67, District #2 - \$105,155.87, District #3 - \$166,852.00.  
**Fee Reports:** Debra Allemann-Dannely, Clerk of District Court, \$2,921.42 (May Fees); Debra Finn, County Clerk, \$11,063.25 (May Fees).  
**Claims:**  
**GENERAL FUND:** Salaries \$88,074.62; Albin, Mark D. OE, 93.75; All Native Solutions, SU, 266.99; All Native Solutions, SU, 103.35; Apparea, OE, 309.26; Arnie's Ford Mercury, OE, 24,942.00; Barnes, Ann M., RE, 28.50; Black Hills Energy, OE, 70.93; Bomgaars, SU, 31.98; Cardmember Service, SU, MA, 805.67; Carroll, Jason, OE, 300.00; Clariatus, SU, 71.32; ConocoPhillips, MA, 130.34; Copy Write/Keepsake, SU, 40.54; County Assessor's Assoc of Nebraska, OE, 50.00; D&L Towing LLC, OE, 1,390.00; DELL, CO, 3,267.36; Dixon County Jail, OE, 100.00; Eakes Office Plus, SU, 330.89; Elite Office Products, SU, ER, 426.15; Fallesen, Delores A., RE, 5.00; Farm & Home Publishing Ltd., SU, 692.00; Farmers Co-operative, Pilger, MA, 380.88; Felt, Delores, RE, 20.00; Floor Maintenance, SU, 75.80; Fredrickson Oil Company, MA, RP, 445.70; Gamble, Keith, PS, 20.00; Gary J Pavel, CPA, OE, 7,290.00; General Business Interiors, CO, 887.43; Hasler Financial Services LLC, ER, 1,328.24; Health & Human Services, OE, 330.00; Heartland Fire Protection Company, SU, 35.00; Heikes, Tanya, RE, 17.00; Holiday Inn Express, Lincoln, OE, 490.00; Jager, Huck, RE, 9.00; Janssen, LeRoy W., OE, 45.00; Kermitz, Nicholas C., RE, 63.00; Kittle, Rhonda, RE, 30.00; Kleensang, Randall, RE, 127.00; KONE, RP, 967.35; Lutt, Louis, RE, 19.50; Menke, Lester A., RE, 22.00; Microfilm Imaging Systems, ERA, 346.60; Miller, Amy K., OE, 82.00; MIPS, Inc., CO, 2,207.06; NACO, OE, 1,309.04; Nebraska Assessor Assoc., OE, 125.00; Nebraska Crime Commission, OE, 15.00; Norfolk Printing Co., Inc., SU, 208.03; Northeast Equipment, RP, 2.95; Nuss, Jean C., PS, 20.00; Owens, Milton, PS, 20.00; Pamida, Inc., SU, 168.46; Pieper, Miller & Dahl, OE, 1,989.00; Pippitt, Donald, RE, 22.00; Platte County Court, OE, 2.25; Postmaster, OE, 61.00; Postmaster, OE, 110.00; Providence Medical Center, OE, 109.00; Puntney, Kelvin, RE, 60.00; Quality Inn & Suites, North Platte, OE, 209.85; Quality Printing & Office Supplies, SU, 7.57; Quill Corporation, SU, 225.96; Qwest, OE, 1,080.94; Redfield & Company Inc., SU, 730.00; Rohlf, Virgil, PS, 20.00; Schuttler, Marlin, RE, 22.00; Sparkling Klean Service Inc., OE, 1,365.00; Stratton DeLay & Doe, OE, 1,192.50; Temme, Doug, RE, 15.00; The Farmer Co., Inc., SU, 49.75; The Wakefield Republican, OE, 13.50; Thies, Eldon, PS, 20.00; Thurston County Sheriff, OE, 2,150.00; Topp, Amy, RE, 28.00; Toshiba Financial Services, ER, 205.62; US Postal Service (Hasler), OE, 25,000.00; Van Diest Supply Company, SU, 6,186.31; Verizon Wireless, OE, 52.03; Verizon Wireless, OE, 254.03; Warnemunde Insurance & Real Estate, OE, 127,698.00; Waste Connections of Nebraska, OE, 164.55; Wayne Auto Parts, RP, 124.66; Wayne County Clerk, OE, 5.50; Wayne County Clerk of District Court, OE, 107.00; Wayne County Treasurer, OE, 418.73; Wayne Herald/Morning Shopper, OE, 1,782.04; Wayne, City of, OE, 3,000.00; Wingate Inn, Keamey, OE, 280.00; Woslager, Richard R., RE, 12.50; Young, Bill, OE, 380.00; Zach Heating & Cooling, RP, 192.00; Zach Oil Co., MA, OE, 314.77.  
**COUNTY ROAD FUND:** Salaries \$21,514.00; Apparea, OE, 40.00; Backus Sand & Gravel, MA, 9,919.54; Cross-Dillon Tire, RP, 27.19; DMC Repair, SU, 32.40; Elkhorn Valley Sand & Gravel, MA, 3,883.80; Fredrickson Oil Company, MA, 9,074.89; Gary Backhaus Gravel, MA, 5,860.89; Hoskins Mfg Co., Inc., MA, 671.40; Hradec Diesel Inc., RP, 947.96; Linweld, SU, 136.20; Menard's RP, SU, OE, 572.01; Midwest Service & Sales Co., SU, MA, 20,354.84; NMC Exchange LLC, RP, 502.72; Northeast Equipment, RP, ER, 2,817.81; Northeast Nebraska Telephone Co., OE, 60.72; Qwest, OE, 32.56; S&S Willers Inc., MA, 13,108.65; Verizon Wireless, OE, 104.06; Wayne Auto Parts, RP, SU, MA, 278.13; Winside, Village of, OE, 106.37.  
**LOGGING TAX FUND:** WSC Rugby, OE, 1,000.00  
Meeting was adjourned.  
**Debra Finn, Wayne County Clerk**  
\*\*\*\*\*

### STATE OF NEBRASKA

)  
) ss.  
**COUNTY OF WAYNE**

I, the undersigned, County Clerk of Wayne County, Nebraska, hereby certify that all of the subjects included in the attached proceed-ings were contained in the agenda for the meeting of June 15, 2010, kept continually current and available for the public inspection at the office of the County Clerk; that such subjects were contained in said agenda for at least 24 hours prior to said meeting; that the said minutes of the meeting of the County Commissioners of the County of Wayne were in written form and available for public inspection within 10 working days and prior to the next convened meeting of said body.

IN WITNESS WHEREOF, I have hereunto set my hand this 18th day of June, 2010.

**Debra Finn, Wayne County Clerk**  
(Publ. June 24, 2010)

program or project performance.  
The grant application will be available for public inspection at the Dixon Village Office. All interested parties are invited to attend this public hearing at which time you will have an opportunity to be heard regarding the grant project. Written testimony will also be accepted at the public hearing scheduled for 7:00 p.m. on July 5, 2010 at the Dixon Community Center, 206 2nd Street. Written comments addressed to Jeff Hartung at 305 2nd Street, Dixon, NE 68732-0064 will be accepted if received on or before July 5, 2010.  
Individuals requiring physical or sensory accommodations including interpreter service, Braille, large print, or recorded materials, please contact Jeff Hartung at 305 2nd Street in Dixon or 402-584-2489 no later than July 2, 2010.  
(Publ. June 24, 2010)  
2 POP

### NOTICE TO BIDDERS

Wayne County requests sealed bids for furnishing culvert materials for Project C-90 (542). Bids will be received at the office of the Wayne County Highway Superintendent, Wayne County Courthouse, 510 Pearl Street, P.O. Box 248, Wayne, Nebraska 68787 until 4:30 o'clock p.m., July 1, 2010. At that time all bids will be opened and read aloud in the Highway Superintendent's office at the Courthouse.  
Specifications and bid forms must be obtained from the Wayne County Highway Superintendent. Wayne County reserves the right to waive technicalities and irregularities and the right to reject any or all bids.  
**Elizabeth J. Carlson**  
Wayne County Highway Superintendent  
(Publ. June 17, 24, 2010)

### ORDINANCE NO. 2010-10

**AN ORDINANCE AMENDING WAYNE MUNICIPAL CODE CHAPTER 90, ARTICLE I IN GENERAL, BY AMENDING SECTION 90-10 DEFINITIONS; TO PROVIDE FOR THE REPEAL OF CONFLICTING ORDINANCES OR SECTIONS; AND TO PROVIDE FOR AN EFFECTIVE DATE.**  
BE IT ORDAINED by the Mayor and Council of the City of Wayne, Nebraska:  
Section 1. The Planning Commission held a public hearing on May 3, 2010, and recommended amending Section 90-10 Definitions of the Wayne Municipal Code, with the "Findings of Fact" being that it will provide consistency in the Municipal Code and it is staff's recommendation.

### ORDINANCE NO. 2010-11

**AN ORDINANCE AMENDING WAYNE MUNICIPAL CODE CHAPTER 90, ARTICLE I IN GENERAL, BY AMENDING SECTION 90-10 DEFINITIONS; TO PROVIDE FOR THE REPEAL OF CONFLICTING ORDINANCES OR SECTIONS; AND TO PROVIDE FOR AN EFFECTIVE DATE.**  
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### ORDINANCE NO. 2010-12

**AN ORDINANCE AMENDING WAYNE MUNICIPAL CODE CHAPTER 90, ARTICLE I IN GENERAL, BY AMENDING SECTION 90-10 DEFINITIONS; TO PROVIDE FOR THE REPEAL OF CONFLICTING ORDINANCES OR SECTIONS; AND TO PROVIDE FOR AN EFFECTIVE DATE.**  
BE IT ORDAINED by the Mayor and Council of the City of Wayne, Nebraska:  
Section 1. The Planning Commission held a public hearing on May 3, 2010, and recommended amending Section 90-10 Definitions of the Wayne Municipal Code, with the "Findings of Fact" being that it will provide consistency in the Municipal Code and it is staff's recommendation.

Section 2. That Chapter 90, Article I, Section 90-10 of the Wayne Municipal Code is amended by adding the following definitions:  
Sec. 90-10. Definitions.  
**Non-farm Buildings** are all buildings except those buildings utilized for agricultural purposes on a farmstead of twenty acres or more which produces one thousand dollars or more of farm products each year.  
**Vehicle Towing Service** is any person or business offering the services of a vehicle wrecker or towing service to the general public, whereby motor vehicles are towed or otherwise removed from the place where they are located, by use of a wrecker so designed for that purpose, or by a truck, or other equipment so adapted to that purpose, or in the business of storing towed vehicles.  
Section 3. All Ordinances or parts of Ordinances in conflict herewith are repealed.  
Section 4. This Ordinance shall be in full force and effect after its passage, approval, and publication as provided by law.  
PASSED AND APPROVED THIS 15th day of June, 2010.  
**The City of Wayne, Nebraska**  
By: Mayor  
Attest:  
City Clerk  
(Publ. June 24, 2010)

### ORDINANCE NO. 2010-11

**AN ORDINANCE AMENDING WAYNE MUNICIPAL CODE CHAPTER 90, ARTICLE XII ADMINISTRATIVE PROCEDURE AND ENFORCEMENT BY AMENDING SECTION 90-882 BUILDING PERMITS REQUIRED; TO PROVIDE FOR THE REPEAL OF CONFLICTING ORDINANCES OR SECTIONS; AND TO PROVIDE FOR AN EFFECTIVE DATE.**  
BE IT ORDAINED by the Mayor and Council of the City of Wayne, Nebraska:  
Section 1. The Planning Commission held a public hearing on May 3, 2010, and recommended amending Section 90-882 Building Permits Required of the Wayne Municipal Code, with the "Finding of Fact" being that it is staff's recommendation.  
Section 2. That Chapter 90, Article XII, Section 90-882 of the Wayne Municipal Code is amended by adding the following definitions:  
Sec. 90-882. Building Permits Required.  
(a) No building or other structure shall be erected, moved, added to or structurally altered without a permit issued by the administrative official. No permit shall be issued by the administrative official except in conformity with the provisions of this chapter, unless he receives a written order from the board of adjustment in the form of an administrative review or variance as provided by this chapter.  
(b) No building permit or city construction over-site shall be required for farm buildings erected within the city's extraterritorial zoning jurisdiction. Any farm buildings being erected will however require a Certificate of Zoning Compliance and an Occupancy Certificate once the structure is complete. A building permit, inspections, and occupancy certificate are still required for all non-farm buildings erected within the city's extraterritorial zoning jurisdiction.  
Section 3. All Ordinances or parts of Ordinances in conflict herewith are repealed.  
Section 4. This Ordinance shall be in full force and effect after its passage, approval, and publication as provided by law.  
PASSED AND APPROVED THIS 15th day of June, 2010  
**The City of Wayne, Nebraska**  
By: Mayor  
Attest:  
City Clerk  
(Publ. June 24, 2010)

### ORDINANCE NO. 2010-12

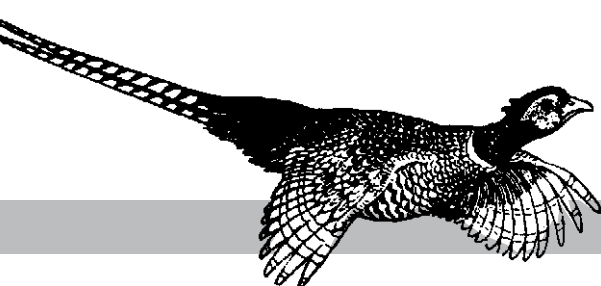
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By: Mayor  
Attest:  
City Clerk  
(Publ. June 24, 2010)

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PASSED AND APPROVED THIS 15th day of June, 2010  
**The City of Wayne, Nebraska**  
By: Mayor  
Attest:  
City Clerk  
(Publ. June 24, 2010)

### ORDINANCE NO. 2010-12





The Wayne Herald

Legal Notices

WAYNE CITY COUNCIL PROCEEDINGS

June 1, 2010

The Wayne City Council met in regular session at 5:30 p.m. on June 1, 2010. In attendance: Mayor Shelton; Councilmembers Van Delden, Haase, Alexander, Ley, Berry and Chamberlain; Attorney Pieper; City Administrator Johnson; and City Clerk McGuire. Absent: Councilmembers Frevert and Sturm.

Minutes of the May 18, 2010, meeting was approved.

The following claims were approved: ADDITIONS AND/OR CORRECTIONS TO CLAIMS LIST: Delete from previous year claims listings: Uncashed claim checks - 2654.81

VARIOUS FUNDS: ALARM PROS, SE, 79.13; AMAZON, SU, 188.25; AMERITAS, RE, 2168.66; APPEARA, SE, 135.19; AQUATIC ACCESS, SU, 5300.00; BANK FIRST, FE, 210.00; CITY EMPLOYEE, RE, 72.93; BLACK HILLS ENERGY, SE, 151.91; BOMGAARS, SU, 16.99; BOMGAARS, SU, 962.27; CITY EMPLOYEE, RE, 127.21; CALIFORNIA CONTRACTORS, SU, 111.12; CEDAR CO SHERIFF'S OFFICE, SE, 45.00; CITY OF WAYNE, RE, 600.00; CITY OF WAYNE, RE, 250.00; CITY OF WAYNE, RE, 560.00; CITY OF WAYNE, PY, 62042.73; CITY OF WAYNE, RE, 50.00; COMMUNITY HEALTH, RE, 4.00; DAKOTA BUSINESS SYSTEMS, SE, 101.50; DEMCO, SU, 160.32; CITY EMPLOYEE, RE, 68.30; DUTTON-LAINSON, SU, 133.81; ECCON HEATING, SU, 602.59; ECHO GROUP, SU, 79.22; ELECTRIC FIXTURE, SU, 119.34; ELECTRIC INNOVATIONS, SU, 403.90; ELECTRONIC ENGINEERING, SU, 88.24; FIRST CONCORD GROUP, SE, 3824.78; FLOOR MAINTENANCE, SU, 97.49; FORT DEARBORN LIFE, SE, 106.64; GERHOLD CONCRETE, SU, 216.13; HAWKINS, SU, 1337.67; HOLIDAY INN OF KEARNEY, SE, 279.80; ICMA, RE, 5635.76; IRS, TX, 19126.33; JACK'S UNIFORMS, SU, 40.95; JEO CONSULTING GROUP, SE, 6909.50; KOENIG ENTERPRISES, RE, 825.00; KRIZ-DAVIS, SU, 61.35; LANCASTER CO SHERIFF, SE, 25.00; LAYNE CHRISTENSEN, SE, 36785.33; LINWELD, SU, 18.36; MICHAEL TODD & CO, SU, 171.77; MIDWEST OFFICE AUTOMATION, SE, 138.96; MSC INDUSTRIAL, SU, 337.71; MTCS, SU, 150.00; NASB, FE, 120.00; NE DEPT OF REVENUE, TX, 2730.63; NE NEB INS AGENCY, SE, 89.00; NE PUBLIC HEALTH, SE, 168.00; NETWORKING PLUS, SE, 60.00; NNPPD, SE, 1999.65; OLSSON ASSOCIATES, SE, 3864.19; PAMIDA, SU, 6.70; CITY EMPLOYEE, RE, 725.49; CITY EMPLOYEE, RE, 88.40; QUALITY TRANSMISSION, SE, 170.03; QUILL, SU, 10.79; QWEST, SE, 427.95; RANDOM HOUSE, SU, 143.91; RANDY ROGERS, RE, 500.00; RUTJENS CONSTRUCTION, SE, 144008.70; SCOTT HASEMANN, RE, 500.00; STATE NATIONAL BANK, RE, 89603.75; STEVE HARRIS CONSTRUCTION, SE, 27919.61; VAN DIEST SUPPLY, SE, 1800.00; VERIZON, SE, 261.57; VIAERO, SE, 136.23; WAYNE STATE COLLEGE, RE, 1000.00; ZIMCO, SU, 4981.30; ARNIE'S FORD-MERCURY, SE, 1038.88; AS CENTRAL SERVICES, SE, 448.00; ATCO INTERNATIONAL, SU, 52.80; BLACK HILLS ENERGY, SE, 112.59; CITY OF NORFOLK, SE, 233.85; CITY OF WAYNE, RE, 20.00; CITY OF WAYNE, RE, 51.00; CITY OF WAYNE, RE, 948.00; CITY OF WAYNE, RE, 4044.71; COPY WRITE, SE, 120.14; DE LAGE LANDEN FINANCIAL, SE, 77.00; HAWKINS, SU, 253.25; KELLY SUPPLY, SU, 125.80; LARRY MITCHELL, SU, 150.00; NNEDD, SE, 703.00; NE PUBLIC HEALTH, SU, 603.00; NORTHEAST NE RESOURCE, RE, 2750.00; PETERSON INDUSTRIAL ENGINE, SE, 7771.00; PIEPER, MILLER & DAHL, SE, 2590.26; CITY EMPLOYEE, RE, 219.40; STADIUM SPORTING GOODS, SU, 96.00; STATE NATIONAL BANK, RE, 458.21; VAN DIEST SUPPLY, SU, 119.80; VERIZON, SE, 317.37; WASTE CONNECTIONS, SE, 95.61; WAED, RE, 10000.00; WAED, RE, 6383.33; WAED, RE, 70.00; WAYNE STATE COLLEGE, RE, 800.00; CITY EMPLOYEE, RE, 561.88; WHELEN ENGINEERING, SE, 25.05

Sandy Bartling, who sits on the Board of Directors of Heritage Nebraska Main Street, presented the City with a plaque on behalf of said organization, for being an "Outstanding Public Partner."

Public Hearings were held on the following matters: > Redevelopment Plan Amendment of Western Ridge to include Lot 15 therein. > Wayne Revolving Loan Fund Application of Jeff and Jill Ellis for \$75,000 which will be used to purchase a building and relocate their existing business to Wayne.

Action on Change Order No. 2 regarding the Well House and Municipal Well 2009-1 Project was postponed until the next meeting.

APPROVED: Request made by Darin Greunke, Leader

of the Sharp Shooters 4-H Club, to operate a shooting gallery style air gun trailer at the Henoween and Chicken Show activities in July.

Recess as Council and reconvene as the Community Development Agency.

> CDA Minutes of May 18, 2010. > CDA Res. 2010-1 recommending approval of a redevelopment plan amendment for the Western Ridge Single-Family Residential Planned Unit Development Project in the City of Wayne, Nebraska; and approval of related actions.

Adjourn as Community Development Agency and reconvene as Council.

Res. 2010-27 approving a Redevelopment Plan Amendment; and related matters.

Res. 2010-28 confirming the application for and approving the use of not to exceed \$75,000 from the Wayne Revolving Fund.

Second reading of Ord. 2010-10 amending Wayne Municipal Code, Sec. 90-10 Definitions.

Second reading of Ord. 2010-11 amending Wayne Municipal Code, Sec. 90-882 building permits required.

Res. 2010-29 making a determination of sufficiency of objections filed to the creation of Street Improvement District No. 2010-1.

Res. 2010-30 making a determination of sufficiency of objections filed to the creation of Street (Sidewalk) Improvement District No. 2010-2.

Res. 2010-31 making a determination of sufficiency of objections filed to the creation of Street (Sidewalk) Improvement District No. 2010-3.

Res. 2010-32 making a determination of sufficiency of objections filed to the creation of Street (Sidewalk) Improvement District No. 2010-4.

To amend the Sales Tax Capital Projects Plan to add \$250,000 for the Downtown Sidewalk Plan.

Authorizing staff to seek bids regarding a heating/air conditioning system for the billing office and police department in City Hall.

Bid specs for a commercial front deck lawn mower and authorizing staff to seek bids for the same.

WAPA Revision 3 of Exhibit C to Contract No. 90-BAO-500.

Meeting adjourned at 6:08 p.m.

The City of Wayne, Nebraska

By: Mayor

ATTEST: City Clerk

(Publ. June 24, 2010)

PROCEEDINGS WAYNE BOARD OF EDUCATION REGULAR MEETING

June 14, 2010

The regular meeting of the Wayne Community Schools Board of Education was held at the Wayne High School, Wayne, NE on Monday, June 14, 2010 at 5:10 p.m. Notice of the meeting and place of agenda was published in the Wayne Herald. A copy of the Nebraska Open Meetings Act was displayed for the public to read.

The following Board members answered roll call: Mrs. Wendy Consoli, Mr. Mark Evetovich, Mr. Rod Garwood, Mr. Ken Jorgensen, Dr. Carolyn Linster, and Dr. Jeryl Nelson, also present Attorney, Mr. Kyle Dahl.

Adoption of the Agenda: Motion by Garwood, second by Evetovich to adopt the agenda as presented with a need for executive session to discuss the Superintendents Evaluation document. Motion carried.

Approval of the Minutes from Previous Meetings: Minutes from Special Meeting- May 10, 2010

Minutes from Regular Meeting- May 10, 2010

Minutes from Special Meeting - June 1, 2010

Motion by Nelson, second by Jorgensen to approve May 10, 2010 Special and Regular Meeting and June 1, 2010 Special Meeting as written. Motion carried.

Routine Business Reports and Actions: Personnel: None

Financial Reports and Claims: Financial Claims

Motion by Garwood, second by Jorgensen to approve the financial claims and reports as presented. Motion carried.

Gifts: On behalf of the Wayne Board of Education, thank you to Pac N Save and the District Constituents for the receipt sale for each school.

Bids and Contracts: None

Communications from the Public on Agenda Items: No communication from the public.

Informational Items or Reports: Faculty: Administration:

Written reports were provided by administrators. Copies of their reports are available at the district office upon request.

Mr. Hanson

Mr. Krupicka -The Board of Education would like to thank Mr. Krupicka for his years of service to Wayne Community Schools and wish him the best in Grand Island.

Mr. Schrunck

Mrs. Bear- Mrs. Bear requested adding a part time para position that would be paid through SPED. This position will provide translation services for the district, which was provided by Title III Consortium.

Mr. Ruhl

Superintendent Report- Mr. Lenihan- Mr. Lenihan has a written report,

which is available upon request, at the District Office regarding these subjects:

NRCSA membership- NRCSA (Nebraska Rural Community Schools Association) is an association consisting of about 180 school districts and ESU's in Nebraska working together to promote quality educational programs for students in rural Nebraska. Mr. Lenihan would like to join NRCSA. This group would be beneficial for our district. Dues are \$700 a year.

Rule 21 & Rule 24 - NDE

Hot lunch prices - information- Lunch prices will stay the same as last year.

Safety Inspection

Maintenance and Facility update- The high school roof is about 40% done. The project should be done about mid July.

Budget update - information- Line items completed this week. By mid July the 2010-11 budget should be about complete.

School Law Seminar- Mr. Dahl attended the School Law seminar in Kearney. He stated it was a good conference and has information regarding policies to share with the policy committee.

Board Committees

Finance- Mr. Garwood, Dr. Linster, and Dr. Nelson

Negotiations- The Negotiated agreement is complete and signed.

Planning- No report

Budget- No report

Legislative- Mrs. Consoli, Mr. Evetovich, and Mr. Jorgensen

Policy- Review Policy 5000-6000 series for July.

Legislation - No report

Americanism- Need to have a meeting in July

Curriculum- No report

Public Relations/Facilities- Mr. Jorgensen, Mr. Evetovich, and Dr. Nelson

Foundation- Mr. Jorgensen

Community Relations- No report

Facilities- Mr. Lenihan reported on facilities in his report

Technology- No report

Transportation- No report

Custodial- No report

Old Business:

Policy 5420- Dating Violence Prevention- 2nd Reading

Revision of Policy 1403 - Use of Public Funds- 2nd Reading

Motion by Garwood, second by Evetovich to approve the second readings of Policy 5420-Dating Violence Prevention and Revisions on Policy 1403- Use of Public Funds. Motion carried.

New Business:

New - Policy 3107 - Contracting for Services- 1st Reading - Motion by Evetovich, second by Consoli to approve the first reading of Policy 3107 - Contracting for Services. Motion carried.

New - Policy 3108- Records Management and Disposition- 1st Reading- Motion by Jorgensen, second by Nelson to approve the first reading of Policy 3108 - Records Management and Disposition. Motion carried.

Revision- Policy 1210- Minutes- 1st Reading- Motion by Jorgensen, second by Consoli to approve the revisions of Policy 1210 - Minutes. Motion carried.

New - Policy 5310- Student Health Inspections- 1st Reading- Motion by Consoli, second by Nelson to approve the first reading of Policy 5310 - Student Health Inspections. Motion carried.

New - Policy 4210- Personal- Wage and Deduction Information- 1st Reading- Motion by Garwood, second by Consoli to approve the first reading of Policy 4210 - Personal-Wage and Deduction Information. Motion carried.

New - Policy 12003- Student Residence, Admission and Contraction for Education Services- 1st Reading - Motion by Evetovich, second by Nelson to approve the first reading of Policy 12003- Student Residence, Admission and Contraction for Education Services. Motion carried.

Revision- Policy 5312- Students- Entrance Admission- 1st Reading- Motion by Consoli, second by Garwood to approve the revisions of Policy 5312- Students - Entrance Admission. Motion carried.

Revision- Policy 5313- Student - Attendance Policy and Excessive Absenteeism- 1st Reading- Motion by Jorgensen, second by Consoli to approve the revisions to Policy 5313- Student - Attendance Policy and Excessive Absenteeism. Motion carried.

Revision- Policy 6212- Assessments- Academic Content Standards- 1st Reading- Motion by Garwood, second by Nelson to approve the revisions to Policy 6213- Assessments - Academic Content Standards. Motion carried. Roll call vote: Jorgensen, yes; Evetovich, yes; Linster, yes; Nelson, yes; Consoli, yes; Garwood, yes.

Hot Lunch Prices- Motion by Garwood,

second by Nelson to approve the hot lunch prices to stay the same as 2009-10 school year. Motion carried.

Boardmanship:

Public Meeting Laws Workshop - June 23rd- Lifelong Learning Center, Norfolk. Dr. Linster, Mr. Dahl, Mrs. Consoli and Mr. Evetovich will be attending this meeting.

Future Agenda Items:

Part Time SPED Para, NRCSA Membership, Budget Updates, Review Policies 5000-6000 series, 2nd readings of policies 6212, 5313, 5312, 12003, 4210, 51310, 1210, 3108, and 3107.

Executive Session: Motion by Evetovich, second by Jorgensen to enter into executive session at 6:11 p.m. to discuss Superintendent's evaluations document, with the Board and Mr. Dahl present. Motion carried. Motion by Linster to come out of executive session at 6:23 p.m.

Adjournment: Motion by Garwood, second by Nelson to adjourn the meeting at 6:25 p.m. Motion carried.

The next regular meeting of the Wayne Community Schools Board of Education will be held on Monday, July 12, 2010 at 5:00 p.m. at Wayne High School.

Accessibility dot Net, Inc., 27.00; Advance Education, Inc., 625.00; Arnie's Ford-Mercury Inc., 417.07; Assoc. For Supervision & Curriculum Dev., 147.00; Barone Security Systems, 97.50; Beiermann Electric, 530.25; Black Hills Energy, 368.74; Carhart Lumber Company, 73.21; City Of Wayne, 10,708.57; Colleen Janke, 84.00; Constellation Energy, 1,521.50; Curtis & Coleen Jeffries (Copy Write Publishin, 791.77; Dakota One Business Machines, 1,489.00; Deere Credit, Inc., 513.70; Diamond Center, 117.50; Egan Supply Co., 4,740.00; elnstruction Corp., 3,673.00; Ellis Plumbing, Heating & A/C, 250.91; First National Bank Omaha, 67.01; Francotyp-Postalia, Inc., 179.85; Gill Hauling, Inc., 405.00; Hartington Shopper, 92.80; Heikes Automotive Service, 1,313.04; Hewlett-Packard Company, 1,924.00; Hiatt School Safety Review Service, 350.00; Kooli Communications, Inc., 55.00; Lee Brogie, 557.15; Meyer Laboratory, Inc., 2,015.94; Midland Computer, Inc., 83.37; Mid States School Bus, Inc., 6,665.92; Midwest Office Automations, 3,389.98; NCS Pearson, Inc., 1,112.80; Nefl Company, 483.27; Northeast Nebraska Insurance, 17,998.00; Northeast Nebraska Public, 28.02; Northeast Equipment, 203.64; O'Keefe Elevator Co., Inc., 2,762.72; Pac 'n' Save, 155.24; Pamida #165, 27.98; Pieper, Miller & Dahl, 457.00; Plunketts Pest Control, 185.50; Providence Medical Center, 2,960.25; Rasmussen Mechanical Service Corp., 1,008.00; Renaissance Learning, Inc., 279.00; Susan Holdstedt (DBA S&H Tax Service), 196.00; S.D. 17 Activity Fund, 5,000.00; S.D. 17 Lunch Fund, 2,000.00; S.D. 17 Petty Cash Account, 1,200.51; Tom's Body & Paint Shop, Inc., 200.00; Verizon Wireless, 122.81; Wayne Herald/Morning Shopper, 628.54; Wayne-Carroll Music Boosters, 1,800.00; Western Office Technologies, 86.95; Wordware Inc., 2,100.00; Wayne State College, 20,000.00; Bill Young, 2,650.50.

GENERAL FUND Totals: \$106,921.51

Report Total: \$106,921.51

Hauff Mid-America Sports Inc., 985.00; Leonard F. Jones, 3,270.00; Quill Corporation, 69.89; Qwest, 410.40; Maramide, Inc DBA Tri-State Turf & Irrigation, 71.20; Zach Oil Company, 1,474.41.

GENERAL FUND Totals: \$6,280.90

Report Total: \$6,280.90

Ann Ruwe, 8.83; Assoc. For Supervision &

Curriculum Dev., 124.00; Eakes Office Plus, 494.45; Emily Sims, 67.50; Follett Library Resources, 2,207.58; GE Money Bank/Amazon, 170.97; Mark Lenihan, 213.84; Nebraska Library Commission, 2,898.00; Qwest, 281.96; Reliable Office Supplies, 156.72; Robert Brooke & Assoc., Inc.,

396.50; School Mate, 412.50; Western Office Technologies, 86.95; Willisie Company/Graves & Associates, 892.98.

GENERAL FUND Totals: \$8,412.78

Report Total: \$8,412.78

Ann Ruwe, Secretary (Publ. June 24, 2010)



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MORE LEGALS ON PAGE 6C

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CANDIDATE FILING DEADLINES GENERAL ELECTION 2010

The vacancies listed below will be filled at the General Election and have a filing deadline of July 15th for incumbents, and August 2nd for new filers.

Table with 2 columns: Subdivision and Position. Subdivisions include Educational Service Unit #1, Educational Service Unit #8, Northeast Nebraska Public Power, Noxious Weed Control, Village of Carroll, Village of Hoskins, Village of Sholes, Village of Winside. Positions include Board Member, District 5, Board Member, District 7, Subdivisions 2 & 3, Urban Board Member, Trustee, Trustee, Trustee, Trustee.

If you have any questions contact the County Clerk's Office at 402-375-2288. Debra Finn, Wayne County Clerk



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## Area senior invited to special concert in Wayne

All Senior adults in the area are invited to the Wayne Senior Center on Wednesday, June 30 to hear Dr. Linda Christensen (WSC Music Department Chair and Piano Teacher) and Philip Pfaltzgraff (WSC Staff Accompanist) present a program for the Senior Center at 11:30 a.m.

The two piano players are headed to England to perform at an "Irish Music Conference" in Durham, England in July. Dr. Elise Gutshall (Soprano voice faculty at WSC) will join the two pianists in their England concert which will be a presentation of some of the two-piano music of Joan Trimble.

This opportunity comes from the submission of a two-piano recital program presented on the WSC campus on Nov. 3, 2009. Dr. Christensen submitted the recording and the WSC faculty were invited to attend the conference and be "presentors" on the program.

The concert at the Senior Center on June 30 will feature the two pianists playing two electric keyboards. The music they play will be a portion of the concert to be performed in England.

Please call the Senior Center and make reservations for lunch at least

a day before the concert so that there is enough food for all the guests.

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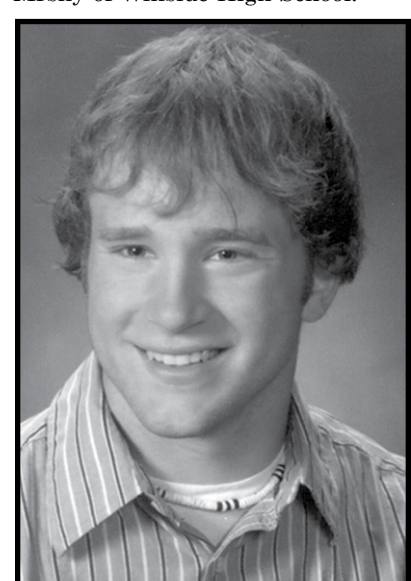
## Michael Food Scholarships are awarded

Cally Tschirren of Allen and Josh Doorlag of Wayne are the recipients of this year's Shaping Leaders Scholarship sponsored by Michael Foods of Wakefield.

Cally graduated from Allen High School where she was involved in a variety of activities including Science Club, band, choir, class officer, National Honor Society, Quiz Bowl and sports. She has worked at Big Red Breaking since January of 2008. Cally is looking towards a post-secondary major of dietetics and will be attending Wayne State College.

Josh graduated from Wayne High School where he was involved in a variety of activities including concert band, marching band, choir, National Honor Society, Spanish club, Project Extra Mile Youth Group, wrestling manager and sports. He has been working at Big Red Houses since June of 2008. Josh is planning to pursue a degree in electronics technology from Southeast Community College in Lincoln.

The first alternate is Jenna Henderson of Wakefield High School and the second alternate is Cassie Mrsny of Winside High School.



Josh Doorlag

### Wanted ... Church news

The Wayne Herald would like to print information and schedules from area churches.

All information submitted to the Herald by Monday at 5 p.m. (delivered to the Herald office) or emailed by 8 a.m. on Tuesday will be included in that week's edition of the paper.

Articles may be mailed to P.O. Box 70, Wayne, Neb. 68787 or emailed to clara@wayneherald.com

The Herald thanks its readers and area ministers for their cooperation in our effort to keep informed on the happenings at various churches.

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# DAIRY

## Nutritional guidelines for student athletes

### Why is nutrition important for athletes?

As a student athlete, the food that you eat is the fuel source for your activity. If you fuel your body with healthy foods, it will perform better, become less fatigued and reduce your risk for injury. Make sure that you choose healthy foods year round, not just during the sports season or the day of a big game. Consistently eating well is the best game plan to ensure that you always perform at your best.

### What should I be eating?

Aim for a well balanced diet. This means eating a wide variety of foods from all the food groups including dairy foods, grains, meat and beans, fruits and vegetables. Eating a wide variety of foods helps to make sure that your body gets the nutrients that it needs for proper growth and development and good health and performance. (For more information about what you should be eating, visit: mypyramid.gov.)

**Grains:** This food group provides a source of carbohydrate, which is your bodies preferred energy source for fueling activity. At least half of grain servings should come from whole grains such as 100% whole grain breads, cereals and pastas, brown rice and oats. Whole grains contain fiber and other important nutrients.

**Meat and beans:** This food group is a good source of protein which is needed by your body for proper growth, repairing tissue and muscles, moving nutrients throughout your body and muscle contraction. Choose lean meats such as chicken or turkey, fish, pork, and lean cuts of red meat. Nuts, seeds, and beans are also great sources of protein. Although protein is an important part of your diet, excess protein, beyond recommended levels, is not necessary for athletes and will not help you build more muscle. The only way to build muscle is through athletic training.

**Fruits and Vegetables:** These two food groups also provide our bodies with carbohydrates for energy. They also provide many nutrients that are important for good health and preventing chronic disease. When selecting fruits and vegetables, variety is important. When eating fruits and vegetables, choose those that are brightly colored most often, such as carrots, broccoli, spinach and peppers. Generally, the darker the color, the more nutrients it contains.

**Dairy:** Dairy foods provide a good source of both carbohydrate and protein. Some dairy foods also provide fat although there are many low-fat and fat-free options. Dairy foods include milk, cheese and yogurt. Dairy foods contain many important nutrients and provide many health benefits including bone health, dental health, heart health and others. Physical activity is important for bone health but bones also need calcium, vitamin D and other nutrients found in dairy foods to be

strong and prevent breaks and fractures.

**Oils:** Oils provide our body with a source of fat. In addition to carbohydrate, fat is an energy source for our body. Because fat is a more concentrated energy source, it is especially effective for fueling activities of longer duration such as marathon running. Fat is also important for normal growth and development, transporting vitamins throughout the body and providing essential fatty acids. The majority of fat in your diet should come from healthy monounsaturated and polyunsaturated fats that exist in oils, such

as canola, olive, peanut, and soybean oils. Nuts, seeds, and fatty fish are also excellent sources of healthy oils.

### Training Tips

- Before the Game: Choose a light meal or snack that is easy to digest and is rich in carbohydrates, moderate in protein and low in fat. You may need to experiment with different foods to find those that work best for you. Finish eating 1-4 hours before your game or competition to allow plenty of time for the meal or snack to be digested and to avoid discomfort.
- During the Game: You should focus on staying hydrated. Inadequate fluid

intake may result in dehydration, which can result in cramps, dizziness, heat exhaustion, or even heat stroke. It is important to listen to your body and drink when you are thirsty. Try drinking some fluids every 15-20 minutes. If you are exercising in the heat you may need even more.

- After the Game: Now is the time to replace the fluids and energy that were lost during your exercise. It is important to continue to drink fluids throughout the day to rehydrate your body. Also eat another carbohydrate-rich meal or snack that also contains protein to help replenish muscle glyco-

gen stores and repair muscles. **Milk's Role in Hydration and Recovery**

You have probably heard that milk is good for your bones but did you know that it is good for athletes too? White or flavored milk is an ideal beverage to drink after exercise because every serving contains the nutrition needed to refuel your body after exercise. These nutrients include:

- Carbohydrates to refuel muscles
- Protein to reduce muscle breakdown and stimulate growth
- Fluid and electrolytes to replenish

See ATHLETES, page 14C



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**AUCTION SCHEDULE**

**FAT CATTLE**  
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**WEIGH-UP COWS & BULLS**  
Friday — 8:30 a.m.


**FEEDER CATTLE**  
Friday — 12:00 p.m.

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- Brian Bjerkaas, Viborg, SD (Field Rep.) 605-661-5083
- Travis VanDuysen, Wagner, SD (Field Rep.) 605-661-3826
- Eg Sage, Crofton, NE (Field Rep.) 402-640-8420
- Matt VanDriel, Yankton, SD (Field Rep.) 605-661-8724
- Jeb Peterson, Hitchcock, SD (Field Rep.) 605-354-4603
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# DAIRY

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# JUNE IS DAIRY MONTH



The Marotz family includes, left to right, Logan, Kevin, Landon, Brutus (the dog), Leah and Lindsay. A portion of the family's dairy herd can be seen in the background.

## Dairy business is family affair

By Clara Osten, Of the Herald

For the Kevin and Leah Marotz family, the dairy business is a family affair.

All members, including Kevin's father, are involved in one way or another. In fact, the farm on which the dairy sits, has been in the Marotz family for more than 100 years and the Marotz children are the third generation to work with dairy animals.

The dairy, located northeast of Hoskins, has been in the family since

1960 when his father and uncles began milking cows. The shell of the original milk parlor is still in use, although the building has been expanded several times.

In 2003 Kevin expanded the milking facility from a double six to double 10, allowing 20 cows to be milked at one time.

The Marotz dairy now milks 160 cows, with assistance of a full-time hired man, Martin Tejada.

"We milk all pure-bred Holsteins and generally buy two or three new cows

each year," Kevin said.

Milk is stored in a 2,500 bulk tank, with an additional 800 gallon tank available. Milk is picked up by Associated Milk Producers, Inc. (AMPI) every other day.

"During this past winter, we had to dump milk three times. We do get reimbursed for a part of what the milk was worth, but not completely," Marotz said.

Marotz also noted that milk prices vary a great deal and are currently at \$15 per hundredweight, which he said is "close to a break even point." He said over-production and the loss of exports have led to much lower prices paid to dairy producers for the milk they produce.

The Marotz family includes Kevin, his wife, Leah, who does the book work for the dairy; sons Logan, 17, who will be a senior at Norfolk High School; Landon, 14, who will be a freshman at Norfolk High School and daughter, Lindsay, 9, who will be a fourth grader at Trinity Lutheran School in Hoskins.

The boys help with milking and other chores on a regular basis and Lindsay helps where she can.

When not working with the dairy, the family likes to go boating and generally try to get away to a private lake at Norfolk.

"We aren't able to get away too often so boating is our family time," Kevin said.

Kevin is involved in a number of ways with AMPI and has served as a delegate at the annual meeting and is currently on the resolution team. He has been a 4-H project leader for many years and has been involved in 4-H both as a child and as a parent. In addition, he has served as the secretary of his church and is currently the board chairman on the school board for Trinity Lutheran School.

Food for the cows is primarily produced on the land which is farmed by Kevin's father. Hay and corn are chopped and stored in silos on the farm.

"The cows eat 85 to 100 pounds of feed each day. This includes approximately 45 pounds of corn silage, 15 pounds of hayage, eight pounds of corn, eight pounds of protein mix, three pounds of cotton seed, three pounds of long hay, two pounds of oats and 1.5 pounds of mineral," Kevin said.

A nutritionist visits the dairy once a month to make sure the cows are receiving a balanced diet.

"We ask a lot of our cows. They produce approximately 70 pounds of milk per day, approximately 300 to 330 days per year. Because we have only pure-breds, the genetics are there. We look for three things in our cows - strength, udders and feet and legs," Kevin said.

He noted that state inspectors visit the dairy every three months and federal inspectors come every 18 months.

"All aspects of tolerance in the dairy industry have gotten tougher through the years. New rules and regulations will be going into effect soon which impact what we do on the dairy," he said.



Martin Tejada installs the milking machines on several of the Marotz dairy herd.

## WHAT IF YOUR LOCAL ANIMAL AGRICULTURE INDUSTRY DISAPPEARED?

### What else would disappear with it?

Well, to start, the millions of dollars that livestock and poultry producers generate to help build and restore your local schools and parks.

Then there's the locally produced meat that we trust to be part of the safe and healthy meals we feed our families.

And of course saying goodbye to your local poultry and livestock industries would also mean saying goodbye to the number one customer for U.S. soybean meal.

Animal agriculture helps our community thrive. That's why it's important that we continue to give them our support. Because a safe and secure food supply and a safe and secure rural community both come from the same place - inside the barns and out in the fields of America's farmers and producers.

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# JUNE IS DAIRY MONTH

## Milk provides protein & nutrients to help refuel and rehydrate after exercise

Many people are beginning to look at milk in an entirely new way — as a fitness and post-exercise drink.

Whether you like to swim, run, play sports, do yoga or take long walks on the weekend, milk is a nutrient-rich powerhouse that provides the fuel you need when you're active, and the fluids, nutrients and protein to help refuel after exercise.

**Nutrients in milk can benefit athletes:**

- Protein to help build muscle and reduce muscle breakdown
- Carbohydrates to refuel muscles (restore muscle glycogen)
- Electrolytes, including calcium, potassium and magnesium, to replenish what is lost in sweat
- Fluids to help rehydrate the body
- Calcium and vitamin D to strengthen bones
- B vitamins to help convert food to energy

• Nine essential nutrients, including additional nutrients not typically found in traditional sports drinks

There's been growing interest in milk as a fitness drink, especially after exercise.

**Multiple ways milk (including regular and flavored milk) can benefit active people:**

- Chocolate milk's role in helping athletes refuel muscles after a workout
- Regular and chocolate milk's impact on reducing exercise-induced muscle damage and building muscle after exercise

• How milk compares to other drinks for hydration after exercise, and its ability to replenish needed electrolytes and fluids

• Low-fat Chocolate Milk as a Post-recovery Aid

Chocolate milk may be just as effective as certain commercial sports drinks in helping athletes refuel muscles after a workout.

Chocolate milk's combination of carbohydrates and protein first made researchers take notice of a potential exercise benefit. A study conducted at Indiana University found that endurance-trained cyclists who drank lowfat chocolate milk after an intense period of cycling were able to workout longer and with more power during a second workout compared to when the same athletes drank a commercially available carbohydrate replacement drink, and just as long as when they consumed a traditional fluid replacement drink.

In the study, nine endurance athletes exercised to exhaustion and then were immediately given one of the three beverages. After a two-hour recovery period, participants were given another equal serving of the beverage, rested for an additional two hours and then cycled to exhaustion during a second bout of exercise. The results showed that the time to exhaustion and total work performed during the second round of cycling were significantly greater after chocolate milk was consumed compared to the carbohydrate replacement drink, indicating that chocolate milk may help athletes recover faster after a workout session, which could lead to enhanced performance. Chocolate milk was just as effective as the fluid replacement drink.

The researchers conclude that "choc-

olate milk, with its high carbohydrate and protein content, may be considered an effective alternative to commercial fluid replacement drinks and carbohydrate replacement drinks for recovery from exhausting, glycogen-depleting exercise."

A similar study of male cyclists was conducted by researchers in the U.K. This investigation examined the effect of chocolate milk and two commercially available sports drinks on endurance performance following glycogen-depleting exercise. After a recovery period, participants were able to cycle 51% and 43% longer after drinking chocolate milk than after drinking the carbohydrate replacement drink (with the same number of calories) and fluid replacement drink (with the same amount of fluid as the carbohydrate drink), respectively.

**Milk's High-Quality Protein Helps Build and Repair Muscles**

Regular and chocolate milk may reduce exercise-induced muscle damage and may have an advantage when it comes to building muscles after exercise.

Milk contains high-quality protein and essential amino acids that may be particularly beneficial in building and maintaining muscle mass when combined with exercise. Several recent studies suggest milk after exercise can help increase lean muscle, improve body composition and reduce muscle damage from exercise.

Canadian researchers found that active adults who drank milk after resistance exercise experienced greater support for muscle gain compared to the same adults who drank a soy protein beverage. The beverages included the same amount of calories and macronutrients, and while both beverages promoted muscle maintenance and gain, muscle promotion occurred more rapidly and in greater amounts when milk was drank.

A second study conducted by the same research team found that healthy, untrained participants who consumed fat-free milk after exercise gained more muscle and lost more body fat at the end of the 12-week training program compared to those who drank a soy protein beverage or a beverage containing only carbohydrates. All three beverages had the same amount of calories. Milk and the soy beverage also had the same macronutrient profile.

The researchers suggest milk's advantage may be due to unique properties of milk proteins which may cause differences in the speed of digestion and absorption.

Drinking milk after resistance exercise has been shown to help with protein metabolism. Athletic men and women who drank milk one hour after a leg resistance exercise routine experienced a significant increase in the measured amino acids (phenylalanine and threonine), which is representative of net muscle protein synthesis. Other research suggests drinking milk after resistance training may help improve body composition by increasing lean muscle tissue.

A study conducted in the U.K. found that research subjects who drank reduced-fat regular or flavored milk after a strenuous muscle workout experienced less exercise-induced muscle

damage than those who drank water or typical sports drinks — an important finding since this type of muscle damage can lead to future impairments in muscle performance, which could affect future exercise bouts.

**Milk Helps Replenish Fluids and Electrolytes**

Milk may be an equivalent or better choice for hydration after exercise compared to certain beverages, replenishing needed electrolytes and fluids.

Drinking milk after exercise not only provides the carbohydrates and protein to refuel muscles, it also helps replenish fluids and electrolytes that are lost in sweat. Some research suggests milk may be especially effective as a post-exercise rehydration drink due to the mix of nutrients found in milk.

According to the National Athletic Trainers' Association, rehydration beverages should include water, carbohydrates and electrolytes — a nutrition profile that closely matches milk.

Researchers in the U.K. found that milk restored hydration better than other popular post-exercise beverages.

The study compared the rehydration effectiveness of four beverages: lowfat milk, lowfat milk with added sodium, water and a sports drink. Healthy male and female volunteers completed an exercise session in a warm climate. Twenty minutes later, they were given one of the four test beverages. Fluid loss was monitored for four hours following the experiment. They repeated the trials with each of the other test beverages, at least seven days apart. Results showed significantly more urine excretion after drinking water or sports drink compared to milk or milk with added sodium, suggesting that milk may be more effective than water or sports drinks at restoring normal hydration status after exercise.

The researchers believe the results may be due to milk's electrolyte content and energy density. Energy-dense liquids empty from the stomach at a slower rate than water and sports drinks, which may affect the overall fluid balance. In a subsequent study, the same researchers found that drinking fat-free milk after a period of exercise-induced dehydration restored fluid balance better than a commercial sports drink.

Drinking milk after exercise can also help replace electrolytes including potassium, magnesium and calcium that are lost in sweat. In fact, some research suggests rigorous exercise could cause substantial losses of calcium, which may increase the risk of stress fractures. Drinking milk after a workout is an effective way of replenishing this bone-strengthening mineral.

**Milk and Exercise**

More research may be needed to fully understand the role of milk in exercise recovery, but the evidence is promising. Milk contains protein, carbohydrates, fluids and electrolytes like some commercial sports drinks, yet it offers a distinct advantage. Penny-for-penny, no other post-exercise drink contains the full range of vitamins and minerals found in milk. Plus, milk is something most people already have in their refrigerator. Milk provides essential nutrients in a convenient, great-tasting and affordable package.



## Cheesy Pasta

Recipe created by Carol Nau - 2009 NE State Fair Best Overall Recipe

**Ingredients:**

- 1/4 cup butter
- 4 pears peeled, cored and sliced
- 1/2 tablespoon chopped fresh Rosemary
- 1 cup chicken broth
- 4 ounces Gorgonzola cheese, crumbled
- 4 ounces Fontina cheese, grated
- 3/4 cup grated Parmesan Reggiano cheese
- 1/2 cup whipping cream
- Cubed ham - as much as you like
- 3/4 pound Linguine
- 1/3 cup Pistachio nuts

**Directions:**

Melt butter in large skillet. Add pears and saute until tender, about 8 minutes. Carefully transfer pears to a bowl. Add Rosemary to same skillet and stir until fragrant. Add broth, Gorgonzola cheese,

Fontina cheese and 1/2 cup Parmesan Reggiano cheese and cream. Simmer until sauce thickens, about 6 minutes. Whisk occasionally. Add ham. Return pears and any juices to sauce. Bring to a simmer. Add linguine and pistachio nuts to sauce and toss. Transfer to serving dish and sprinkle with 1/4 cup Parmesan Reggiano cheese.



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# JUNE IS DAIRY MONTH

## Top-Scoring Nebraska student wins Fuel Up to Play 60 national competition for promoting healthy eating and physical activity at school

The American Dairy Association/Dairy Council (ADA/DC) of Nebraska announces that Caleb Scholz from Crete Public Middle School in Crete, Neb. is one of 51 winners (one per state + the District of Columbia) of phase one of the national Fuel Up to Play 60 competition. The competition is part of a nationwide initiative by the National Football League (NFL) and the National Dairy Council (NDC) aimed at tackling childhood obesity by giving youth a voice in changing their school nutrition and physical activity environment.

Scholz is Nebraska's mid-point winner for earning high points in the online contest which tracked daily healthy eating and physical activity habits, provided educational challenges and encouraged friend recruitment to the program between Oct. 15 and Dec. 15, 2009. The prize is an iPod Touch and a \$50 NFLShop.com gift certificate.

Phase 2 of the Fuel Up to Play 60 competition runs from Feb. 1 to March 15, 2010. At the competition's conclusion, a national individual winner will receive a healthy makeover with an NFL star and appear in a national promotional spot while the winner's school will receive a cafeteria and gym makeover.

Fuel Up to Play 60 is a free, youth-led program that empowers youth to take charge of their health and become school leaders to create opportunities for 60 minutes of daily physical activity and to make more healthy foods available at school, like low-fat and fat-free dairy foods, fruits, vegetables and whole grains. Meals and snacks consumed at school provide one-third to 50 percent of a student's daily nutritional needs, making the school environment an ideal setting for teaching these healthy behaviors so they become life-long habits.<sup>1</sup>

"We're proud and excited that Caleb Scholz is one of the top participants nationally in the Fuel Up to Play 60 competition," says Jennifer Meyer, a registered dietitian and Director of School Nutrition Programs for the ADA/DC of Nebraska. "This program allows youth the opportunity to take control of their own health and work toward making their school environment healthier by getting involved in daily physical activity and eating nutritious foods, and encouraging their friends to do the same."

### How the Fuel Up to Play 60 Works:

Schools and youth enroll for the program at [FuelUpToPlay60.com](http://FuelUpToPlay60.com). Youth pledge to eat healthier and be more physically active; track their daily healthy behaviors; and earn points to win great prizes. Enrolled schools receive a Fuel Up to Play 60 School Wellness Kit with in-school promotional materials and recommended healthy eating and physical activity strategies that youth teams can implement at their schools. Student leadership work

with adult stakeholders on providing healthy eating and physical activity opportunities designed for their unique school environments.

### Right Program, Right Place, Right Time:

Fuel Up to Play 60 is a proactive response to the growing obesity epidemic and declining physical fitness of America's youth. The program is designed to help reverse the trend toward increased weight and sedentary lifestyles among America's children.

Nearly 32 percent of all children and adolescents, approximately 23 million kids, are now overweight or obese.<sup>2</sup> Over the past 30 years, this trend has assumed epidemic proportions, with the proportion of overweight children aged 6 to 11 years growing from 6.5 percent to 17.0 percent, and rates among adolescents aged 12 to 19 years jumping from 5.0 percent to 17.6 percent. These climbing obesity rates increase children's risk for diet-related chronic diseases, such as type 2 diabetes, metabolic syndrome and cardiovascular disease.<sup>3,4,5</sup>

Research shows that most American children are overfed and undernourished.<sup>6</sup> While most consume more calories than recommended by the USDA's Dietary Guidelines for Americans, only 2 percent of school-aged children consume the recommended daily number of servings from all major food groups.<sup>7</sup> And 62 percent of children aged 9 to 13 years do not participate in any organized physical activity during their non-school hours. Almost 23 percent do not engage in any free-time physical activity at all.<sup>8</sup>

Fuel Up to Play 60 is based on the 2005 Dietary Guidelines for Americans, which recommends consumption of nutrient-rich foods (such as low-fat and fat-free milk and milk products, fruits, vegetables and whole grains) and 60 minutes of physical activity a day.<sup>9</sup>

In Nebraska, Fuel Up to Play 60 is provided by the Midwest Dairy Council and the NFL. It's part of a national initiative to promote healthy eating and physical activity by the NFL and NDC building on existing programs, including NFL PLAY 60: The NFL Movement for an Active Generation, which encourages kids and their families to "get up and play an hour a day."

In January 2010, the U.S. Department of Agriculture (USDA) joined Fuel Up to Play 60 to fight and defeat childhood obesity in cooperation with the NFL, NDC, multiple health organizations and several major corporations. Fuel Up to Play 60 is funded with an initial private sector financial commitment of \$250 million over five years by America's Dairy Farmers. Funding is expected to grow as government, business, communities and families join this effort to improve nutrient-rich food choices and achieve 60 minutes of physical activity each day among children. More than 58,000, or 60 per-

cent, of the nation's 96,000 private and public schools are currently enrolled in Fuel Up to Play 60.

To learn more about Fuel Up to Play 60 or sign up for the program, visit [www.fueluptoplay60.com](http://www.fueluptoplay60.com) or [www.midwestdairy.com](http://www.midwestdairy.com).

### About ADA/DC of Nebraska

The American Dairy Association/Dairy Council of Nebraska contributes to optimal health through leadership in nutrition research and education by encouraging food selection patterns that include dairy foods and other major food categories in accordance with scientific recommendations. The organization also performs advertising, public relations, and retail promotions on behalf of Nebraska dairy producers. For more information, visit [www.nebmilk.org](http://www.nebmilk.org).

### About National Dairy Council

National Dairy Council® (NDC) is the nutrition research, education and communications arm of Dairy Management Inc™. On behalf of U.S. dairy farmers, NDC provides science-based nutrition information to, and in collaboration with, a variety of stakeholders committed to fostering a healthier society, including health professionals, educators, school nutrition directors, academia, industry, consumers and media.

Established in 1915, NDC is dedicated to educating the public on the health benefits of consuming milk and milk products throughout a person's lifespan. For more information, visit [www.nationaldairyCouncil.org](http://www.nationaldairyCouncil.org).

### About NFL PLAY 60

Designed to tackle childhood obesity, NFL PLAY 60 brings together the NFL's long-standing commitment to health and fitness with partner organizations like the National Dairy Council. NFL's PLAY 60 is also implemented locally, as part of the NFL's in-school, after-school and team-based programs. For more information, visit [www.NFLRush.com](http://www.NFLRush.com).

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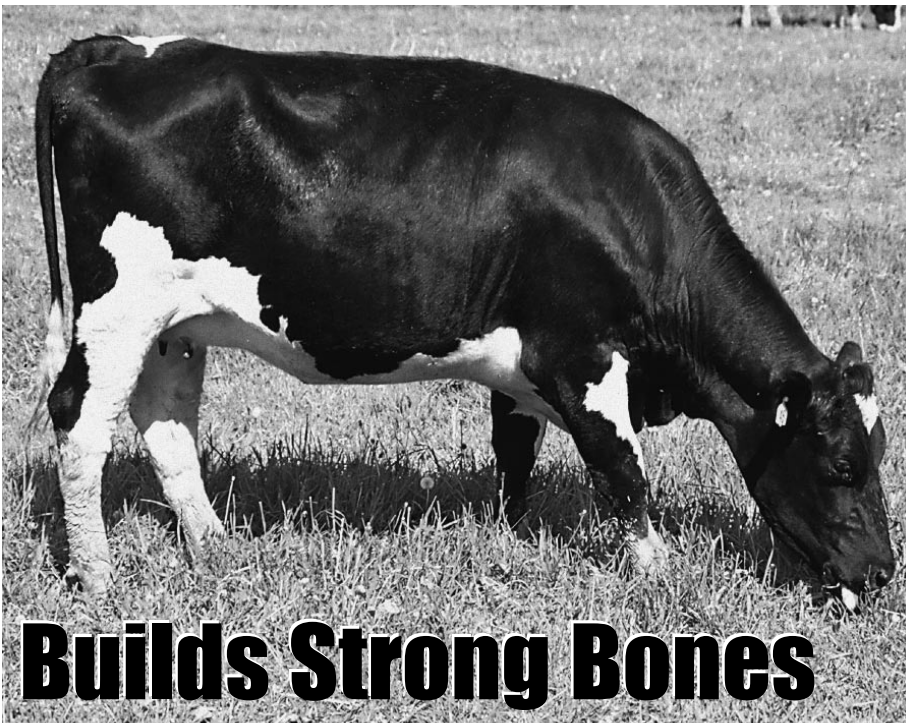
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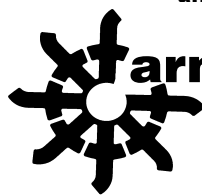
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# JUNE IS DAIRY MONTH

## Eating healthier as you get older

Though even the President of the United States' wife is publicly taking America's obesity epidemic to task, more and more people in America and across the globe are trying to tackle their weight problems and eat healthier. Because kids are naturally more physically active than their adult counterparts, it can be easier for the younger crowd to get healthier.

For seniors, who no longer have rapid metabolisms, losing weight or keeping pounds off is far more difficult. Because even the most active senior is limited in what he or she can handle with respect to physical activity, a greater emphasis must be placed on eating healthy the older a person gets. Fortunately, there are many ways for seniors to eat healthier without making drastic changes to their lifestyles.

### Don't Forget Fluids

Be it seniors, young adults or even kids, water is an essential part of a healthy diet. For years, the medical profession has said eight cups per day is what the average adult needs to keep his or her body working properly. Eight cups per day should help avoid dehydration, the side effects of which include dry skin, elevated heart rate, lack of energy, and weakness.

One area seniors should be extra careful regards their caffeine intake. Caffeine can make the body lose water, so seniors who still enjoy caffeinated coffee or the occasional soda should be aware that it might be costing them in other areas.

### Change Your Shopping Habits

How a person shops for food can have a big impact on how healthy that person eats. For instance, don't shop when you are hungry. Doing so often leads to buying more food than you need and even buying certain foods you otherwise would not eat.

Seniors typically must live on a budget. While this can make it difficult to eat healthy, it's not impossible. Comparison shopping is one way to save money and eat healthy at the same time. Check labels for generic store brands to see if there's any difference in nutritional value. Oftentimes there is no difference, and the generic brands are significantly cheaper.

When buying fruit, buy fruit at various stages of ripeness. That way, you can eat one ripe piece of fruit today and one that will be ripe tomorrow.

### Don't Forget Dairy

While many seniors struggle to digest dairy as they get older, there are ways to still get the health benefits of dairy, including stronger bones, and not struggle with digestion. When eating dairy, eat smaller amounts more times per day. Also, eat dairy products with a meal and not alone. This can help ease digestion. For cheese aficionados, eat aged cheeses like Swiss or cheddar instead of mild cheeses, which are more difficult to digest.



Seniors hoping to eat healthier can alter their dietary habits in a number of ways.



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The dairy case has something for everyone — with fat free and reduced fat varieties, families can choose milk, cheese or yogurt products to meet everyone's taste and nutritional needs.



The best way to get the calcium you need is by eating and drinking foods that naturally contain calcium. Milk and other dairy products are good sources of calcium; they naturally offer the most calcium per serving. Other sources of calcium include tofu, legumes, some green leafy vegetables and calcium-fortified orange juice.



### STRONGER BONES ARE AS EASY AS 1-2-3!

#### 1. Begin Mornings with Dairy

- Parents, be a role model. Enjoy milk with your children every morning — not only will you teach them well, but you'll do your body good too!
- Jump-start your child's day with a smart breakfast by blending lowfat yogurt and fruit for a homemade smoothie.

#### 2. Flavorful Fun for Families

- Studies show that elementary school kids drink 28 percent more milk when offered in "cool" flavors and packages.<sup>1</sup>
- Stock up on calcium-packed grab-and-go snacks such as fruit yogurts, cheese cubes and single-serve containers of lowfat milk.

#### 3. Make Meal Time Family Time

- Eating together as a family promotes good eating habits<sup>2</sup> and improves overall nutrition.<sup>3</sup>
- Involve kids in creative meal planning. Kids are more likely to eat foods they help prepare.

VISIT [www.nationaldairy council.org](http://www.nationaldairy council.org) to print a Dairy Tracker to help your children tally your family's daily dairy intake.



#### Nutritious and Delicious

On average, teens drink only 1 glass of milk a day and drink twice as much soda as milk.<sup>4</sup> Flavored milk is one way children can enjoy great taste and receive nutrients their bodies need. One serving of chocolate milk provides the same combination of 9 essential nutrients as white milk. Kids who drink flavored milk, overall consume more milk and calcium without increasing sugars or total fat in their overall diet.<sup>5</sup>

#### The Lowdown on Lactose Intolerance

If you think you or your child may be lactose intolerant, talk to your doctor or registered dietitian. Most individuals with lactose intolerance can enjoy yogurt and hard cheeses that are naturally low in lactose, such as Cheddar and Swiss. They can also drink lactose-reduced or lactose-free milk.



NATIONAL DAIRY COUNCIL

<sup>1</sup> The School Milk Pilot Test, American School Food Service Association & The National Dairy Council, September 2002.  
<sup>2</sup> National Yogurt Association Web site, <http://www.aboutyogurt.com/kidsnutrition/brainybreakfasts.asp>.  
<sup>3</sup> USDA Continuing Survey of Food Intakes by Individuals, 1994-96, 1998.  
<sup>4</sup> School Milk Makes the Grade: Student Nutritional Status Improves with Enhanced Milk Product, National Dairy Council, 2002.  
<sup>5</sup> The School Milk Pilot Test, American School Food Service Association & The National Dairy Council, September 2002.



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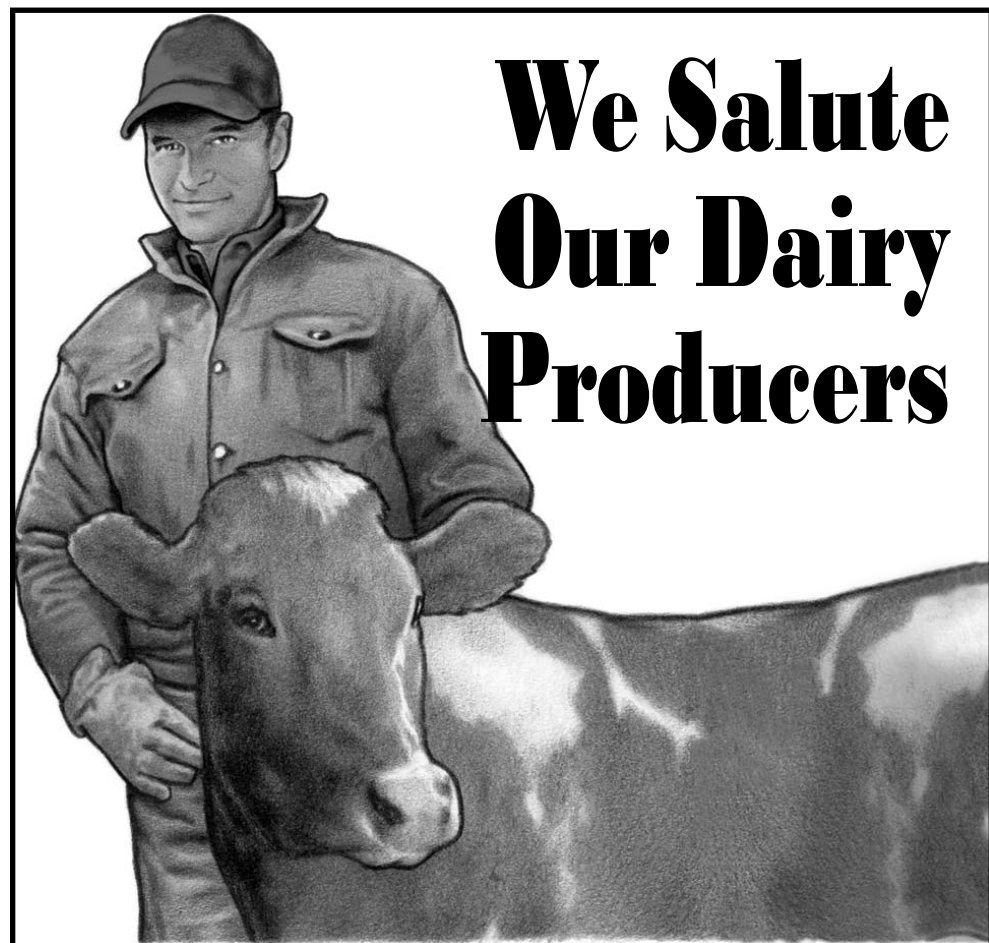
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# JUNE IS DAIRY MONTH

## Potassium recommendation fact sheet

Dairy foods are among the greatest food sources of potassium in the American diet.

Potassium is a mineral that helps regulate fluid and mineral balance and is needed for muscle contractions and transmission of nerve impulses. It also helps regulate blood pressure; an important role considering one in three American adults is living with hypertension.

Potassium plays such an important role in blood pressure regulation and stroke prevention that the Food and Drug Administration has authorized the use of the health claim "diets containing foods that are good sources of potassium and low in sodium may reduce the risk of high blood pressure and stroke," for foods that are naturally low in sodium, fat, saturated fat, and cholesterol, and provide at least 350 mg of potassium per serving, such as fat-free milk and some yogurts.

**What is the Function of Potassium?**

Prior to 2004, no official recommendation for potassium intake existed, although many health professionals recommended 2 grams a day. But in February of 2004, after an extensive review of scientific literature, the Institute of Medicine (IOM) set the Adequate Intake of potassium for adults at 4.7 grams a day - more than double previous estimates. Inadequate dietary potassium intake may increase risk for cardiovascular disease, particularly stroke.

**Adequate Intake For Potassium**

1-3 Years of age	3000 mg/day
4-8	3800
9-13	4500
14 & up	4700

No single age group of Americans is meeting these IOM recommendations. However, researchers have recently found that mean potassium intakes were significantly higher in people who met dairy food intake recommendations of three servings a day, compared to those who did not.

What are the Effects of Potassium Deficiency?

Potassium deficiency is defined as a serum potassium level of less than 3.5 mmol/L. Moderate potassium deficiency may be characterized by increased blood pressure, increased salt sensitivity, increased risk of kidney stones and increased bone turnover. Severe potassium deficiency, or hypokalemia, can lead to cardiac arrhythmias, muscle weakness, and glucose intolerance.

**What Foods Provide Potassium?**

According to nationwide food consumption surveys, milk is the number one food source of potassium for Americans in all age groups. An 8 oz serving of low-fat milk provides about 366 mg of potassium; an 8 oz serving of low-fat, fruit yogurt provides about 490 mg of potassium. Three servings of low-fat milk a day provides 1,098 mg of potassium, close to a fourth of the potassium recommendation. Other common sources of potassium include fruits, vegetables, whole grains, nuts, seeds and dried beans.

Following the Dietary Approaches to Stop Hypertension (DASH) eating plan could help people meet recommended

potassium levels. Research shows the DASH eating plan, a balanced eating plan that includes two to three servings of low-fat dairy foods and eight to ten servings of fruits and vegetables, may help lower blood pressure.

**Sources of Potassium**

- Medium baked potato \*with skin - 926 mg
- 8 Oz yogurt - 490mg
- 1/2 cup pasta sauce - 404 mg
- 8 Oz low-fat milk - 366 mg
- 6 inch banana - 362 mg
- 1 Oz almonds - 200 mg
- Small orange \*2-3/8" - 174 mg
- 1/2 cup cottage cheese \*4% milkfat - 118 mg

Additional resources are available at <http://www.nationaldairycouncil.org>. Call (312) 240-2880 for more information.

## Chipotle Pepper Dip

Recipe created by 3-A-Day™ of Dairy  
**Servings:** Five (5) **Prep Time:** 10 min.  
**Cook Time:** 10 min.

**Ingredients:**

- 1 teaspoon Chipotle pepper sauce
- 2 (8-ounce) containers low-fat plain yogurt
- 1/2 cup thick and chunky salsa
- 2 tablespoons cilantro, chopped
- 1/4 cup Cheddar cheese, shredded
- Assorted cut vegetables or corn chips

**Directions:**

Combine all ingredients in medium bowl; mix until blended and refrigerate. Add shredded cheese. Serve with assorted cut vegetables or corn chips.

**Nutrition Information:**

(1/2 Cup per Serving)  
Calories: 90

- Total Fat: 3 g
- Saturated Fat: 2 g
- Cholesterol: 10 mg
- Sodium: 440 mg
- Calcium: 20% Daily Value
- Protein: 6 g
- Carbohydrates: 9 g
- Dietary Fiber: Less than 1 g



## Nutrient-rich foods: A positive approach to building a healthy diet

Nutrient-Rich is a term growing more and more popular in the nutrition community, but what does it mean and how can you use it to empower your patients in unsteady economic times? More enduring than a trendy diet, the Nutrient Rich Foods approach is a fundamentally different way to define healthy foods - an evolution away from counseling on what foods or nutrients to avoid to what foods and nutrients to include. The Nutrient Rich Foods approach helps people follow the recommendations of the 2005 Dietary Guidelines for Americans and MyPyramid to help people "get more nutrition from their calories" and build healthier overall diets.

The bottom line: With the Nutrient

Rich Foods approach, your patients learn to choose foods that have more vitamins and minerals with fewer calories, helping them feel good and live well. An easy way to start educating patients on nutrient-rich choices right now is to direct them to foods located around the perimeter of the grocery store:

- \* Brightly colored fruits and 100% fruit juice
- \* Vibrantly colored vegetables and potatoes
- \* Whole, fortified and fiber-rich grain foods
- \* Low-fat and fat-free milk, cheese and yogurt
- \* Lean meats, skinless poultry, fish, eggs, beans and nuts

According to the 2005 Dietary Guidelines for Americans, most adults are not consuming adequate amounts of certain vitamins and nutrients. At the same time, many Americans are overweight.

It is clear that Americans are experiencing a nutrition recession by eating more and more calories but obtaining fewer nutrients. By consuming more nutrient-rich foods that are packed with lots of nutrients and fewer calories, your clients will receive the nutrition stimulus package needed to get back on track.

Now is the time to help your patients balance their nutrition budgets by selecting foods that provide more vitamins and nutrients per bite. For more tools, tips and tactics to help you educate your patients visit [www.NutrientRichFoods.org](http://www.NutrientRichFoods.org). The site offers recipes, meal ideas, a supermarket map and more to encourage people to get more nutrition and enjoyment from the calories they consume.

## Athletes

(continued from page 9C)

what is lost in sweat and to rehydrate the body

- Calcium, vitamin D and phosphorus to promote, maintain and build strong bones
- B vitamins to aid in converting food to energy to fuel working muscles
- Potassium to help with fluid and mineral balance and help muscles contract

**Sports Supplements: Too Good To Be True?**

As a student athlete you may have seen or heard about sports supplements that claim they can give you a competitive edge. Despite many claims made by the supplement industry, these products provide little to no benefit and may have potentially harmful side effects. Although it may take a bit more work, the only safe and effective way to improve performance and strength is by eating a healthy diet and properly training.

Source: Complete Food and Nutrition Guide, American Dietetic Association, 3rd Edition

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# JUNE IS DAIRY MONTH

## Dietary protein's role in healthy aging

With a growing population in the U.S., age-related degenerative disorders such as sarcopenia and osteoporosis are receiving increased attention. Sarcopenia, the progressive loss of muscle, is associated with reduced strength and functional impairment in older adults. Osteoporosis, a disease characterized by low bone mass, leads to bone fragility and increased susceptibility to fractures. Multiple factors, genetic and environmental, contribute to these disorders. Accumulating research suggests that increased intake of high-quality protein may help preserve older adults' muscle and bone mass.

The current Recommended Dietary Allowance (RDA) for protein is 0.8 g/kg body weight/day for adults aged 19 years and older. The RDA is defined as a minimum amount to prevent deficiency, not an optimal amount to promote health. The RDAs for protein are based on nitrogen balance studies primarily conducted in young men. These issues, along with general limitations of the nitrogen balance technique, have led some scientists to call for a re-evaluation of the protein RDA for older adults.

Intake of dietary protein stimulates muscle protein synthesis by increasing the availability of amino acids, specifically essential amino acids (EAAs). It is generally accepted that fasting rates of muscle protein synthesis do not differ substantially between young and older adults. However, with aging there often is a decrease in voluntary protein and energy intakes, as well as a blunted response to anabolic stimuli (e.g., mixed meals containing protein, amino acids) that compromise the ability to build and repair muscle tissue. New research indicates that this blunted response can be overcome in older adults by moderately higher intakes of protein or EAAs. Specifically, the research suggests that consuming approximately 25 to 30 g of high-quality protein at each meal may maximize muscle protein synthesis producing comparable increases in muscle protein synthesis rates in young and older adults.

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thesis producing comparable increases in muscle protein synthesis rates in young and older adults.

Findings also indicate that there may be a beneficial effect of increased protein intake on older adults' bone health and that low protein intakes may be detrimental to bone. Protein may positively contribute to bone health by providing amino acids as substrates for building bone, by stimulating the production of insulin-like growth factor-1 which is important for bone mineralization, and by maintaining muscle mass in later years. Protein's effect on bone mass depends on other nutrients such as calcium. Increasing protein intake has been demonstrated to increase bone mineralization in older adults consuming recommended intakes of calcium and vitamin D.

Scientific evidence suggests that a protein intake moderately higher than the current RDA of 0.8 g/kg/day may help support muscle and bone health in the elderly. Consuming nutritionally balanced diets including foods providing high-quality protein such as low-fat and fat-free milk, cheese, or yogurt, as well as foods and beverages incorporating whey protein can help meet older adults' protein needs.

## Natural ways to treat psoriasis

Psoriasis is the most common autoimmune disease in the United States. Millions of people are afflicted with the condition and seek methods of treatment. All-natural therapies can be used in replacement of or in conjunction with medical treatments.

The National Psoriasis Foundation reports that 125 million people across the globe -- 2 to 3 percent of the total population -- suffer from psoriasis. Psoriasis is a chronic, inflammatory skin disease in which skin cells replicate at a rapid rate as new skin cells are produced much faster than is normal. However, old skin cells slough off at a normal rate, resulting in a build-up of cells on the skin surface. This leads to red, raised scaly patches which are itchy and sore.

Psoriasis often appears between the ages of 15 and 25 but can develop at any age. Of the people who experience psoriasis, 10 to 30 percent may also experience psoriatic arthritis.

The red, scaly patches of psoriasis can appear anywhere on the body, but generally occur on the face, scalp, elbows, and knees. The National Psoriasis Foundation defines mild psoriasis as affecting less than 3 percent of the body; 3 to 10 percent is considered moderate; more than 10 percent

is considered severe. The severity of psoriasis is also measured by how psoriasis affects a person's quality of life.

Some of the common treatments for psoriasis include topical steroid creams and lotions for the scalp. Prescription pills taken orally can slow down the autoimmune response. Individuals looking for more natural treatments can consider the following options:

- \* Zinc: Deficiencies in zinc have been linked to autoimmune problems. Taking a zinc supplement may help.

- \* Essential fatty acids: Omega-3 and omega-6 fatty acids are thought to have many positive effects on the body, including reducing heart attack risk and improving mental function. Some studies indicate that individuals deficient in essential fatty acids may find this contributes to psoriasis. Essential fatty acids are found in supplements, and through oily fish, flaxseed, hemp, soya oil, pumpkin seeds, sunflower seeds, walnuts, and dark green leafy walnuts.

- \* Sunlight: There is evidence that exposure to short bursts of sunlight (not enough to induce sunburn) can help alleviate psoriasis. UVB rays penetrate the skin and slow down the rapid production of skin cells.

- \* Salt water: Swimming in the ocean can be therapeutic for psoriasis as well. Combined with moderate sunbathing, salt water can be quite effective.

- \* Vitamin D: Treatments for osteoporosis, including supplementation with prescription-strength vitamin D, have proven effective at clearing up psoriasis. Natural forms of vitamin D, including milk and other dairy products, may be able to help, too.

## Vitamin D: What's new with the research? All vitamin D research is new!

When the Institutes of Medicine (IOM) last reviewed the nutrient intake recommendations for the bone-related nutrients in 1997, vitamin D was one of the nutrients evaluated. What was known about vitamin D at that time was: vitamin D prevented rickets, the RDA for vitamin D was sufficient to protect against rickets, and vitamin D was important for calcium absorption. The 1997 review also established serum 25-hydroxyvitamin D (25OHD) as the functional indicator of vitamin D status.

What we didn't know then was: whether there was a connection between vitamin D status and any other (non-skeletal) function; what the optimal serum 25OHD level was; and how much vitamin D was needed to achieve the optimal 25OHD level.

Just as recently as 2003, the first 3 papers were published that linked specific serum 25OHD levels with specific endocrine outcomes. Scientists from 3 different institutions showed that when serum 25OHD levels were increased from 50 to 80 nmol/L, calcium absorption in women improved 68%, risk of fracture in elderly men and women decreased 33%, and risk of falls decreased 49% among elderly women.

Just one decade ago the endocrine functions of vitamin D were thought to be the totality of vitamin D's function in the body. Now the endocrine functions are thought to account for less than 10% of vitamin D's role and it has become evident that vitamin D has an even greater contribution in cell-signaling (autocrine) pathways such as cell proliferation, cell differentiation,

apoptosis (cancer); immune response (multiple sclerosis, type 1 diabetes, rheumatoid arthritis); inflammation (cardiac disease).



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# A Salute To Dairy Farmers

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# JUNE IS DAIRY MONTH

## Organics beneficial to humans and animals, too

In recent years, more and more people have embraced organic products as a part of their daily diet. Whereas a decade ago grocery stores may not have had any organic products, nowadays most grocery stores offer an abundance of organic items, and not just those in the produce section. Organic dairy products have increased in popularity, and many stores now even sell organic frozen pizzas.

So why such a quick turnaround with respect to how consumers feel about organic products? Perhaps consumers realized that organic products have proven friendly not only to the environment, but to people and animals as well.

### Medical Benefits

Organic agriculture can be considerably healthier than crops grown in a traditional fashion. Traditional ways of raising crops have involved the use of pesticides, fertilizers, herbicides and fungicides. These chemicals produce toxic residue that is found on the fruit and vegetables people eat every day. This residue makes fruits and vegetables unnecessarily unhealthy, in particular to infants and children, whose immune systems are not as strong as those of their adult counterparts. Environmental Protection Agency (EPA) reports indicate that 90 percent of fungicides are carcinogenic, while 60 percent of herbicides and 30 percent of insecticides could potentially cause cancer.

People are also at heightened risk of drinking contaminated water the more such chemicals are used to grow fruits and vegetables. Agricultural runoff is one of the leading contributors to contaminated water supplies, which pose great health risks to those who drink or even cook with tap water.

But the risk associated with traditional, as opposed to organic, methods of farming is not restricted solely to fruits and vegetables. Treating farm animals with supplemental hormones could prove highly detrimental to anyone who consumes the products of such animals. A 1998 study from researchers at the Harvard Medical School, for example, found that the hormone IGF-1 is a potent risk factor for prostate cancer. That's particularly alarming when considering that traditional



Organic farming pays well known dividends for the environment, but is also beneficial to the health of both humans and animals.

farming methods routinely called for treating cows with recombinant bovine growth hormone, which results in a two- to tenfold increase in levels of IGF-1. Because organic farming methods do not involve the use of hormones, this is not a problem for those who purchase organic dairy products.

### Benefits to Animals

Animals raised in accordance with traditional farming methods often pay the ultimate price. Because they are fed diets high in grain to promote fast growth, commercially raised cattle receive less fiber than their natural diet calls for. This often results in high acid buildup, making the cattle more susceptible to bacteria such as E. coli and, in some instances, more likely to suffer sudden death.

Chickens can also be victimized by traditional farming methods. Breeding

chickens by traditional means often requires them to be placed in very limiting cages that do not afford them any room to move. In addition, they are bred to gain weight far faster than nature calls for. While they gain the weight, their heart and lungs are not capable of supporting the rapid growth. Couple that with the unnatural conditions in which they are raised, and their compromised immune system is facing an uphill battle, one that requires the use of antibiotics to keep them alive. This use of antibiotics is not allowed in organic farming, making for healthier poultry and healthier animals as well.

To learn more about organic products and their impact on the environment, visit the Environmental Protection Agency Web site at [www.epa.gov](http://www.epa.gov).

## Hiland-Roberts hosts Dairy Proclamation ceremony

Governor Heineman signed a proclamation declaring June as Dairy Month in Nebraska. A special ceremony was held at Hiland-Roberts in Norfolk on June 3.

Attendees received a tour of the Hiland-Roberts plant, celebrated with a Dairy Farmer Appreciation Lunch and the event culminated with the reading of the official proclamation

by Lieutenant Governor Rick Sheehy, Ginger Langemeier,

Assistant Director of Agriculture provided comments along with Carroll dairy farmer Dwaine Junck, Chairman of the American Dairy Association/Dairy Council of Nebraska board and Wayne dairy farmer Doug Temme, President of the Nebraska State Dairy Association.

In attendance were the Nebraska Dairy Princess, Olivia Wolfe of Kearney and Alternate Nebraska Dairy Princess, Chandra Mosel of Neligh.

The 2010 June Dairy Month Proclamation and ceremony marks the 11th consecutive year the Governor has officially proclaimed June as Dairy Month in Nebraska. In 1998, Governor Nelson designated milk as the Official Beverage of Nebraska.

Nebraska's 10 leading agricultural commodities for cash receipts are cattle and calves, corn, soybeans, hogs, wheat, chicken eggs, dairy products, hay, dry beans and sorghum grain. These represent 98 percent of the state's total cash receipts.

The American Dairy Association/Dairy Council of Nebraska contributes to optimal health through leadership in nutrition research and education by encouraging food selection patterns that include dairy foods and other major food categories in accordance with scientific recommendations. The organization also performs advertising, public relations, and retail promotions on behalf of Nebraska dairy producers.

For more information, visit [www.nebmillk.org](http://www.nebmillk.org).



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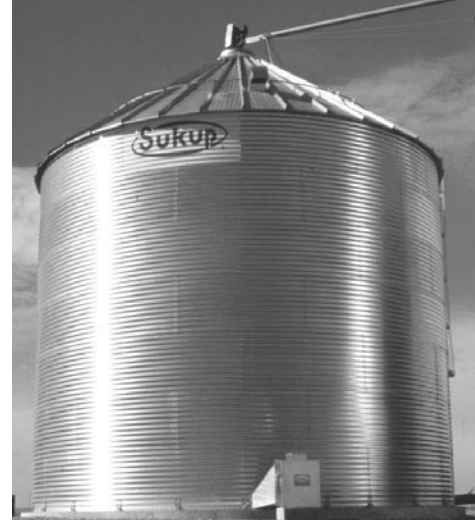
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